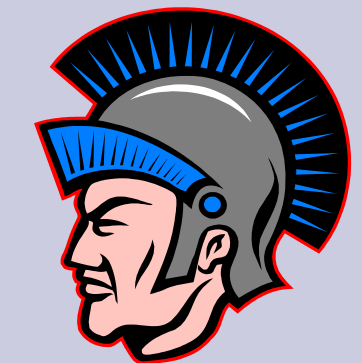
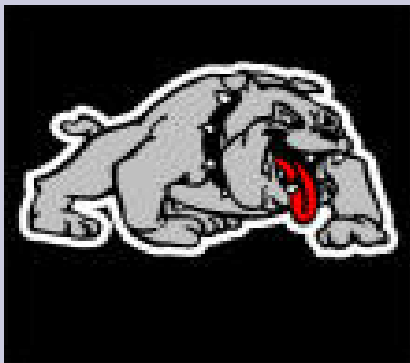
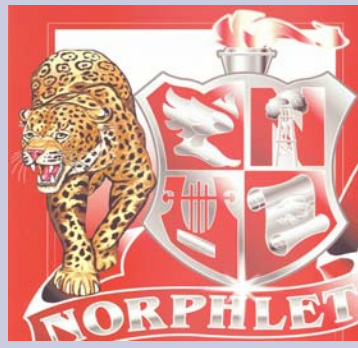


# Union County

## 2003–2004 County Youth Health Survey



# 2003-2004 Union County Youth Health Survey

*Coordinated by:*

Union County Hometown Health Improvement

*and*

Arkansas Department of Health  
Center for Health Statistics

June, 2004

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## 2003-2004 Union County Youth Health Survey

### What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice Youth Risk Behavior Survey questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

During October, 2003, usable CYHS questionnaires were completed by 2894 seventh through twelfth grade students throughout Union County public schools. The information provided by those students is presented in this report.

### Why did Union County conduct the CYHS?

Union County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Union County HHI is working to assess the specific health needs of Union County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the County Youth Health Survey be administered to the students in the seventh through twelfth grades at UnionCounty schools.

The CYHS will help Union County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Union County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2003-2004 CYHS also provides Union County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, CYHS' findings form a valuable base upon which Union County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

## 2003-2004 Union County Youth Health Survey

- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the CYHS conducted?

During October, 2003, seventh through twelfth grade students enrolled in Union County public schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Union County schools' students participated in the survey:

- Huttig
  - El Dorado
- Mount Holly
  - Norphlet
  - Smackover
- Parker Chapel
- Junction City
  - Strong
  - Union

### About This Report

This report entitled "2003-2004 Union County Youth Health Survey" summarizes the overall answers Union County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Union County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

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This report summarizes Union County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this CYHS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of CYHS participants giving those answers; and
- Major summary findings.

### How Results Can Be Interpreted

Union County's 2003-2004 County Youth Health Survey is a "snapshot in time" showing those health-risk behaviors reported by Union County students in October, 2003. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

Answers were edited for consistency using the Center for Disease Control and Prevention's CYHS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

## 2003-2004 Union County Youth Health Survey

Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Union County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Union County students who completed the CYHS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Union County's 2003-2004 CYHS data may request additional data from:

Union County Hometown Health Improvement

Susan Blake

301 American Road

El Dorado, AR 71730

870-863-5101

sblake@healthyarkansas.com

For more information about the County Youth Health Survey or analysis of the survey data, please contact:

Arkansas Center for Health Statistics

Sharon Rose Donovan, Lead Programmer Analyst

Ph. (501) 661-2971

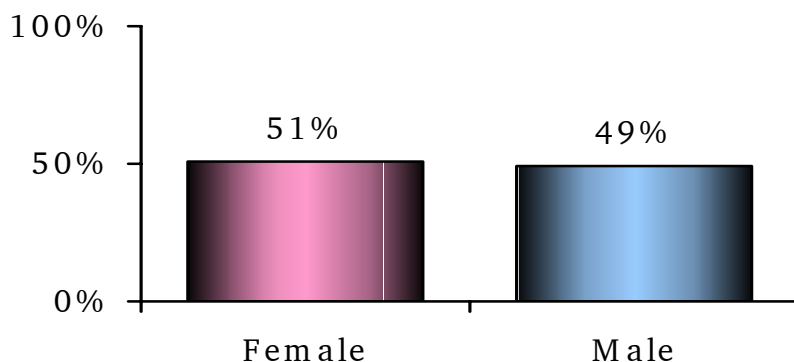
sjudah@healthyarkansas.com

# 2003-2004 Union County Youth Health Survey

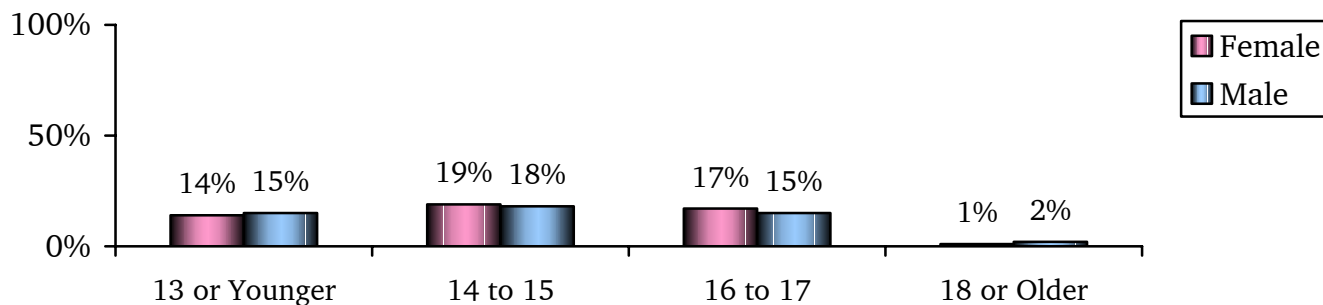
## Demographics of survey participants:

Total number of survey participants = 2894

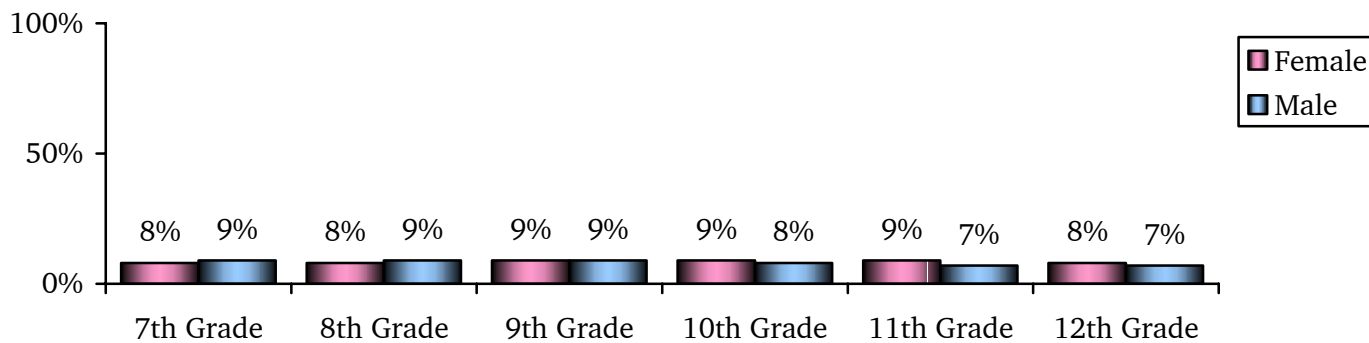
### Gender



### Age



### Grade

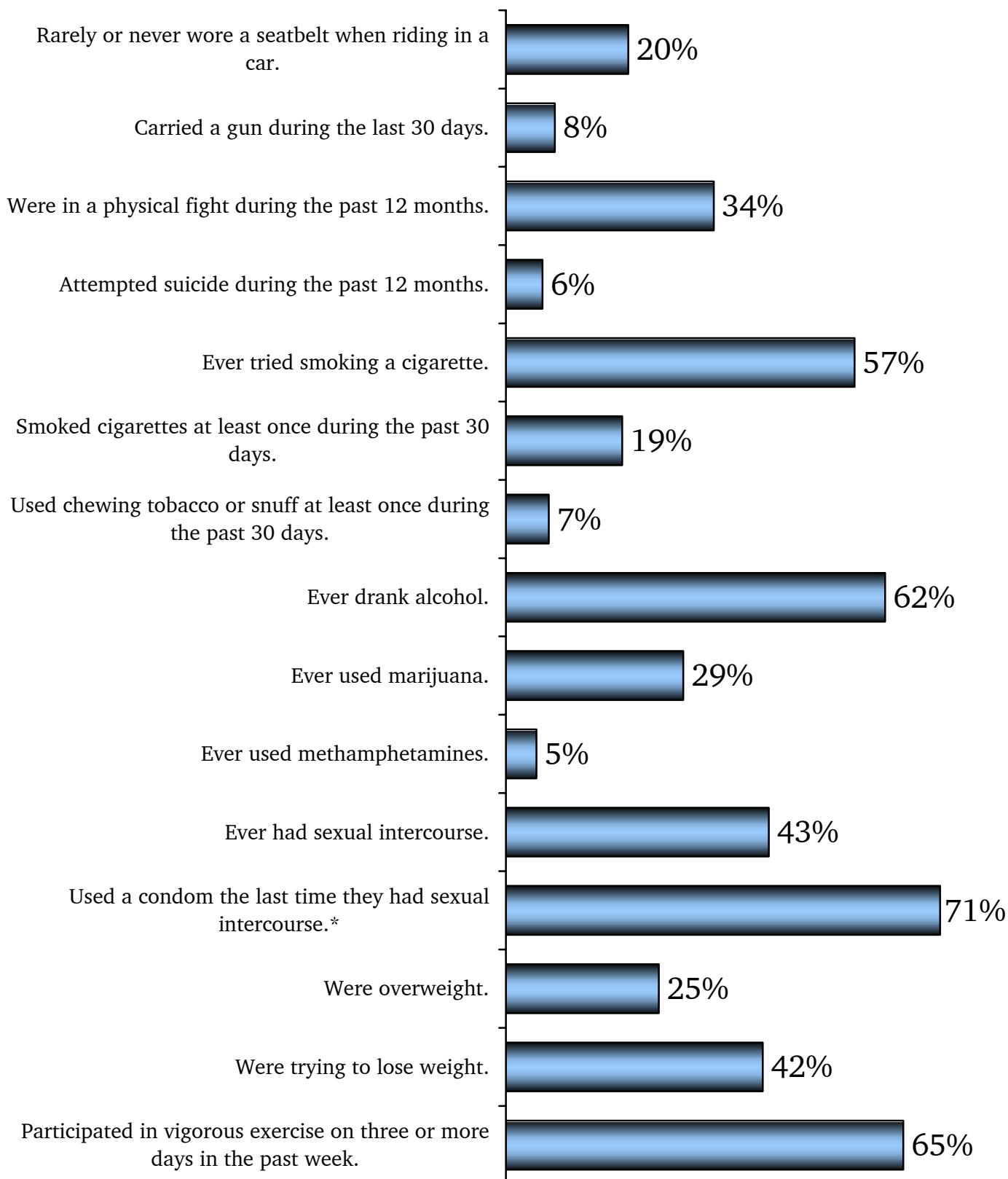




## 2003-2004 Union County Youth Health Survey

### Summary of Union County CYHS Findings

Percentage of students who:

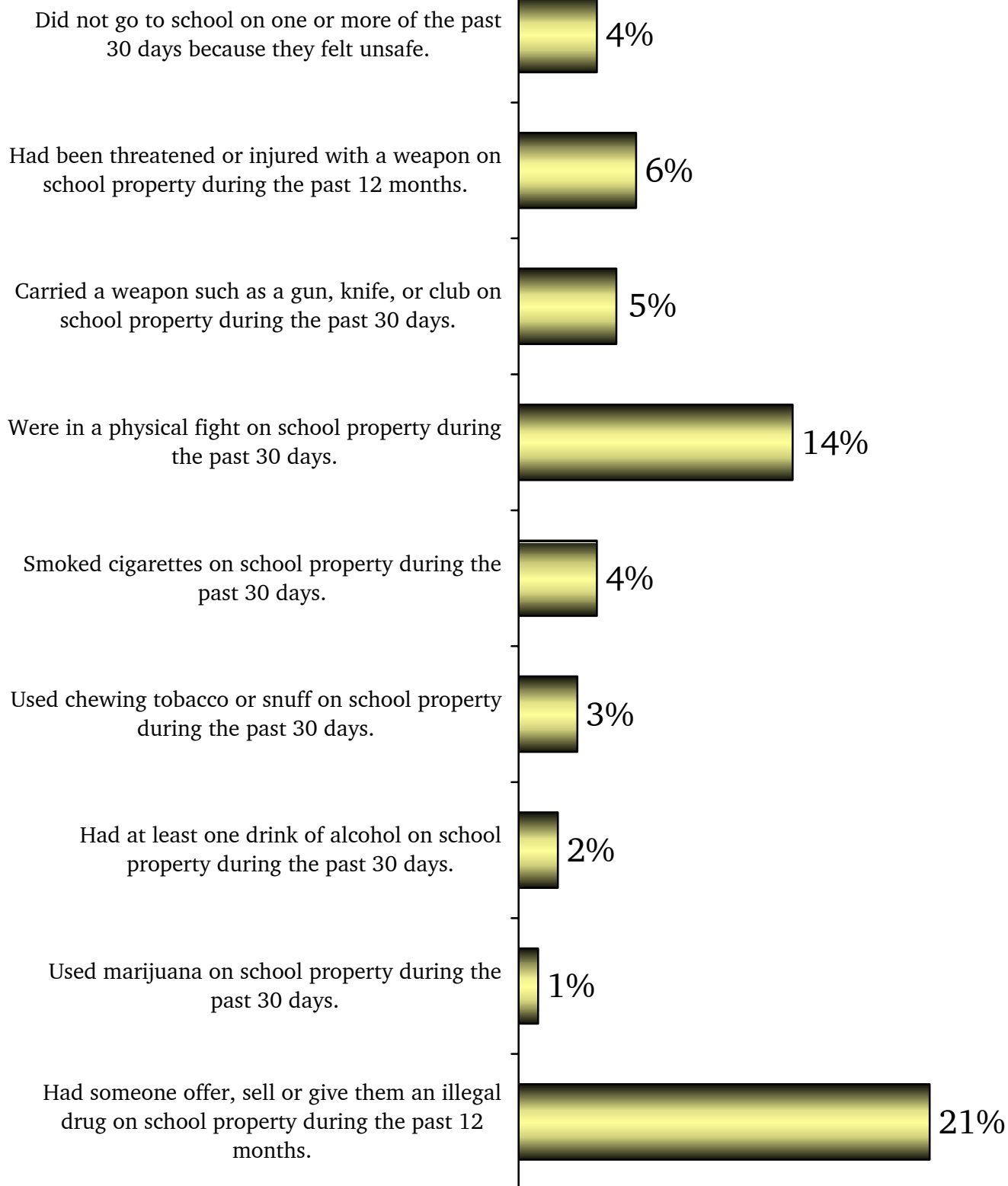


\* of those who had ever had sexual intercourse.

## 2003-2004 Union County Youth Health Survey

### Summary of Behaviors Relating to School Property

Percentage of students who:



## 2003-2004 Union County Youth Health Survey

### Key findings

The following summaries highlight Union county students' responses on the County Youth Health Survey in key areas and provide an overview of Union county students' current activities, which impact their health.

#### Behaviors that result in injuries

- Ninety-four percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty-one percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Nine indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Twenty-three percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 5% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 34% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 8% had to be treated for injuries sustained while fighting.
- Nine percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Nine percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

#### Depression and suicide

- Twenty-nine percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 15% of students had seriously considered attempting suicide, 11% had made a plan about how they would attempt suicide, and 6% actually attempted to commit suicide. Three percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

## 2003-2004 Union County Youth Health Survey

### Tobacco use

- Fifty-seven percent of the students surveyed said they had tried smoking a cigarette. Nineteen percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 66% said they usually smoked two or more cigarettes on the days they smoked, and 13% said they usually got their own cigarettes by purchasing them at a store.
- Seven percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 3% had used it on school property.
- Twelve percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

### Alcohol and other drug use

- Sixty-two percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 32% had taken their first drink by the age of 13.
- Thirty-two percent of the students had taken at least one drink of alcohol in the month before the survey, and 19% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Twenty-nine percent of the students said they had used marijuana at least once during their lives. Fourteen percent said they had smoked marijuana at least once during the last month.
- Thirteen percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Four percent had done so during the past month.
- Five percent of the students surveyed had tried methamphetamines, 1% tried heroin, and 3% had tried cocaine at least once during their lives. One percent had used a needle to inject an illegal drug into their bodies at least once.
- Four percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

## 2003-2004 Union County Youth Health Survey

### Sexual activity

- Forty-three percent of the students who completed the survey said they had sexual intercourse. Sixteen percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 18% had used drugs or alcohol before their last sexual encounter, and 71% used a condom the last time they had sex.
- Four percent of the students surveyed reported that they had ever been or gotten someone pregnant.

### Dietary behaviors

- Twenty-five percent of the students surveyed were overweight, as measured by body mass index. The body mass index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 25% of the students are considered overweight as measured by BMI, 27% of the students perceived themselves as slightly to very overweight, and 42% reported that they were trying to lose weight.
- Thirty-five percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 57% exercised, 5% vomited or took laxatives, 6% took diet pills, and 12% went without eating for 24 hours or more to lose weight or keep from gaining weight.

### Physical activity

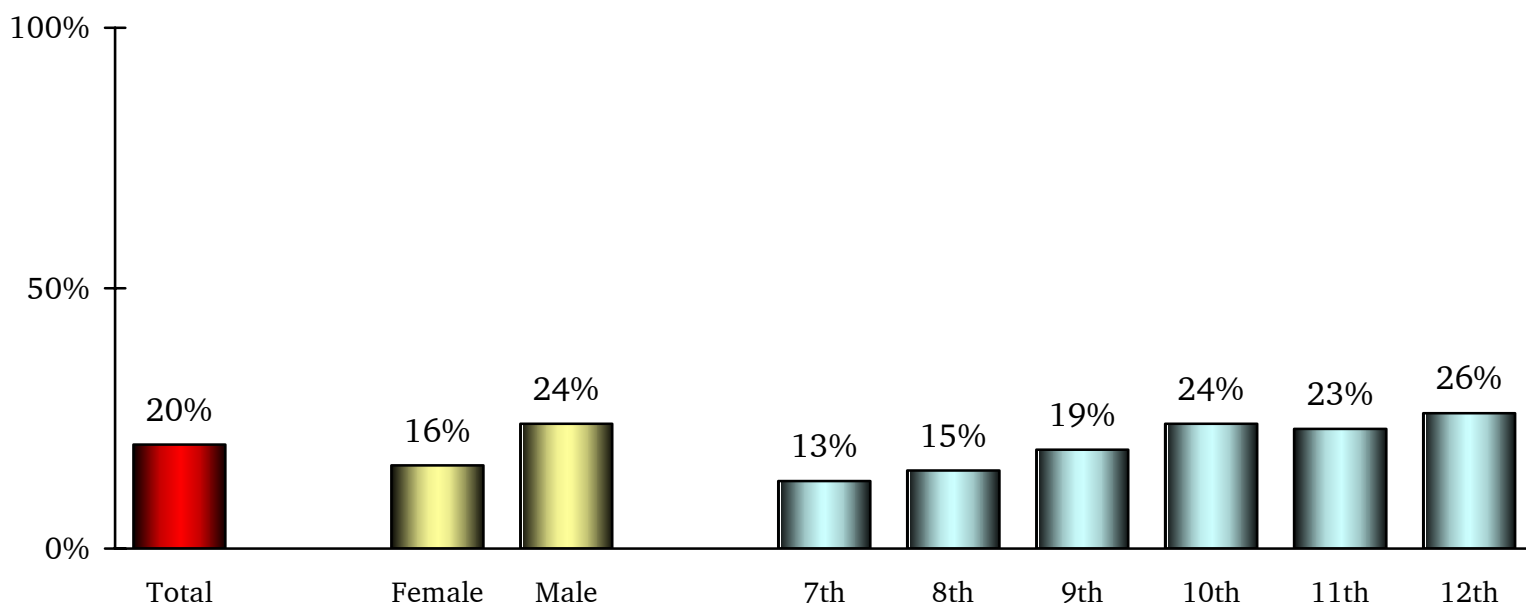
- Sixty-five percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Thirty-six percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Fifty-one percent of the students attended a physical education (PE) class at least once during an average school week, and 63% said they had played on one or more sports teams during the past year.

## 2003-2004 Union County Youth Health Survey

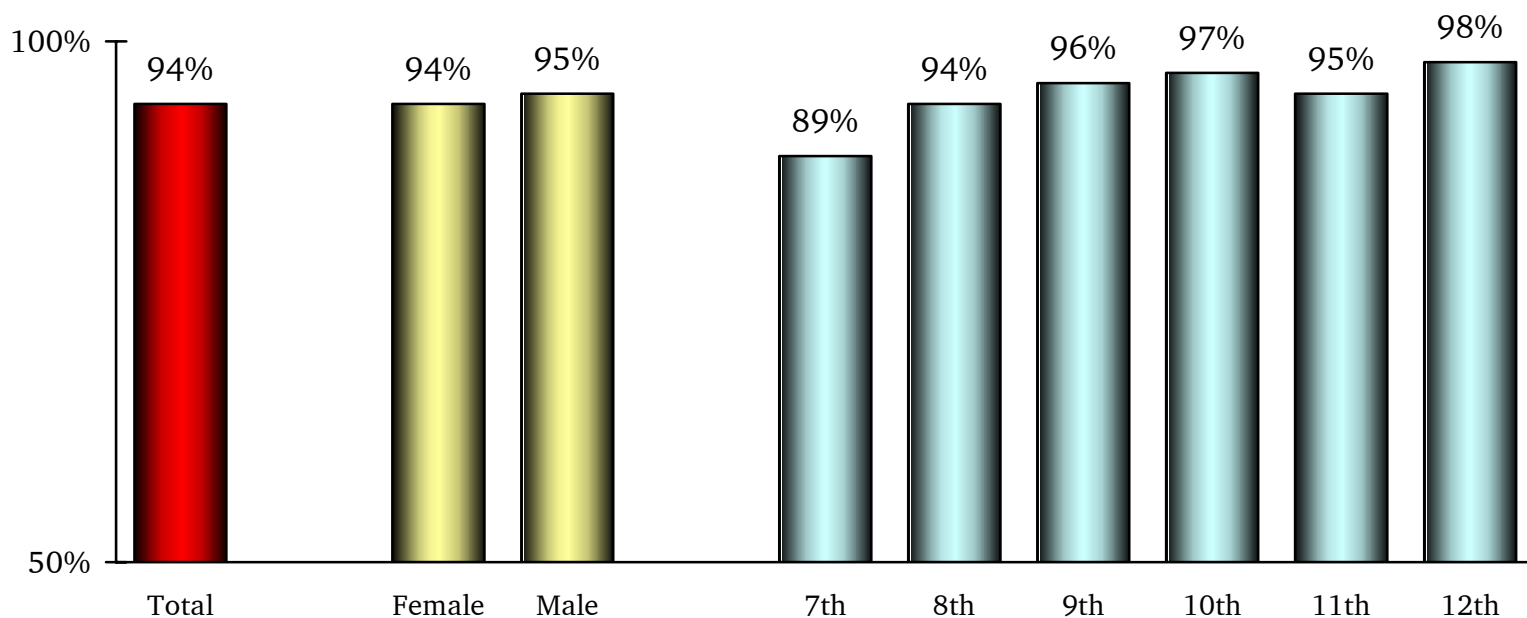
### ■ Vehicle Safety

*These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.*

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.

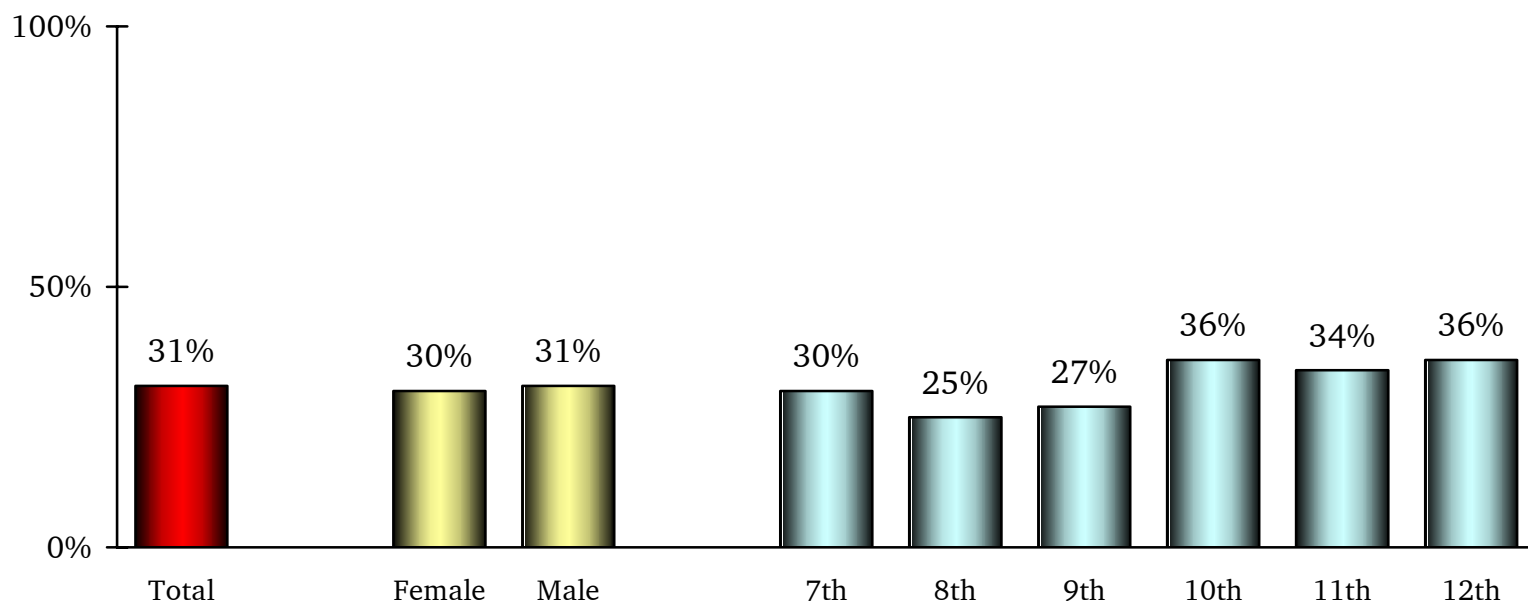


## 2003-2004 Union County Youth Health Survey

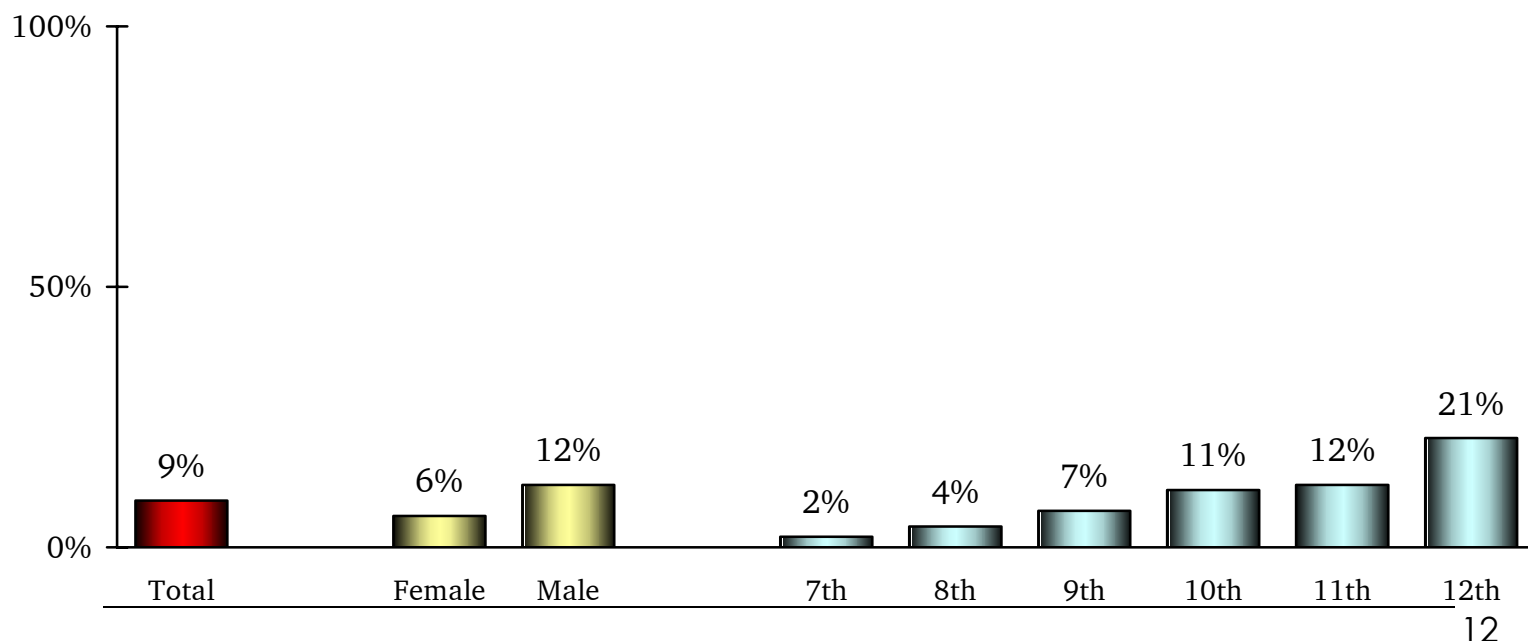
### ■ Vehicle Safety – Drinking and Driving

*These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.*

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.



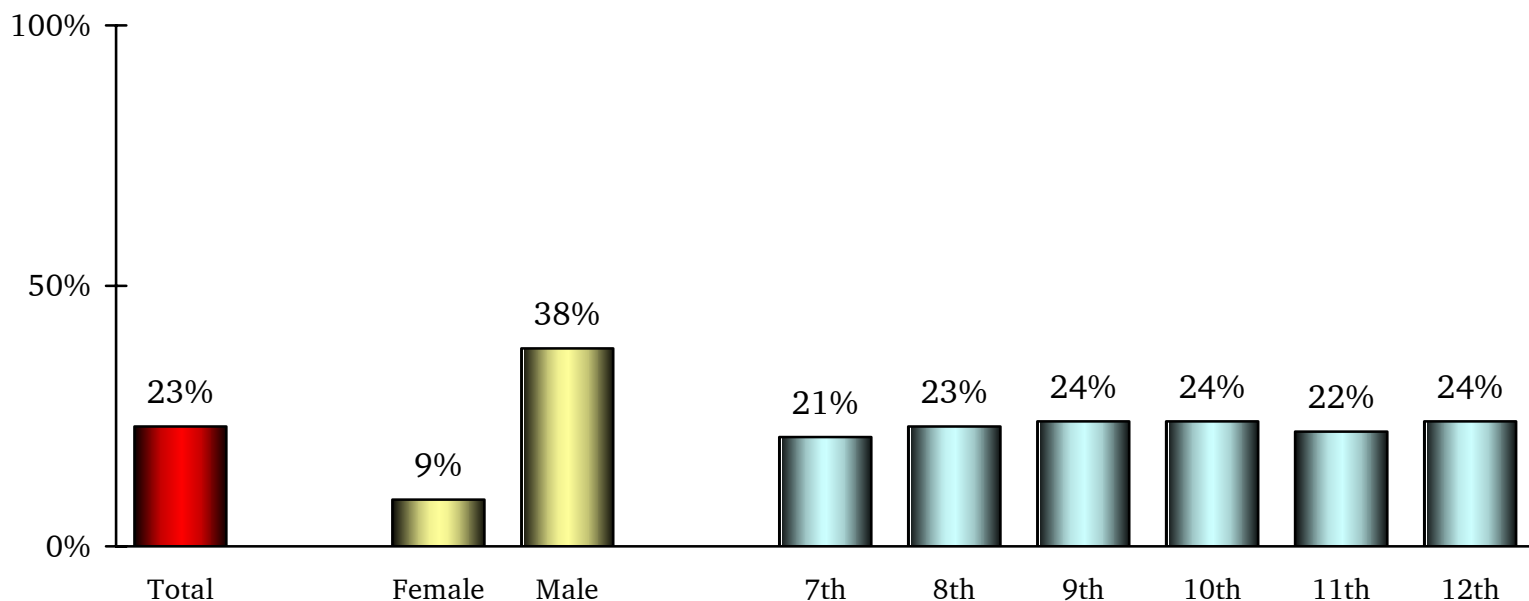
## 2003-2004 Union County Youth Health Survey

### ■ Violence-Related Behaviors

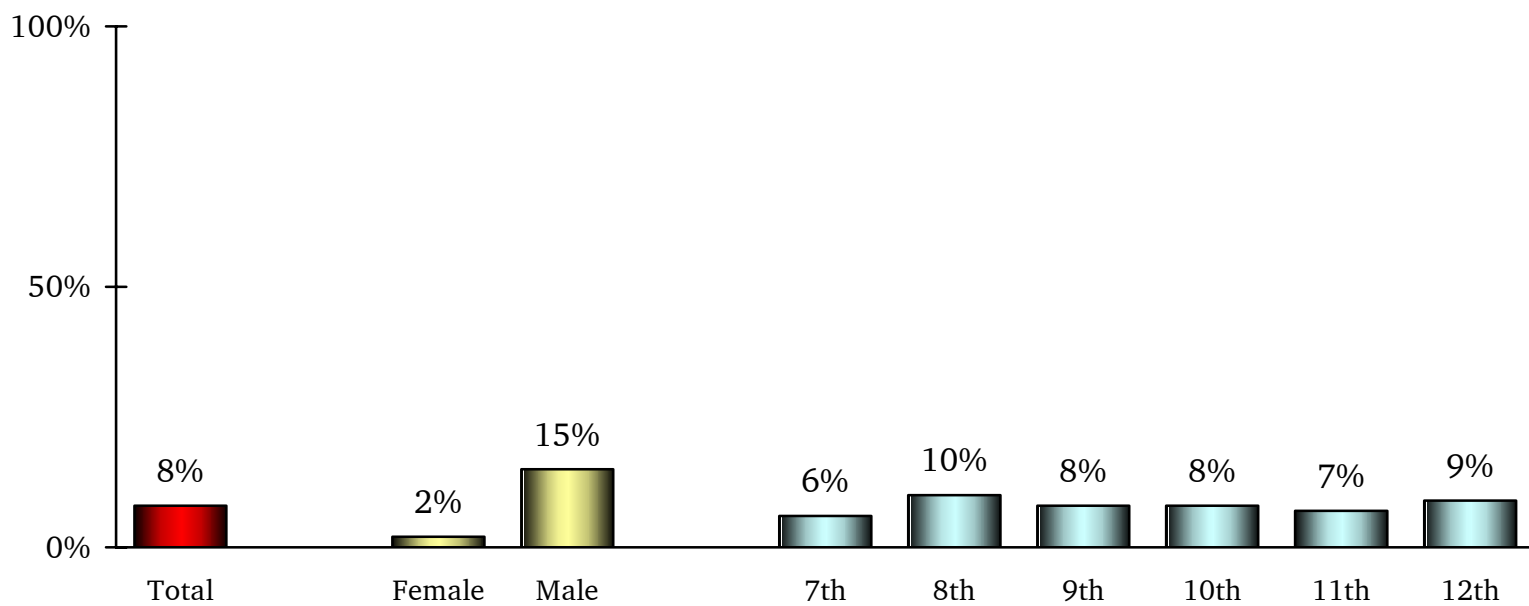
*These questions measure violence-related behaviors.*

Percentage of students who carried a weapon\* on one or more of the past 30 days.

\* such as a gun, knife, or club



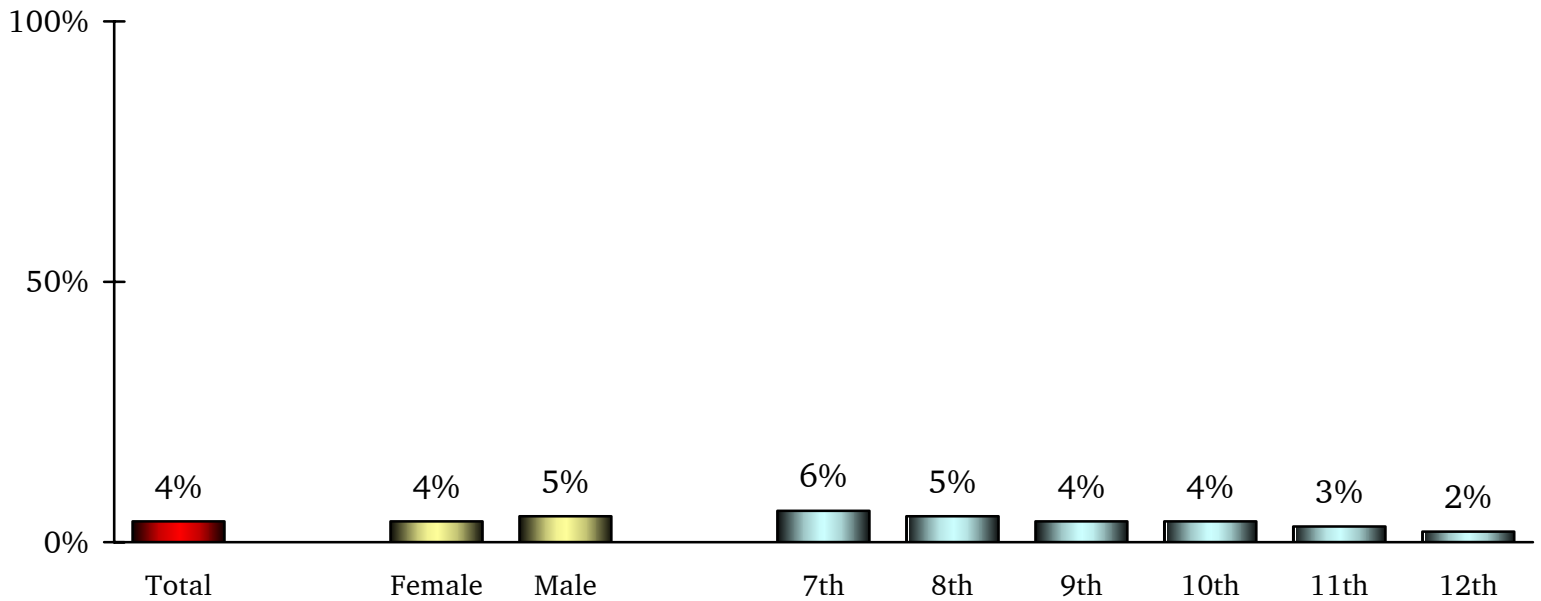
Percentage of students who carried a gun on one or more of the past 30 days.





## 2003-2004 Union County Youth Health Survey

Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

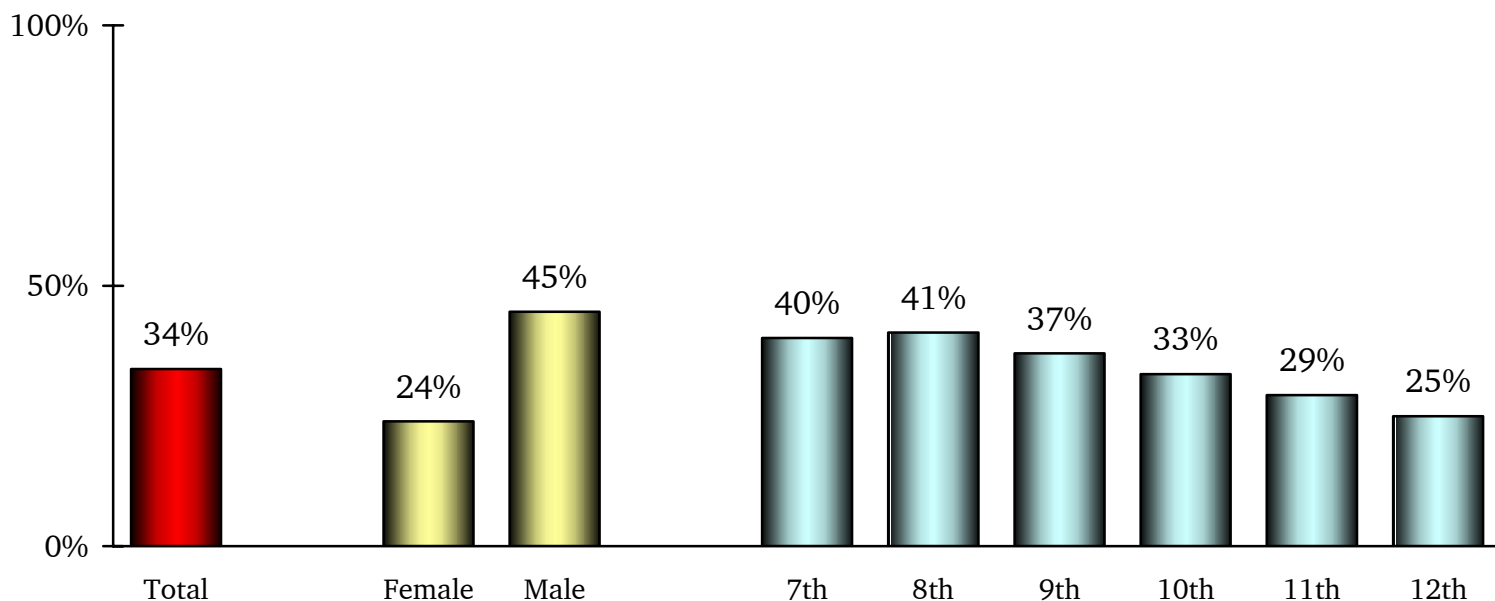


## 2003-2004 Union County Youth Health Survey

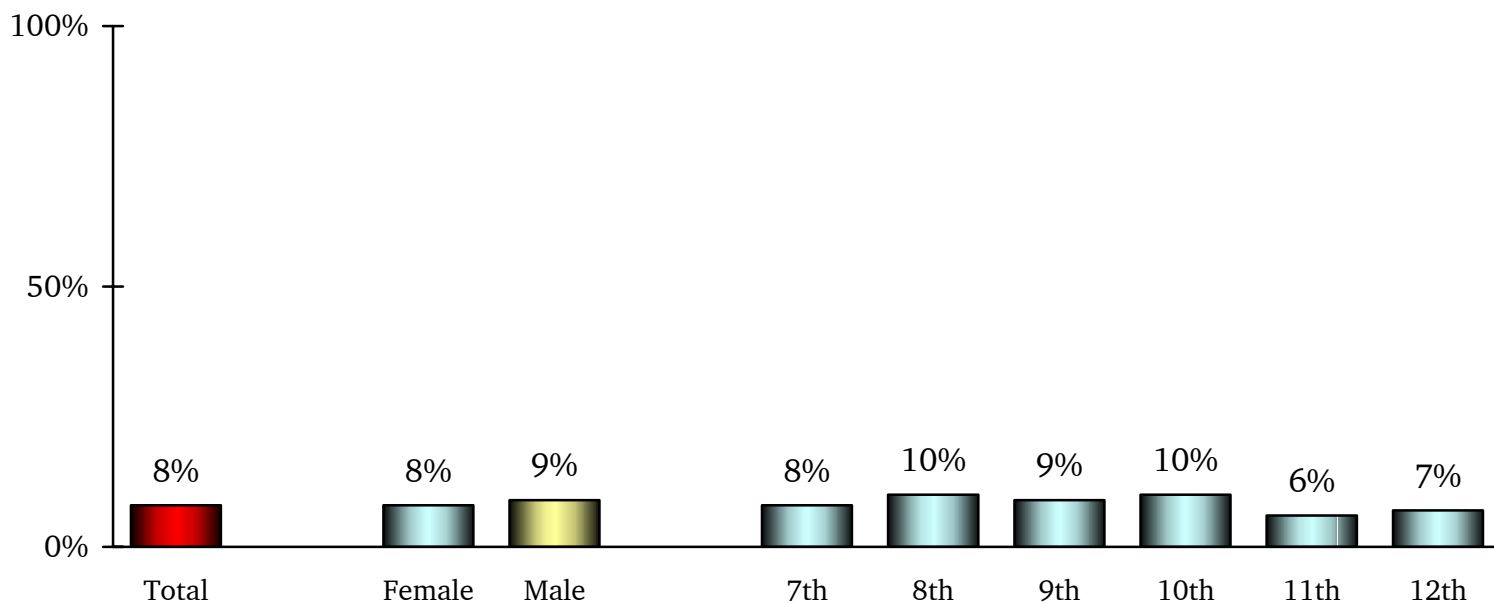
### ■ Violence – Physical Fighting

*These questions measure the frequency and severity of physical fights.*

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

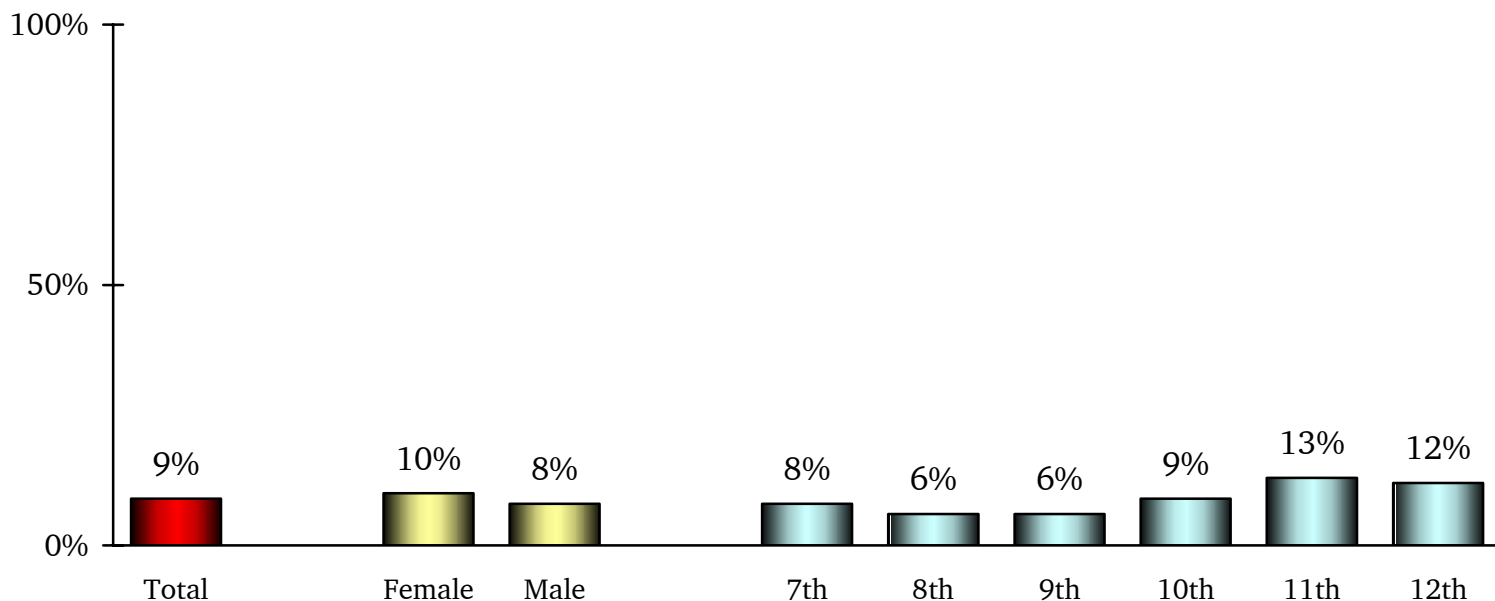


## 2003-2004 Union County Youth Health Survey

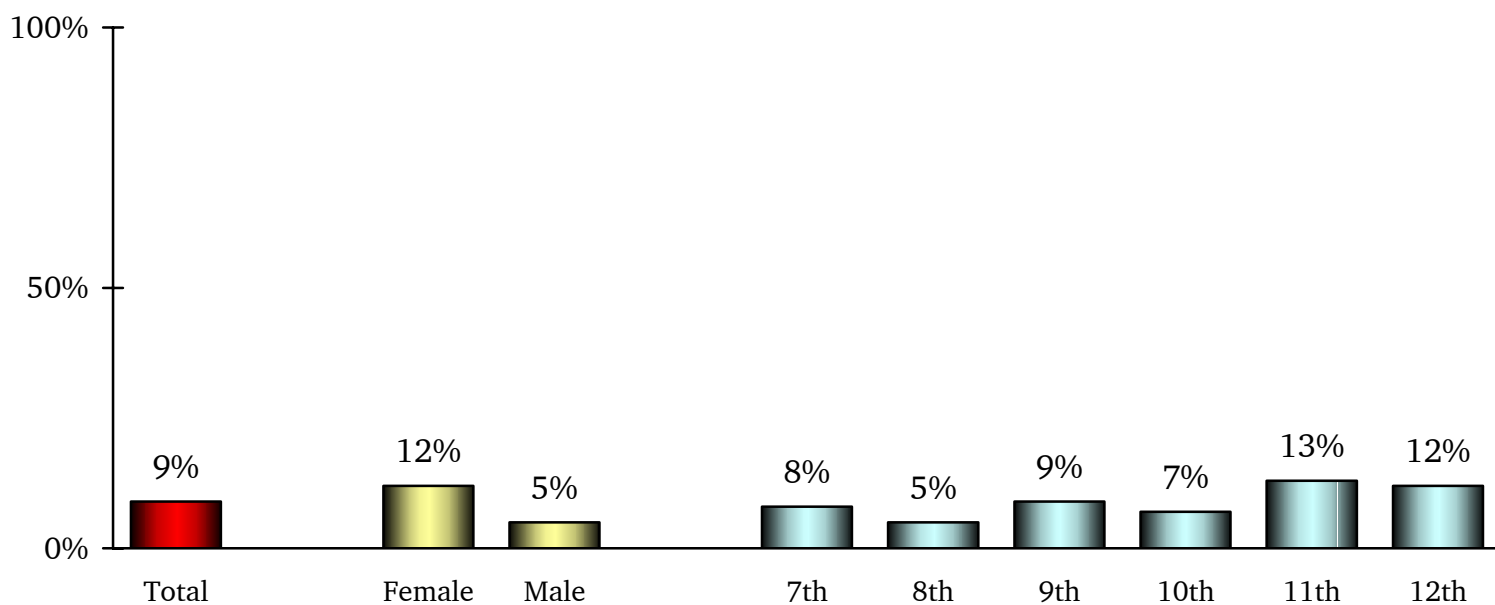
### ■ Violence – Sexual Violence

*These questions measure rape and domestic violence.*

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

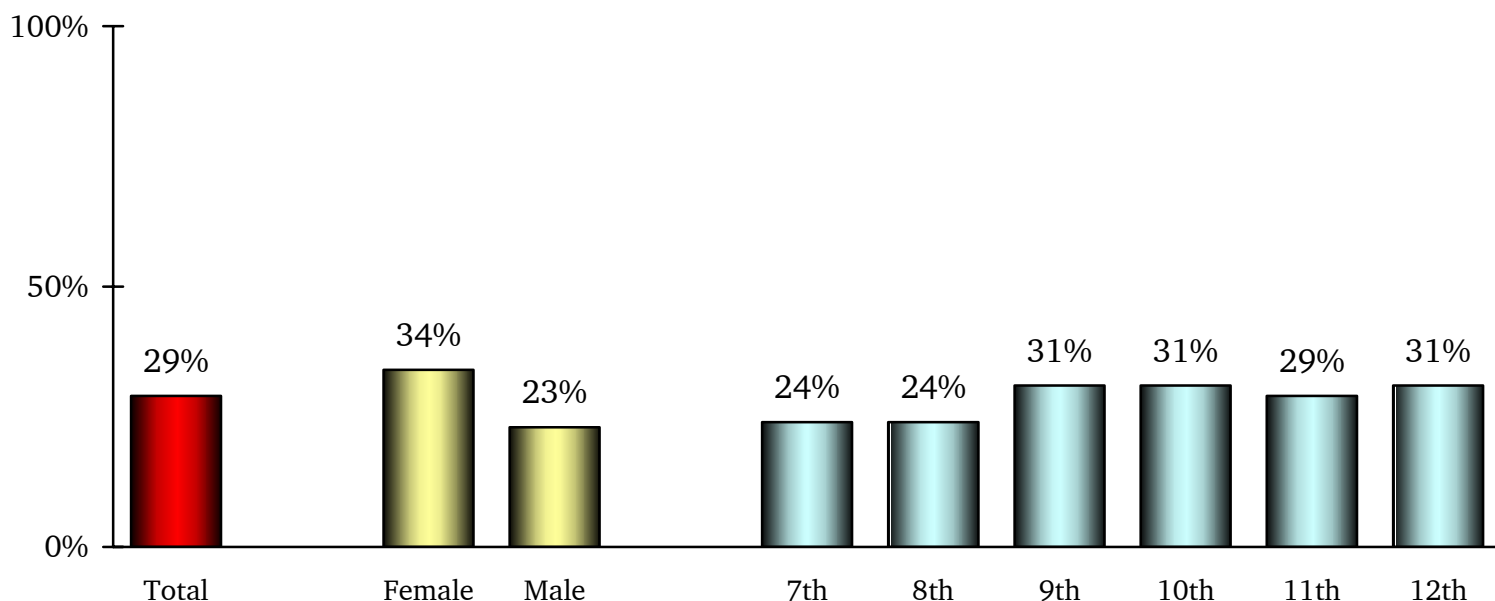


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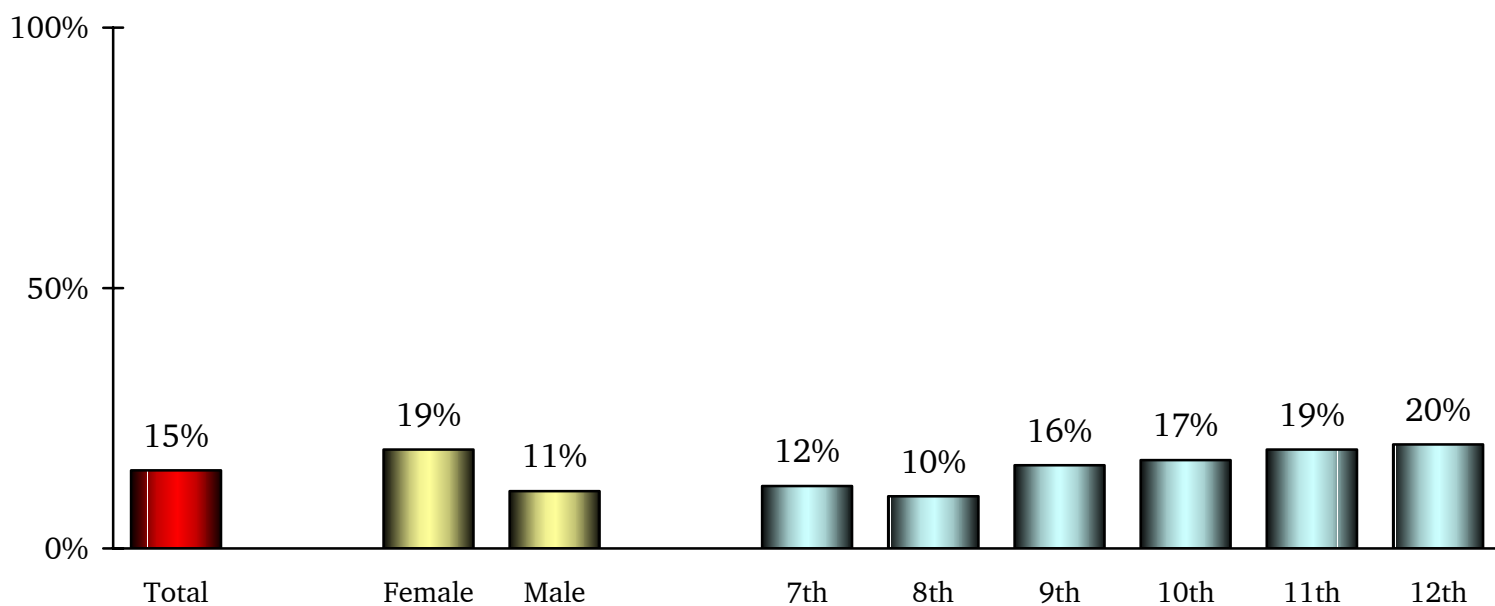
### ■ Depression and Suicide

*These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.*

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

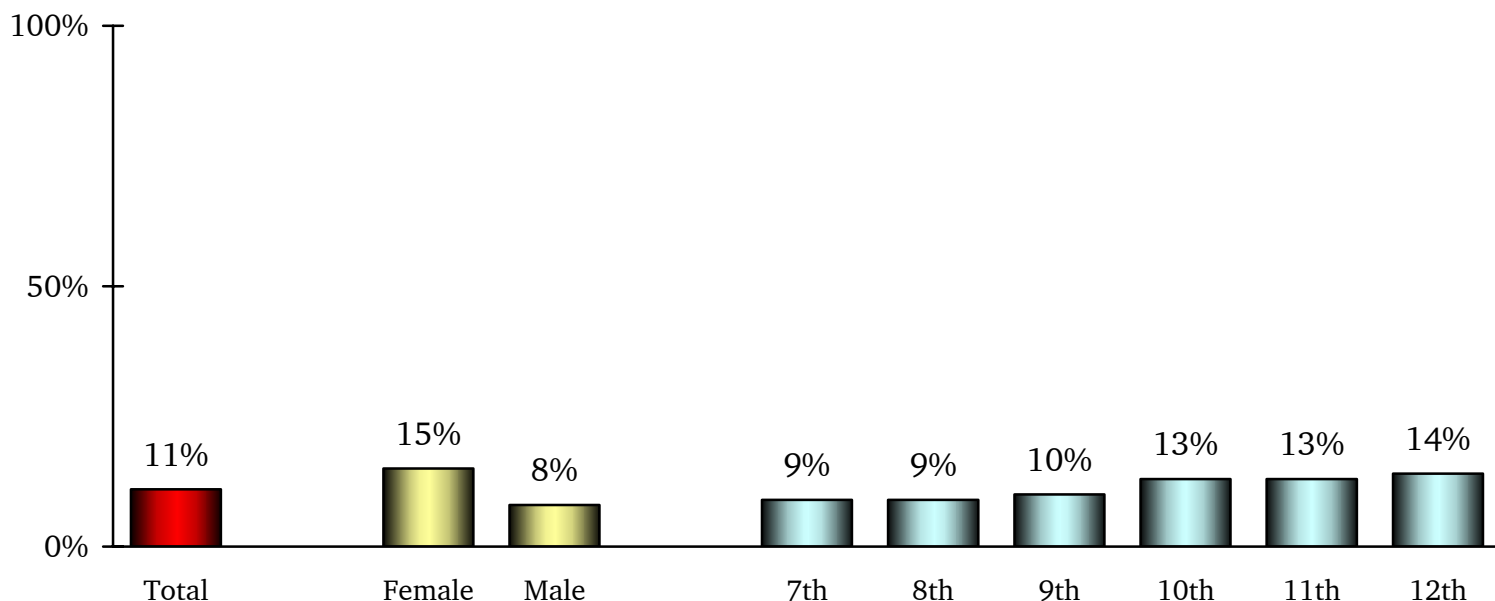


Percentage of students who seriously considered attempting suicide during the past 12 months.

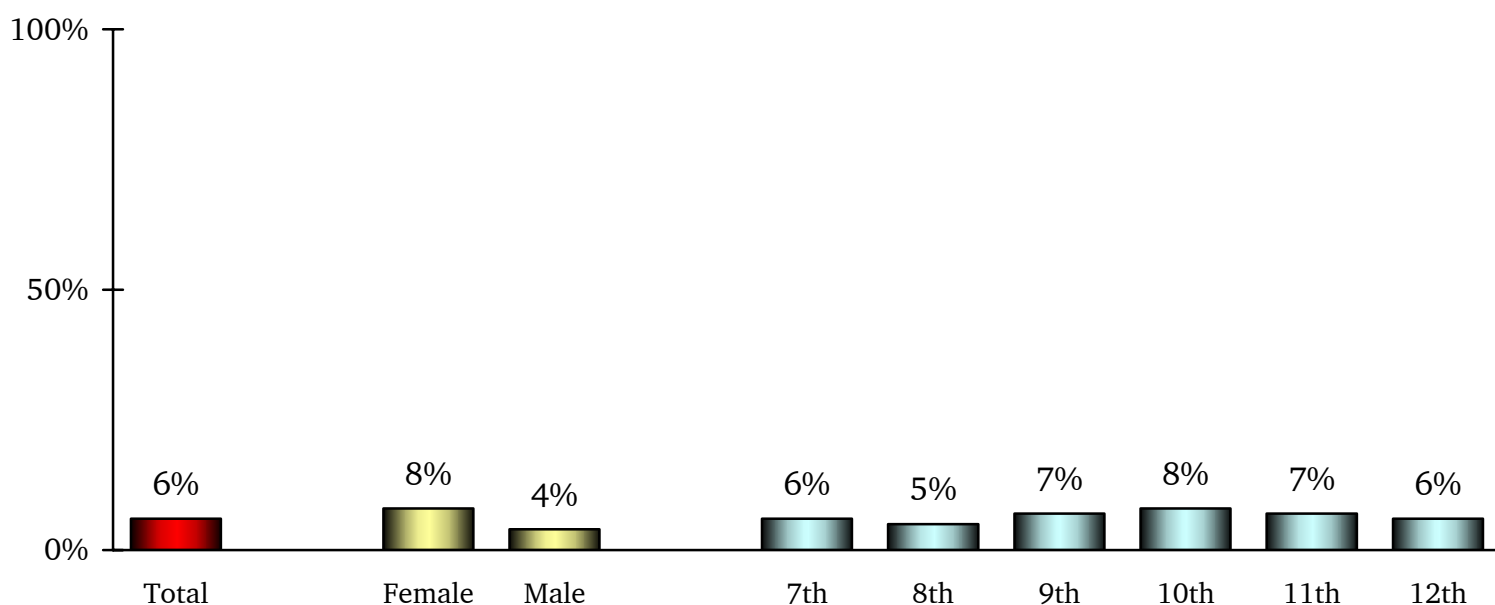


## 2003-2004 Union County Youth Health Survey

Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

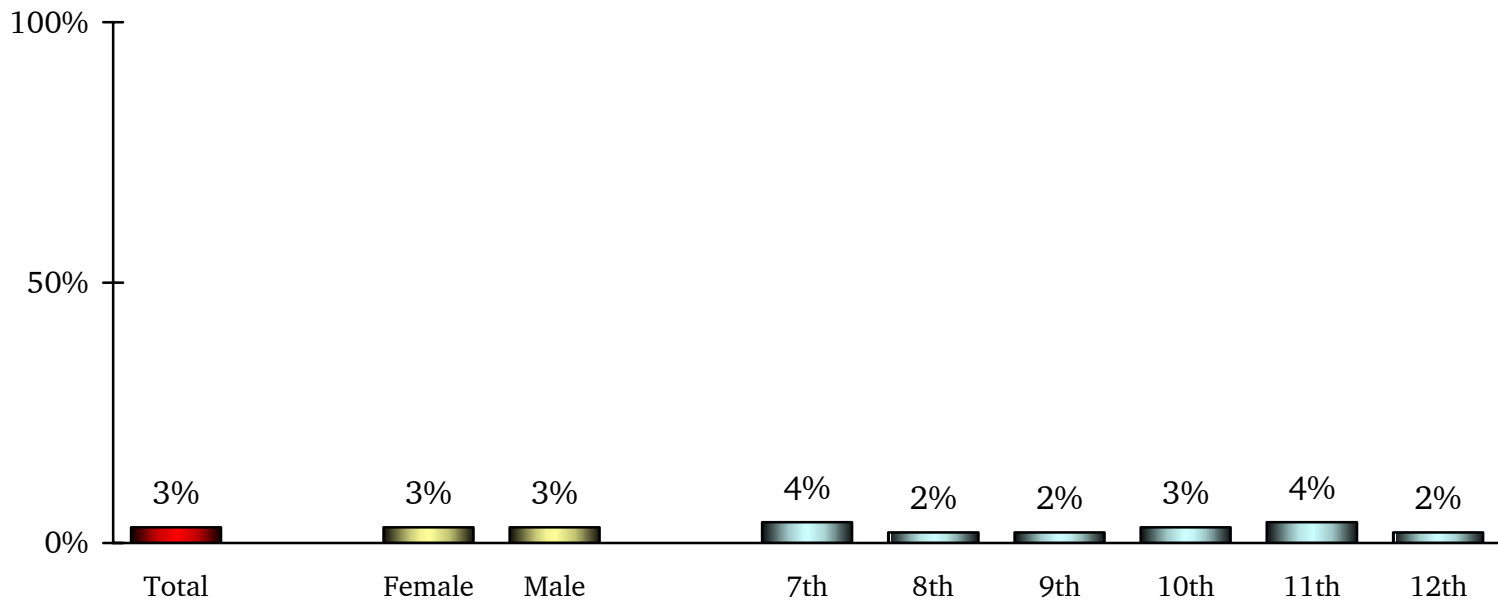


Percentage of students who actually attempted suicide one or more times during the past 12 months.



## 2003-2004 Union County Youth Health Survey

Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

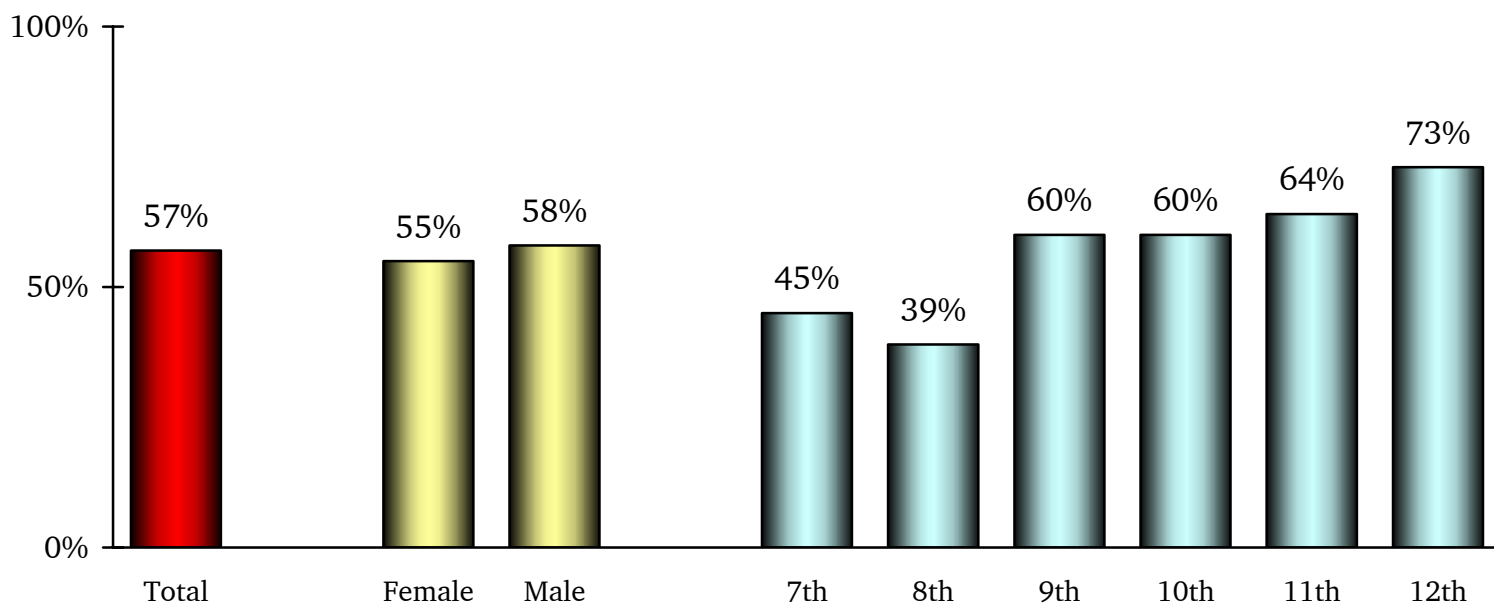


## 2003-2004 Union County Youth Health Survey

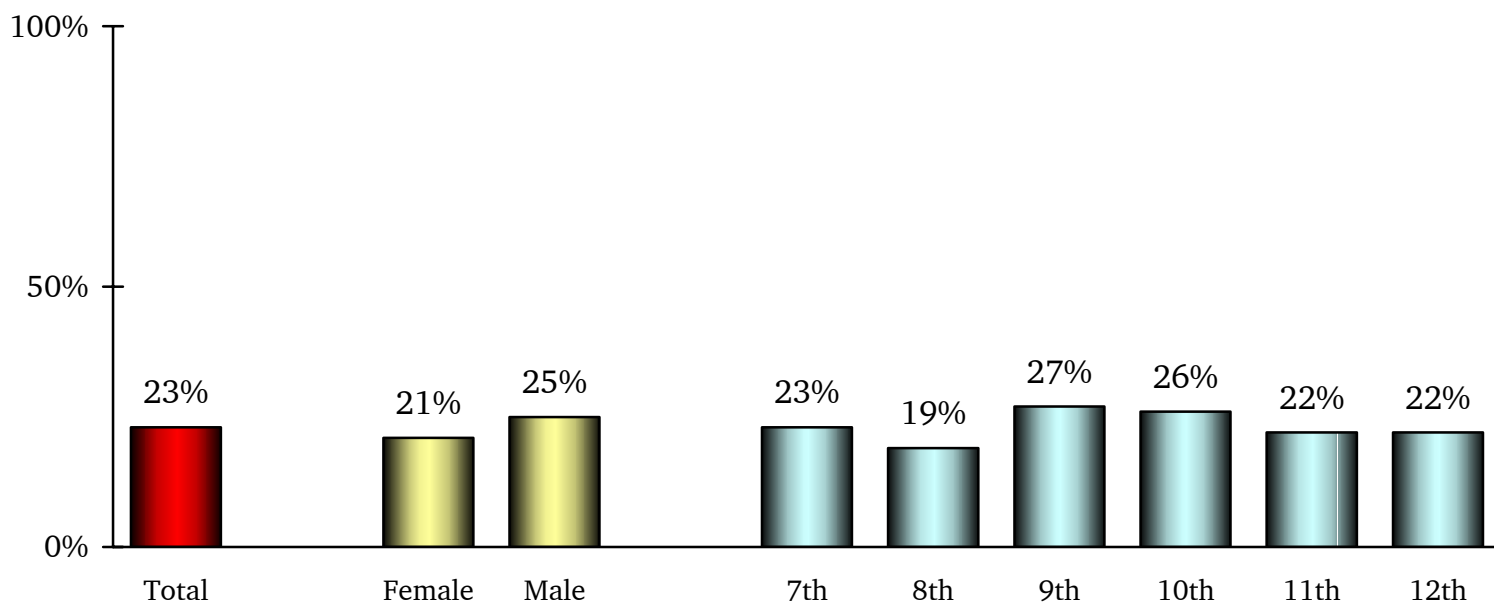
### ■ Tobacco Use – Cigarette Smoking

*These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.*

Percentage of students who ever tried cigarette smoking, even one or two puffs.

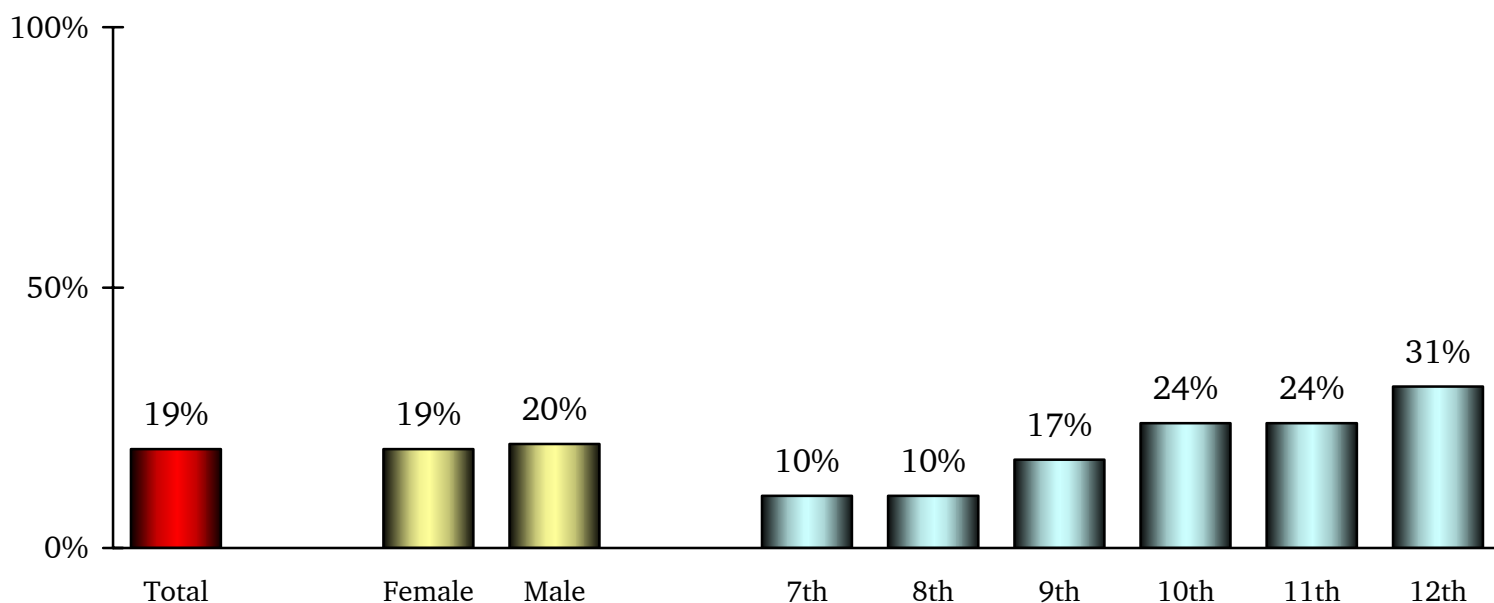


Percentage of students who smoked a whole cigarette for the first time before age 13.

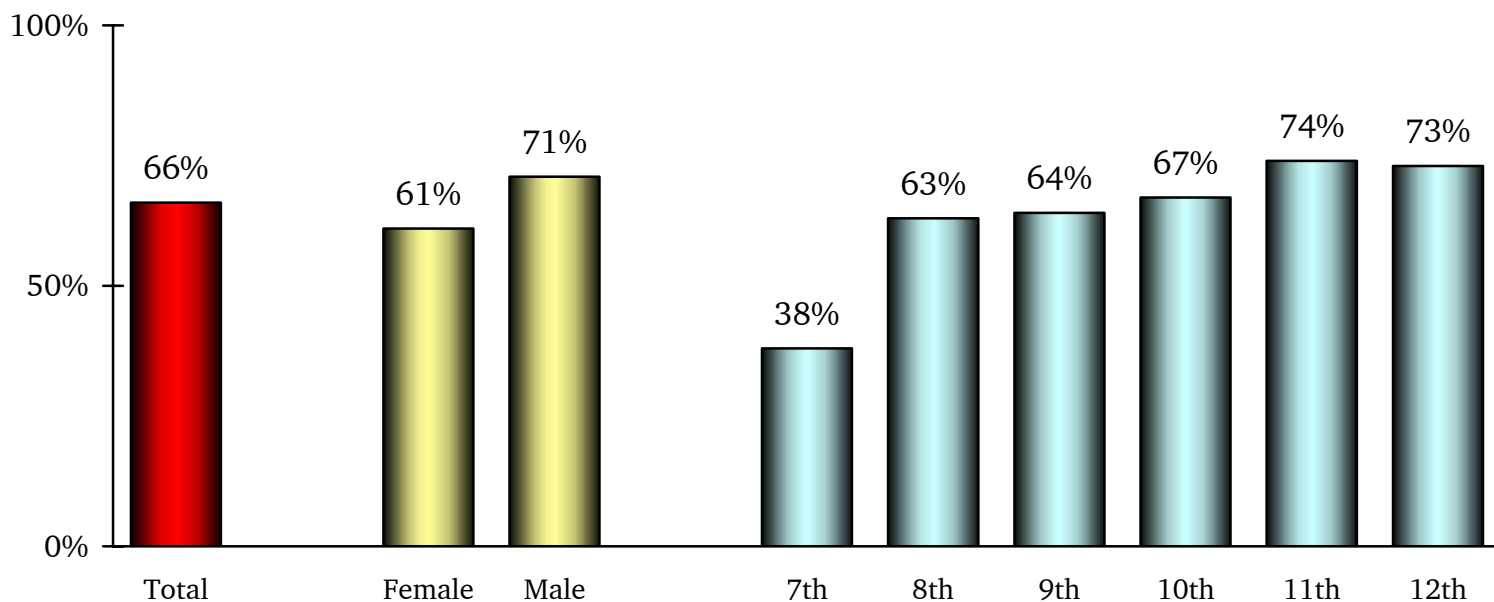


## 2003-2004 Union County Youth Health Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days.



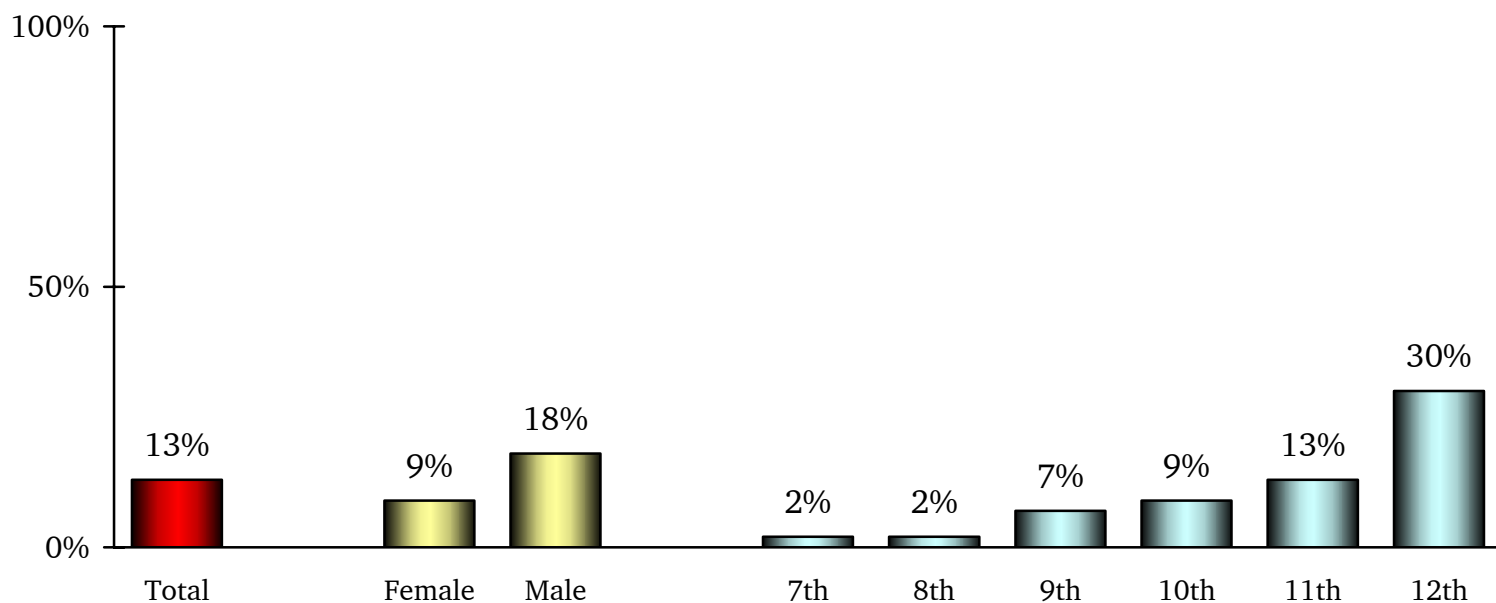
Of the students who smoked during the past 30 days, the percentage that smoked two or more cigarettes per day on the days they smoked.



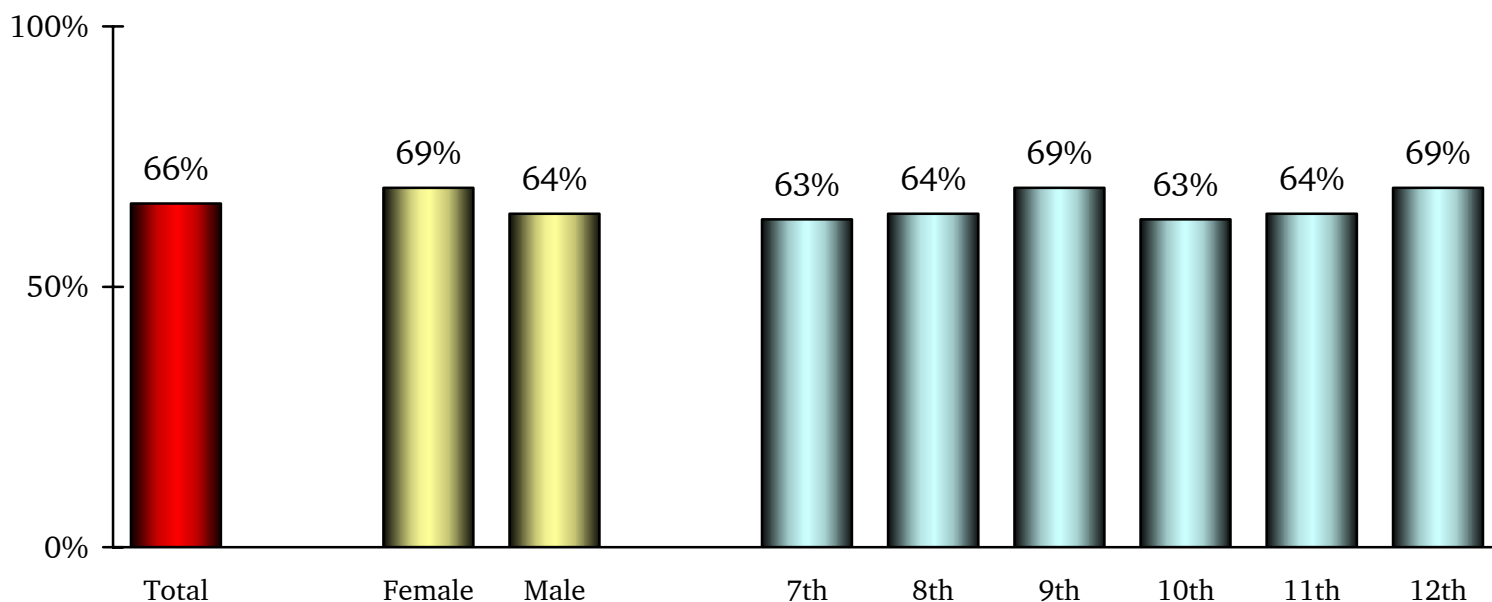


## 2003-2004 Union County Youth Health Survey

Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

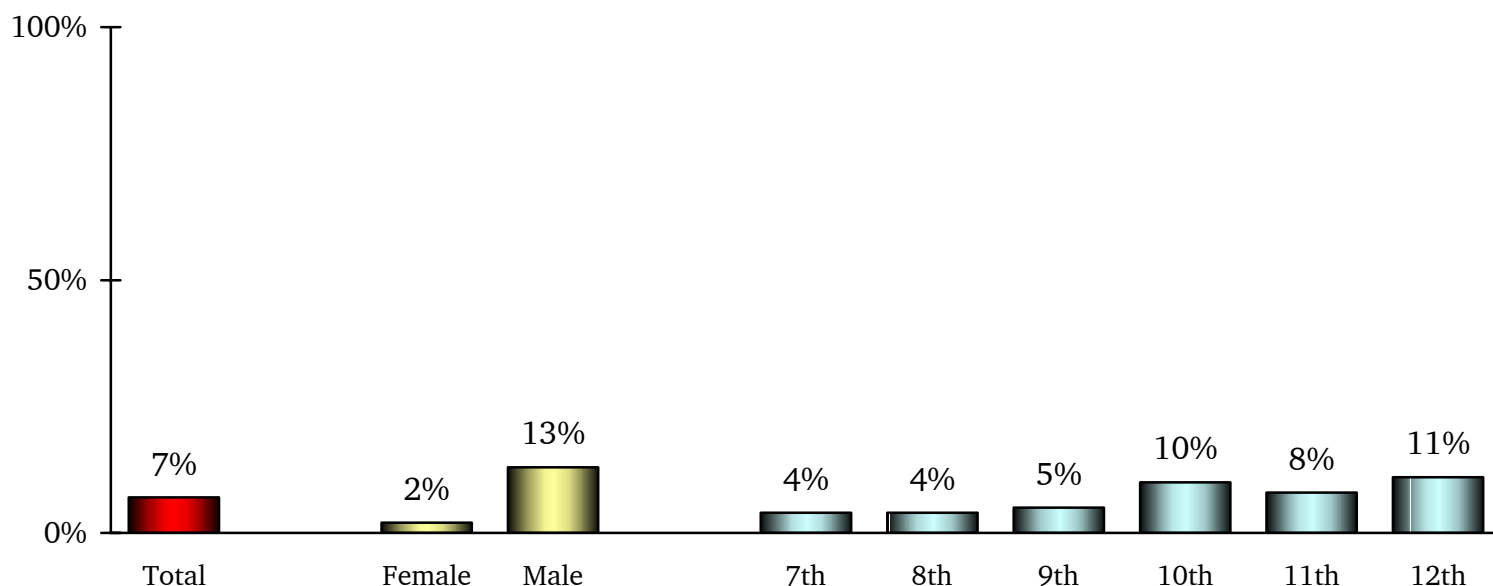


## 2003-2004 Union County Youth Health Survey

### ■ Tobacco Use – Smokeless Tobacco

*This question measures smokeless tobacco use.*

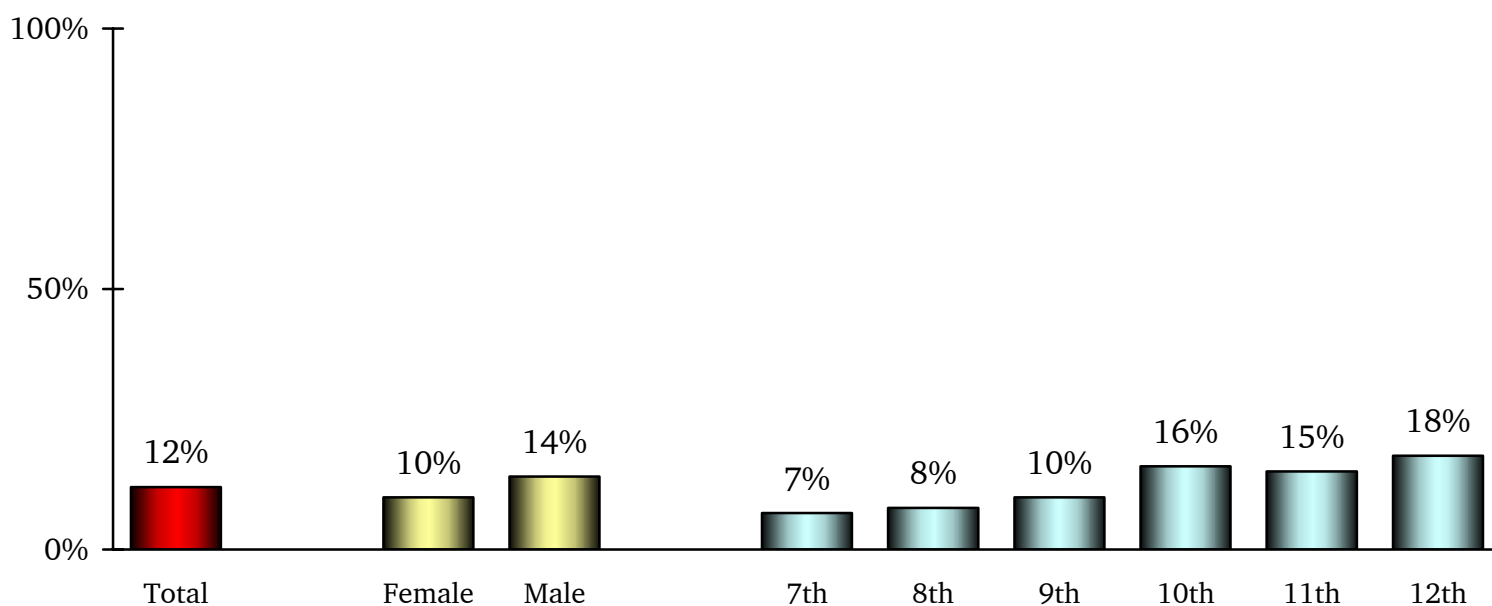
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



### ■ Tobacco Use – Cigar

*This question measures cigar smoking.*

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

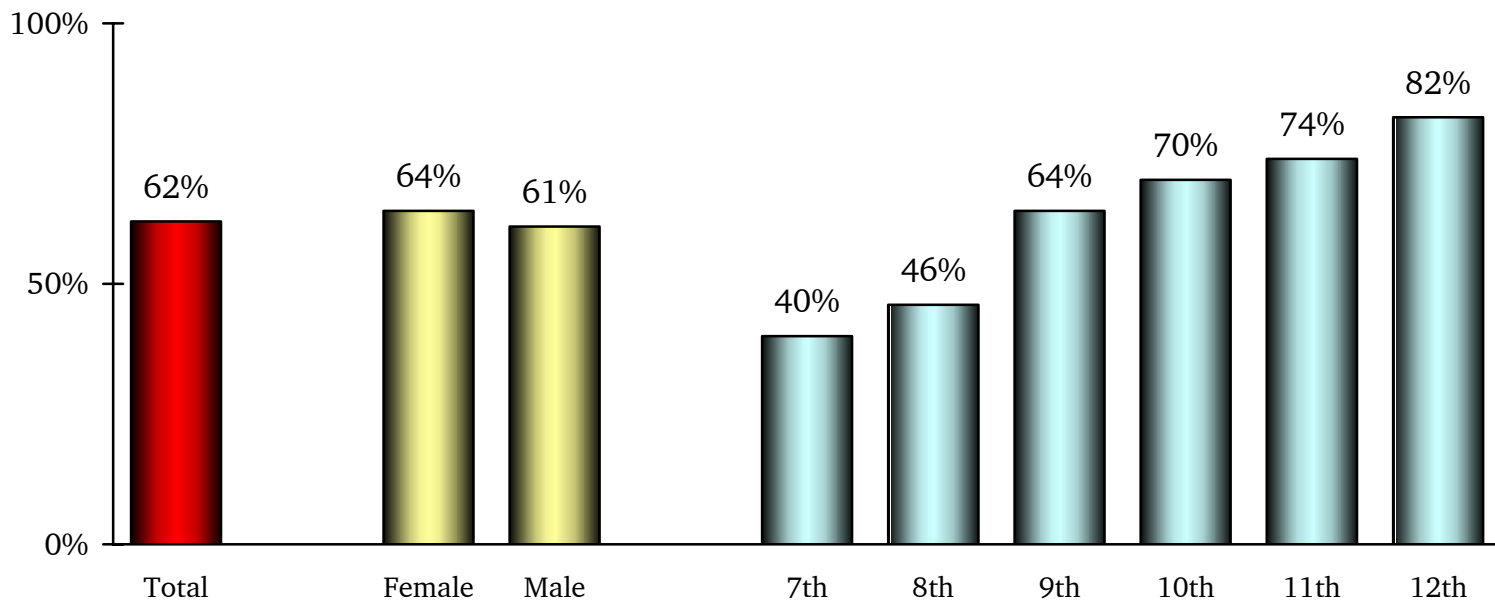


## 2003-2004 Union County Youth Health Survey

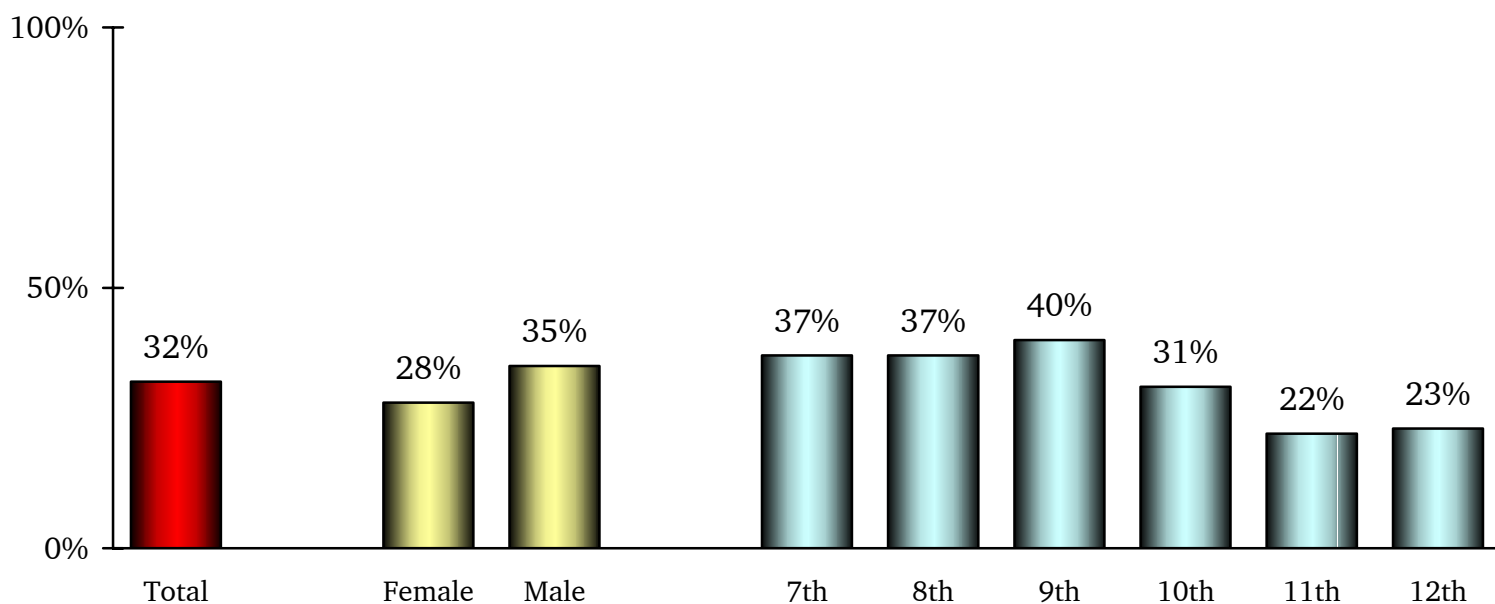
### ■ Alcohol Use

*These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.*

Percentage of students who had at least one drink of alcohol on one or more days during their life.

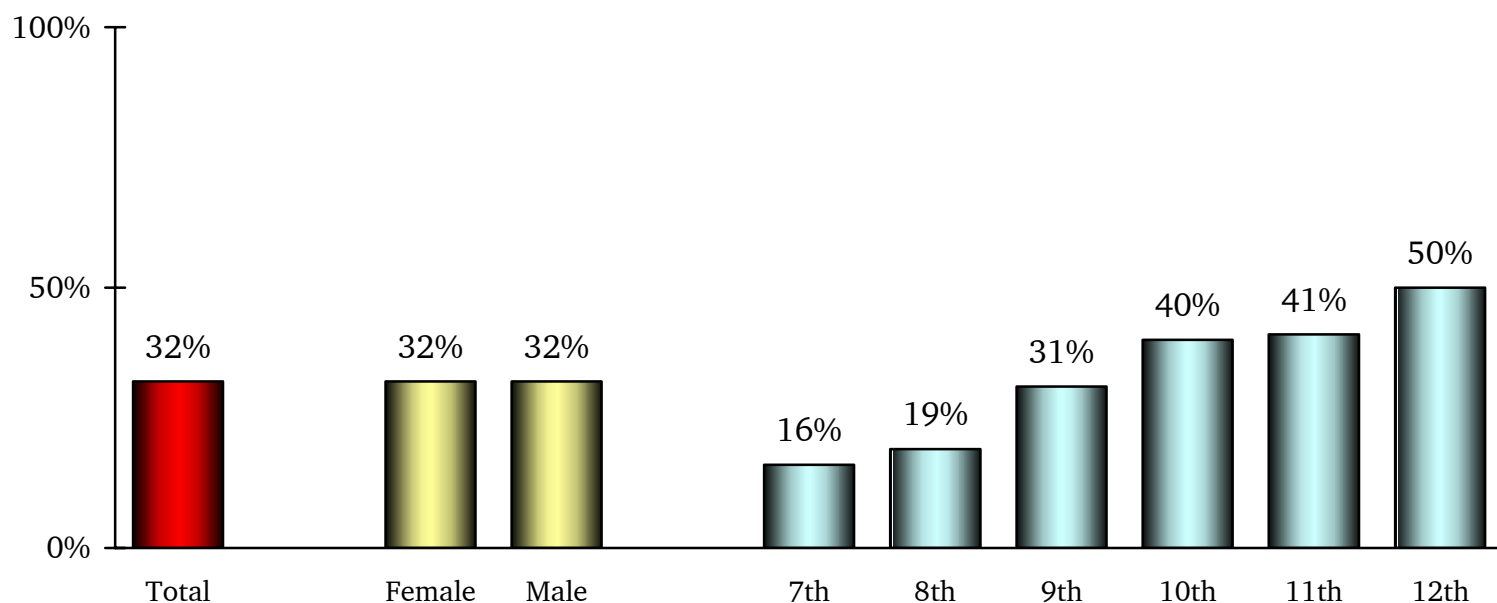


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

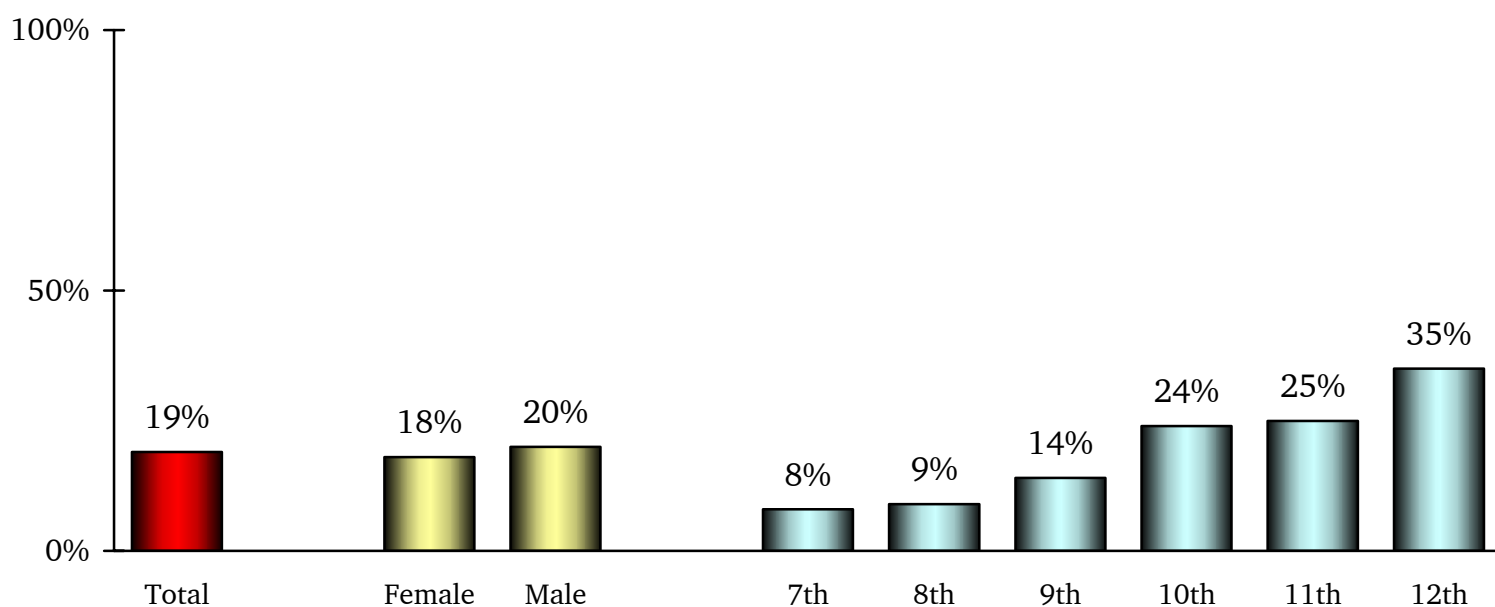


## 2003-2004 Union County Youth Health Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

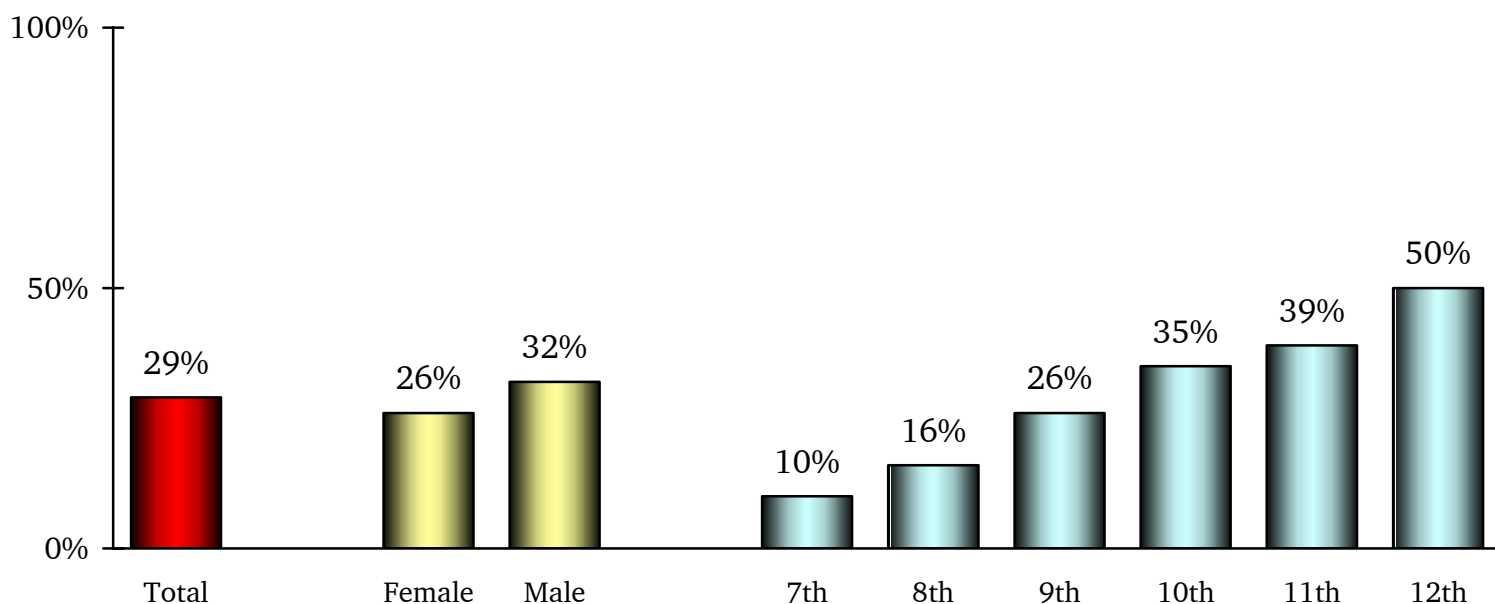


## 2003-2004 Union County Youth Health Survey

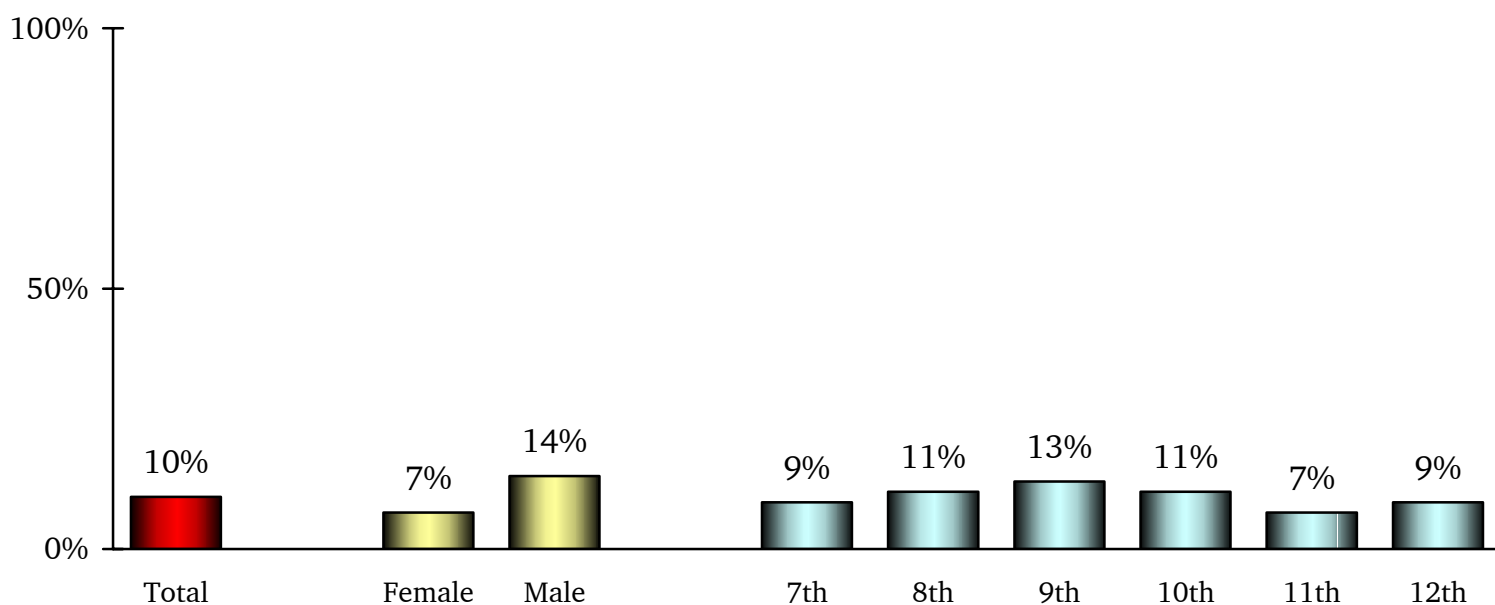
### ■ Drug Use

*These questions measure the frequency of illegal drug use.*

Percentage of students who used marijuana one or more times during their life.

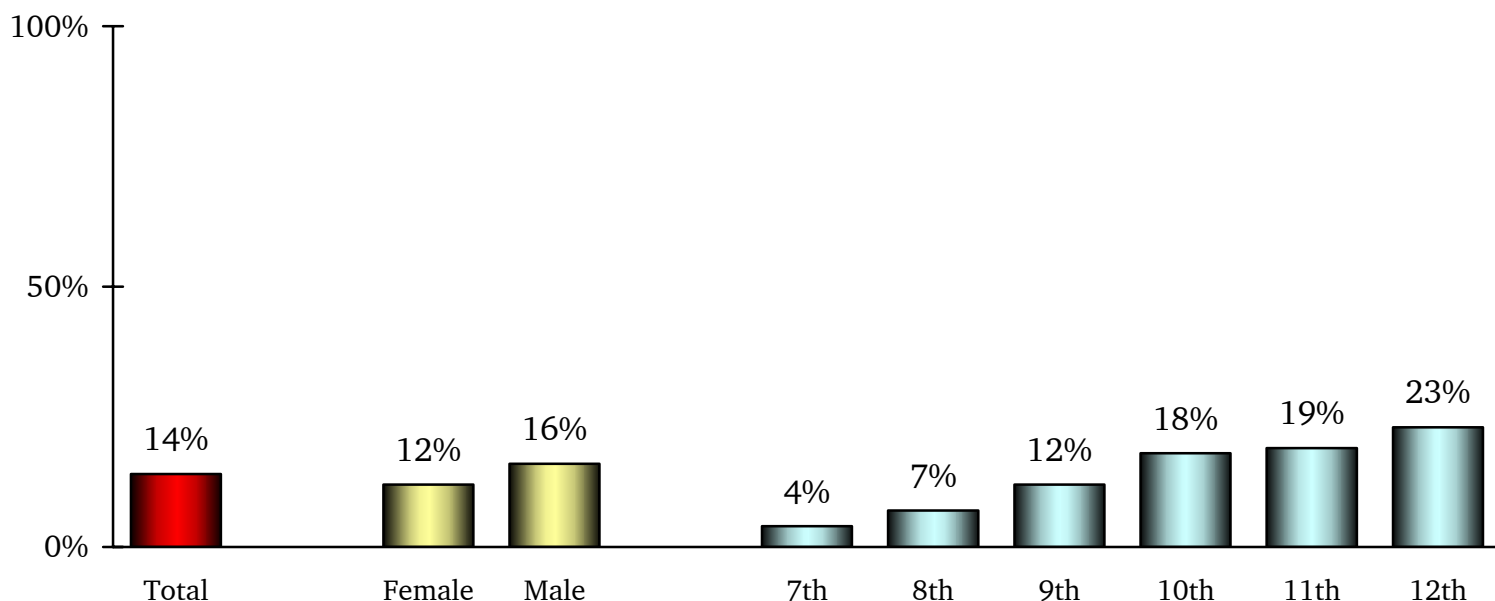


Percentage of students who tried marijuana for the first time before age 13.

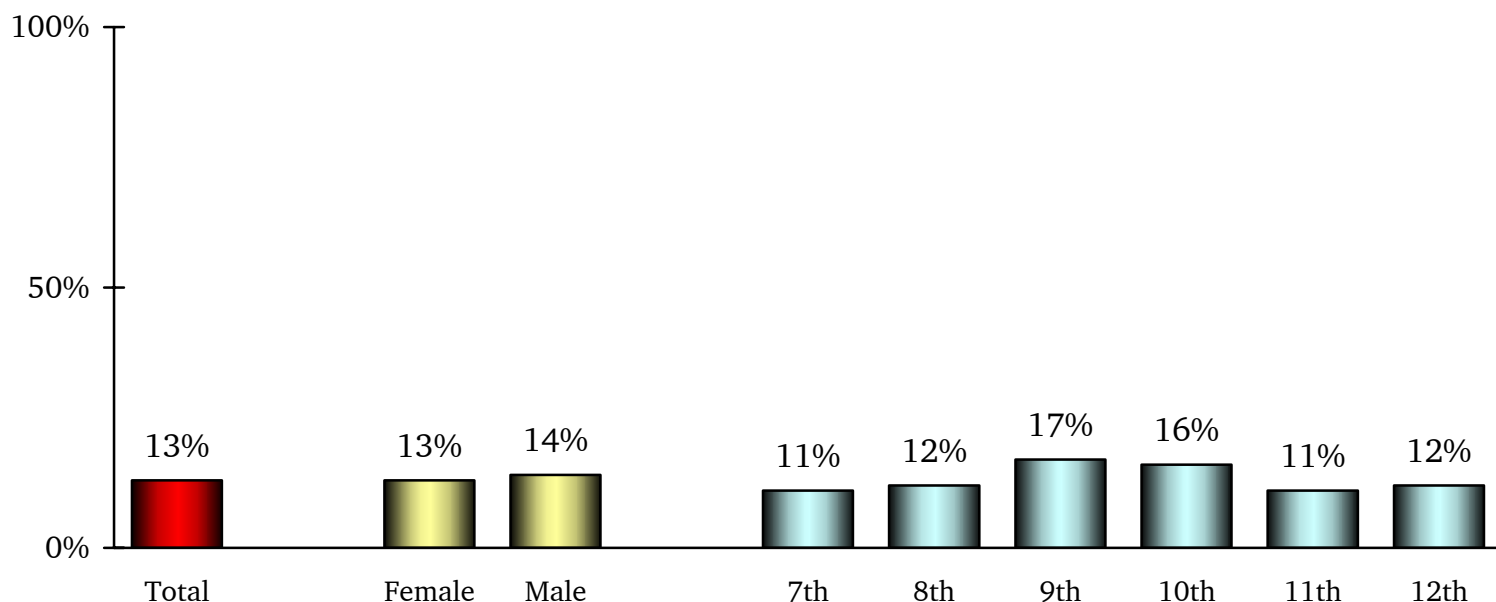


## 2003-2004 Union County Youth Health Survey

Percentage of students who used marijuana one or more times during the past 30 days.

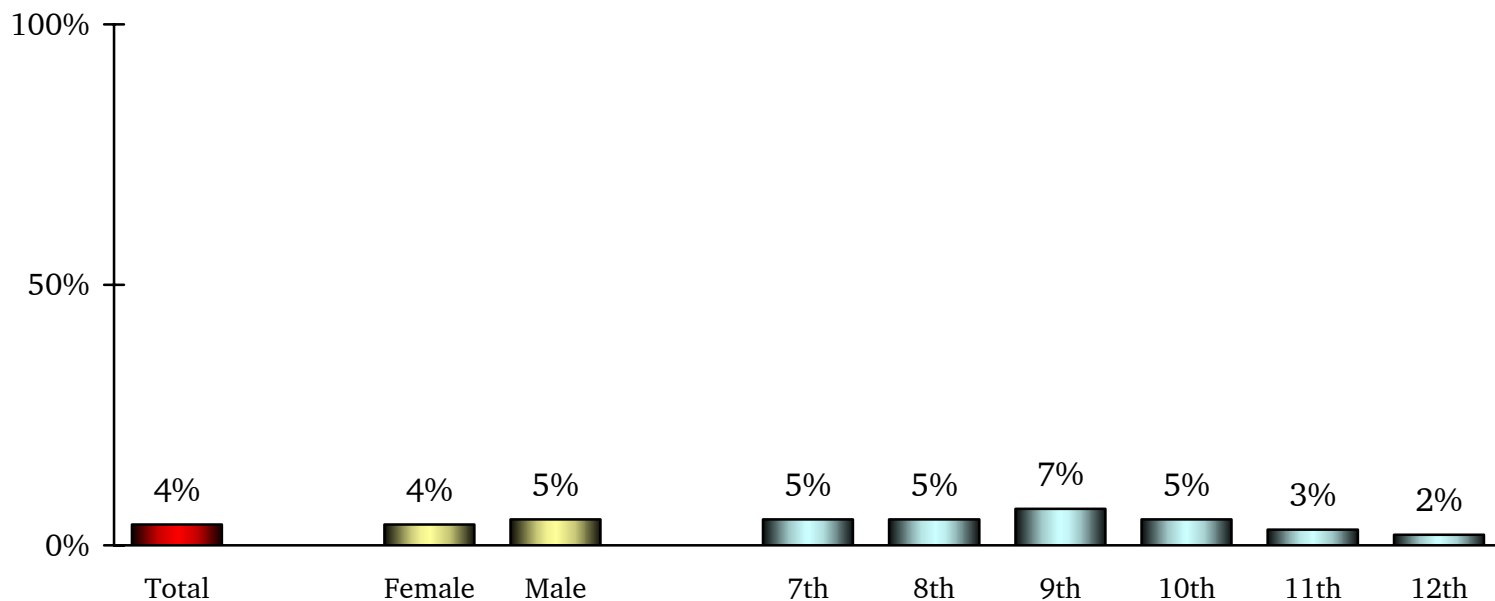


Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

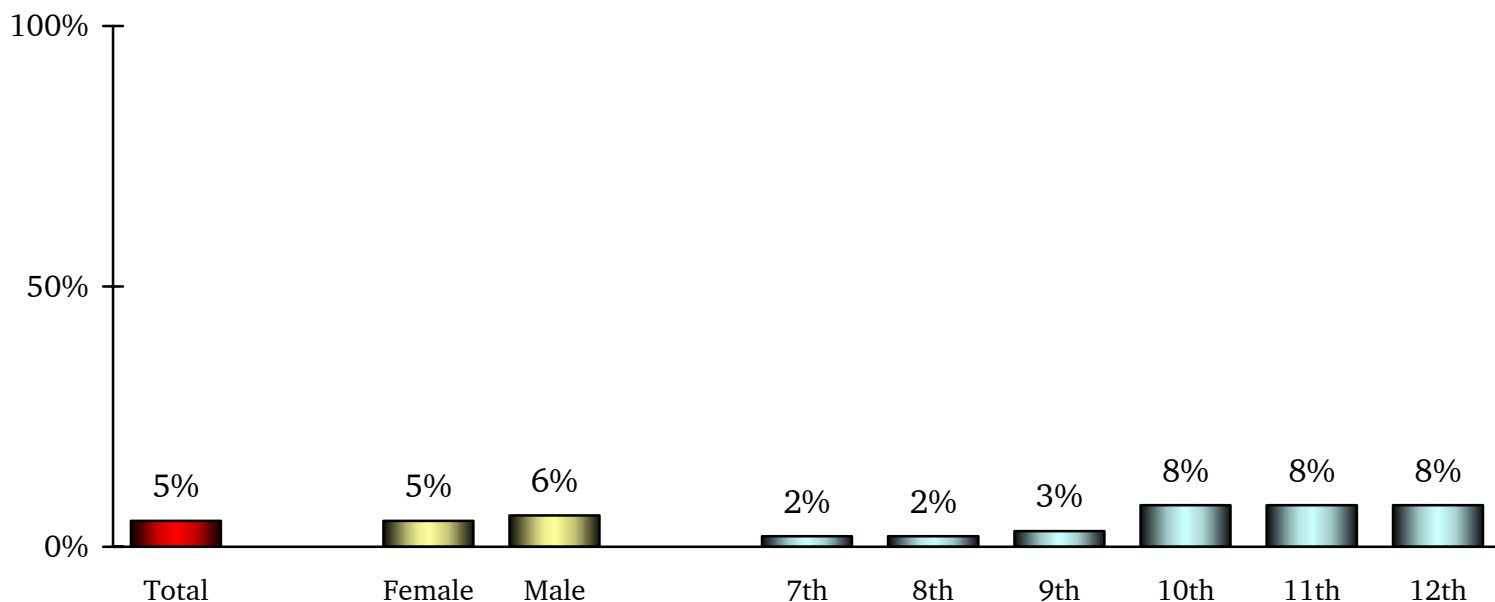


## 2003-2004 Union County Youth Health Survey

Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

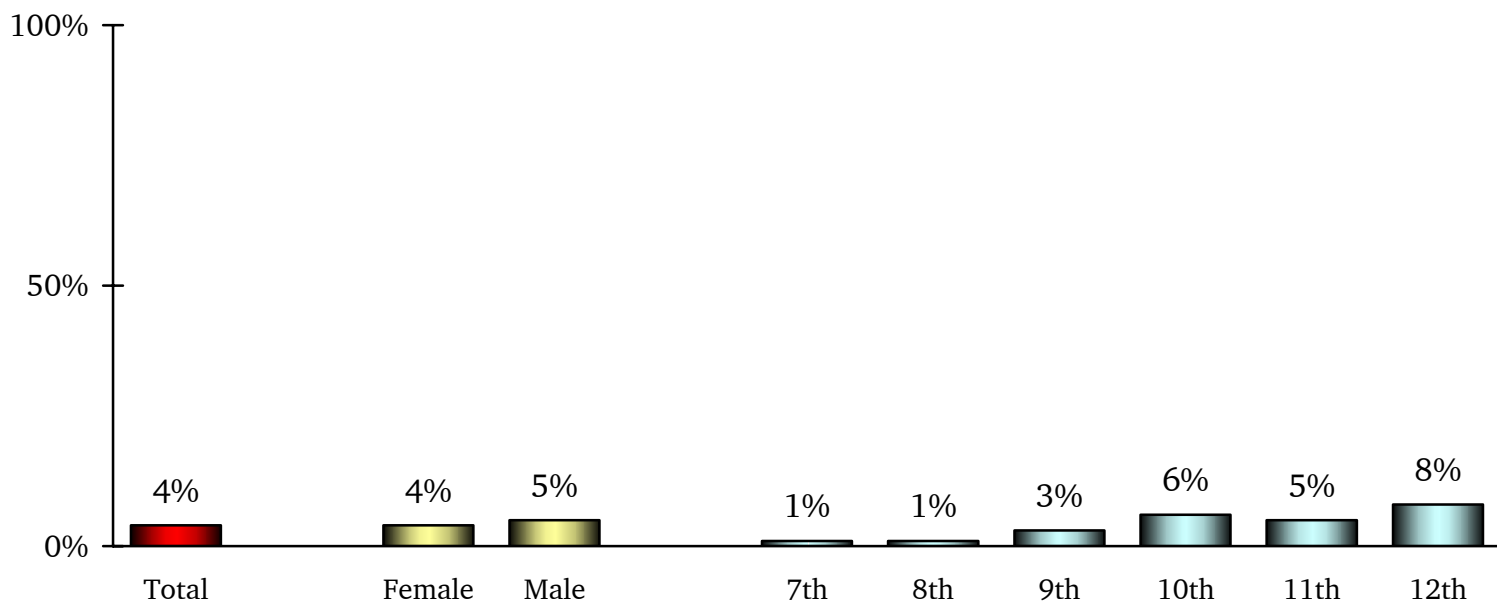


Percentage of students who used methamphetamines one or more times during their life.

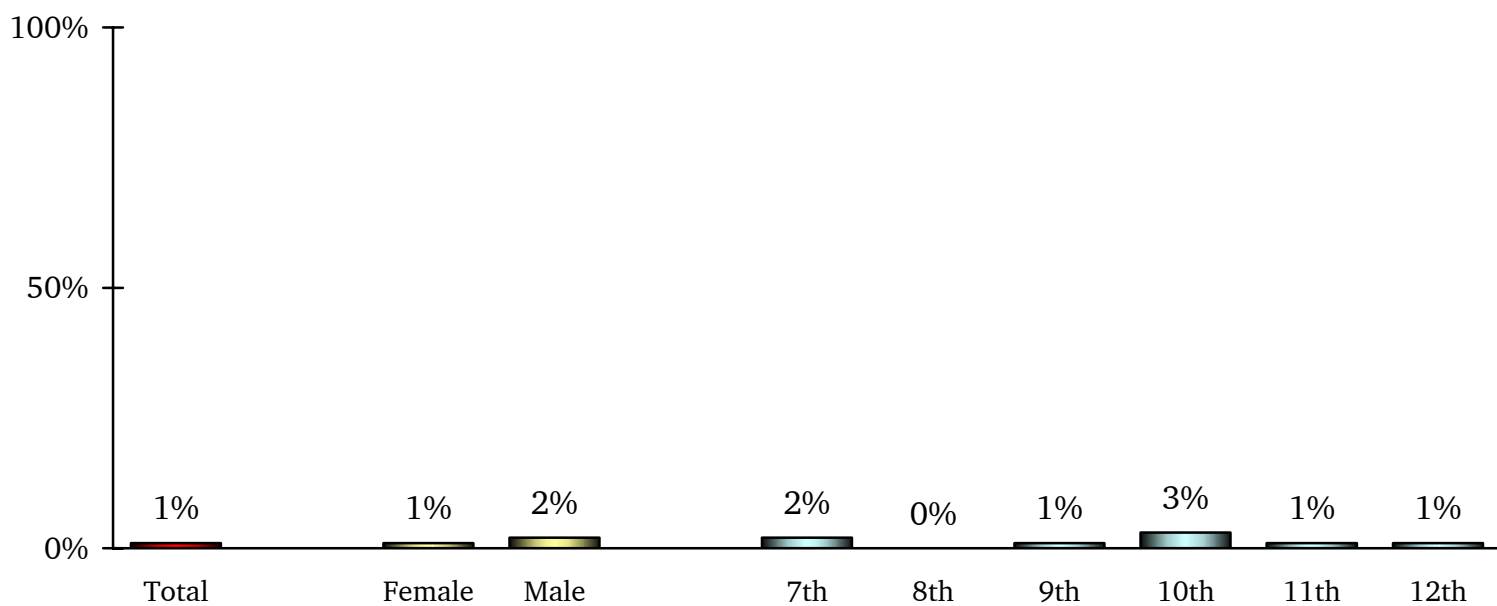


## 2003-2004 Union County Youth Health Survey

Percentage of students who used ecstasy one or more times during their life.



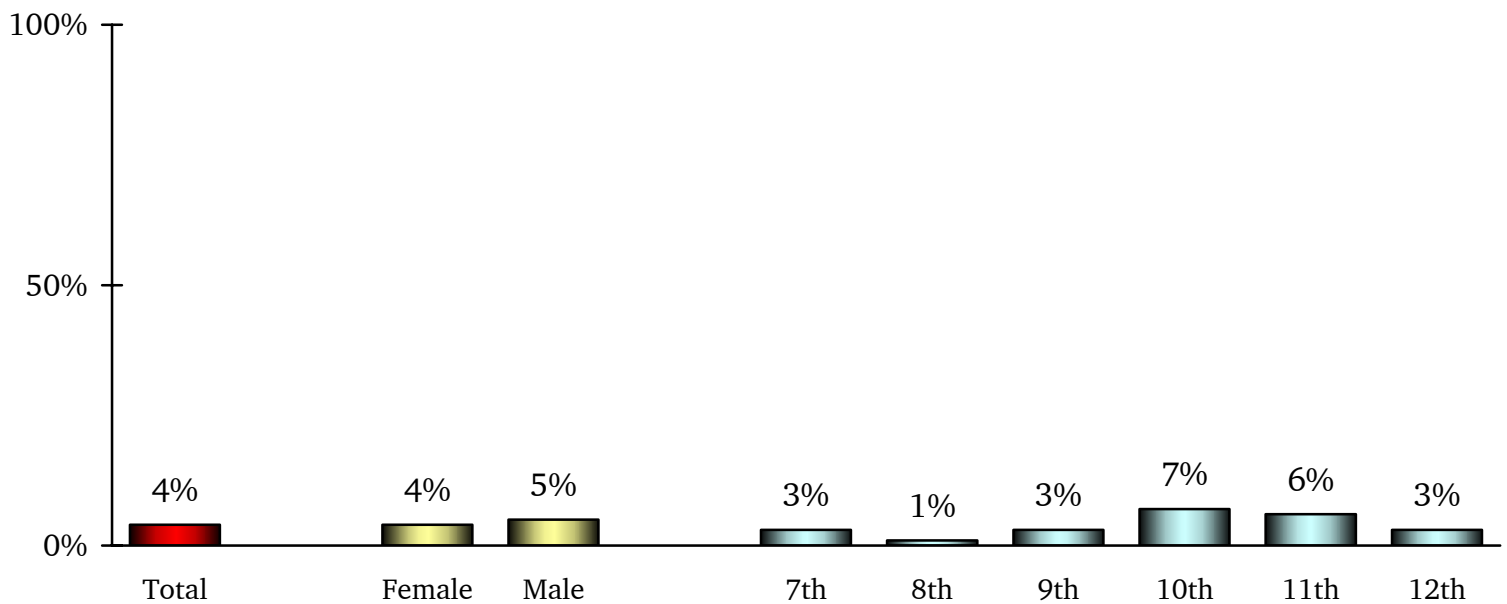
Percentage of students who used heroin one or more times during their life.





## 2003-2004 Union County Youth Health Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

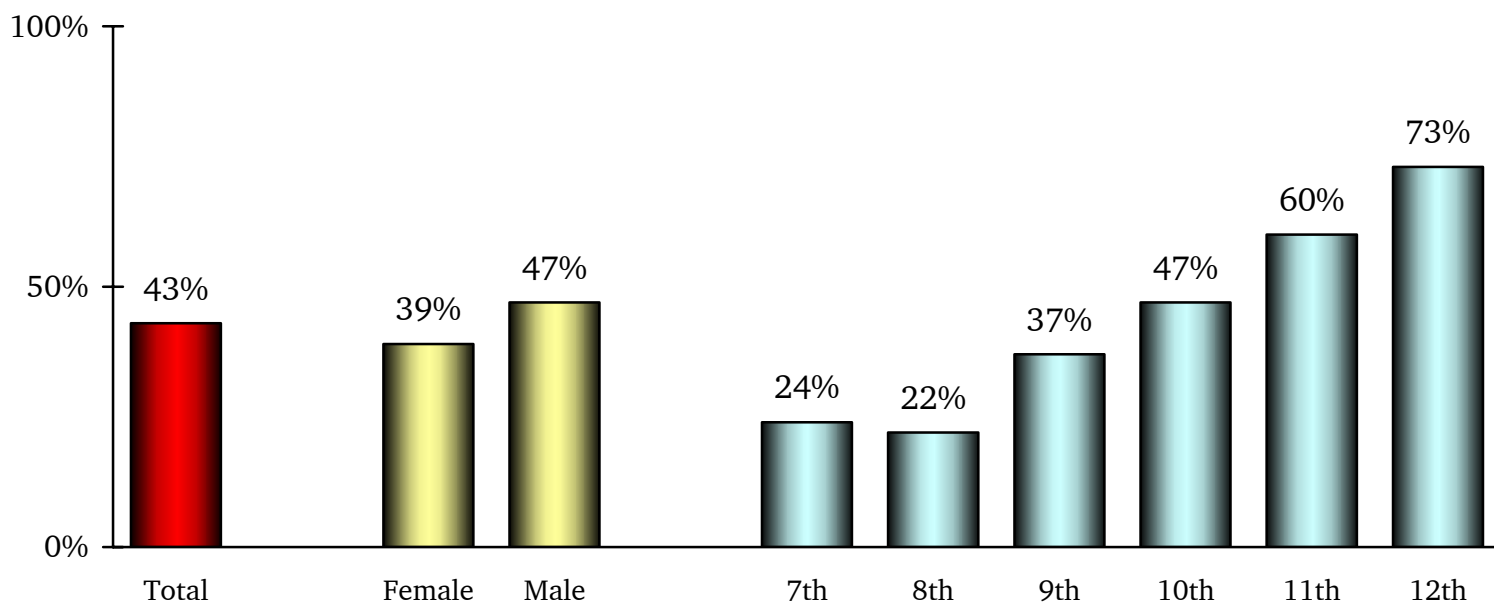


## 2003-2004 Union County Youth Health Survey

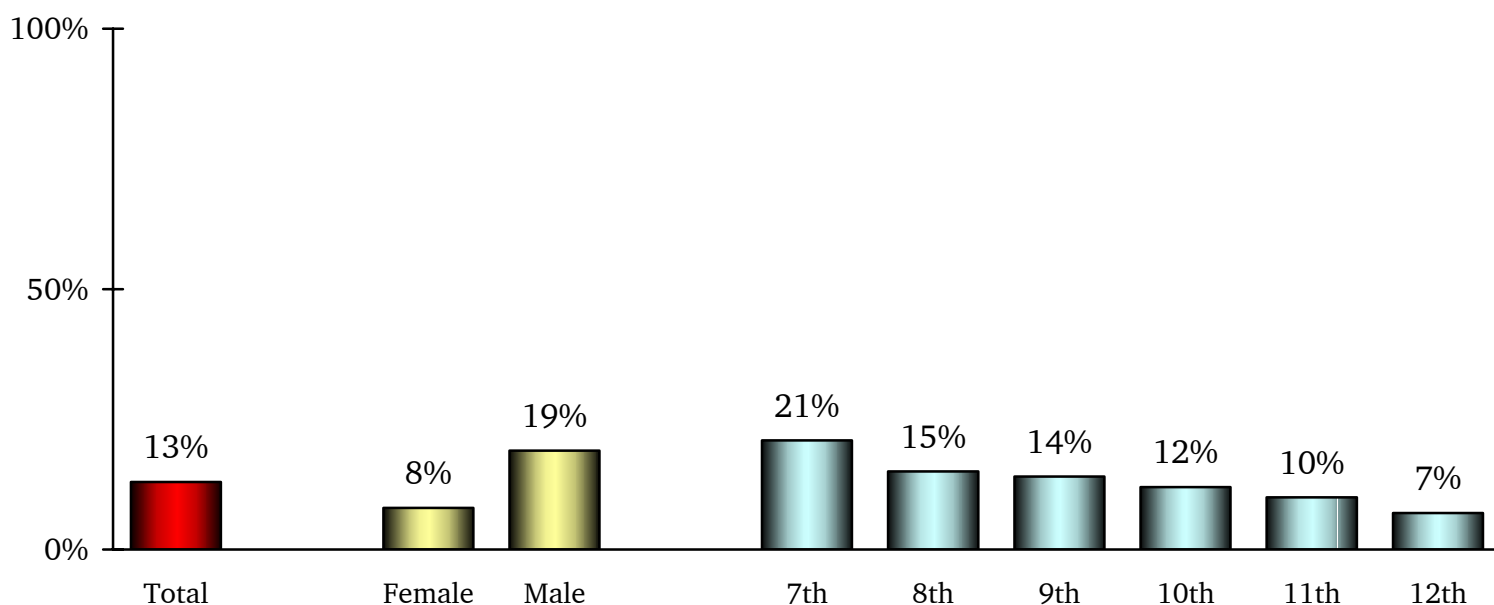
### ■ Sexual Activity

*These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.*

Percentage of students who have had sexual intercourse.

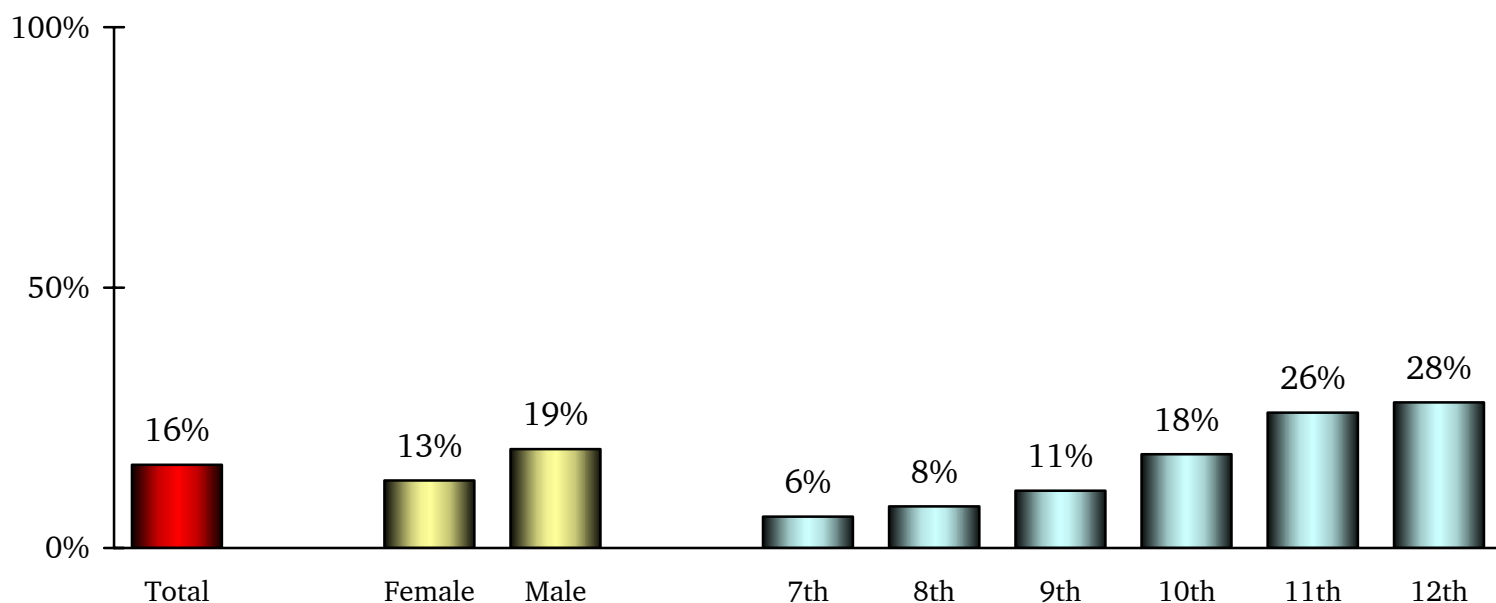


Percentage of students who had sexual intercourse for the first time before age 13.

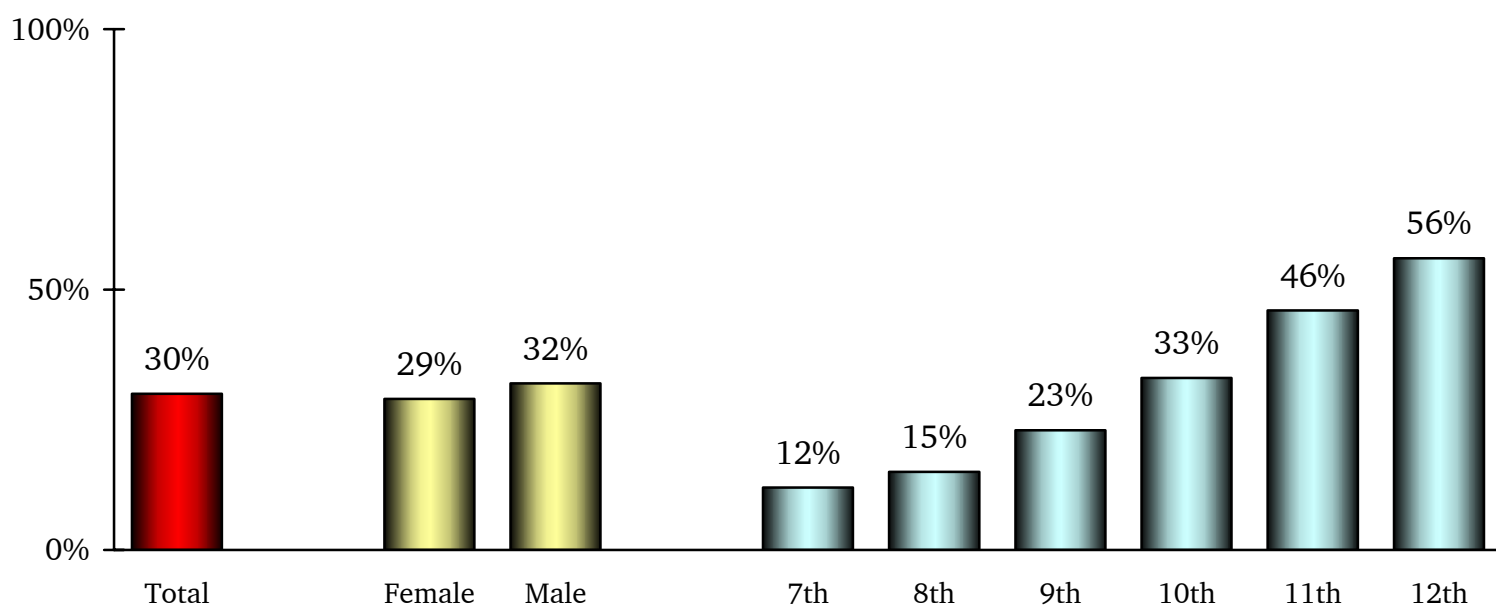


## 2003-2004 Union County Youth Health Survey

Percentage of students who had sexual intercourse with four or more people during their life.

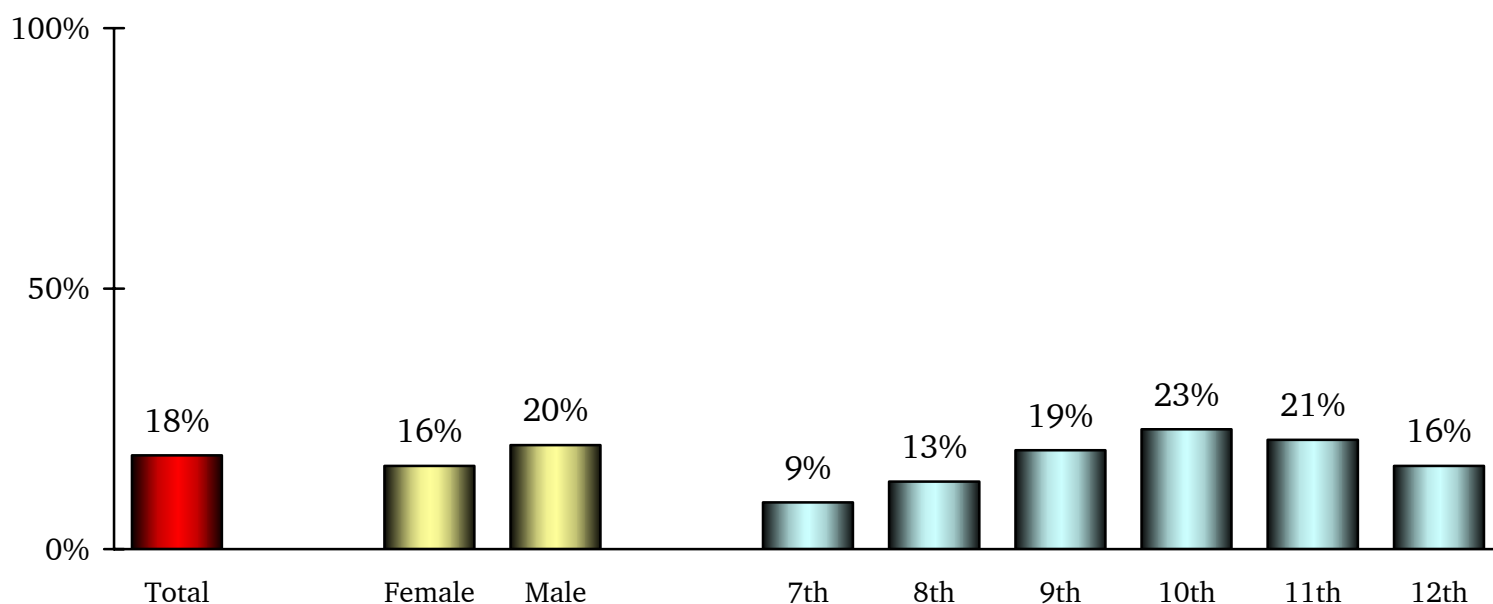


Percentage of students who had sexual intercourse during the past three months.



## 2003-2004 Union County Youth Health Survey

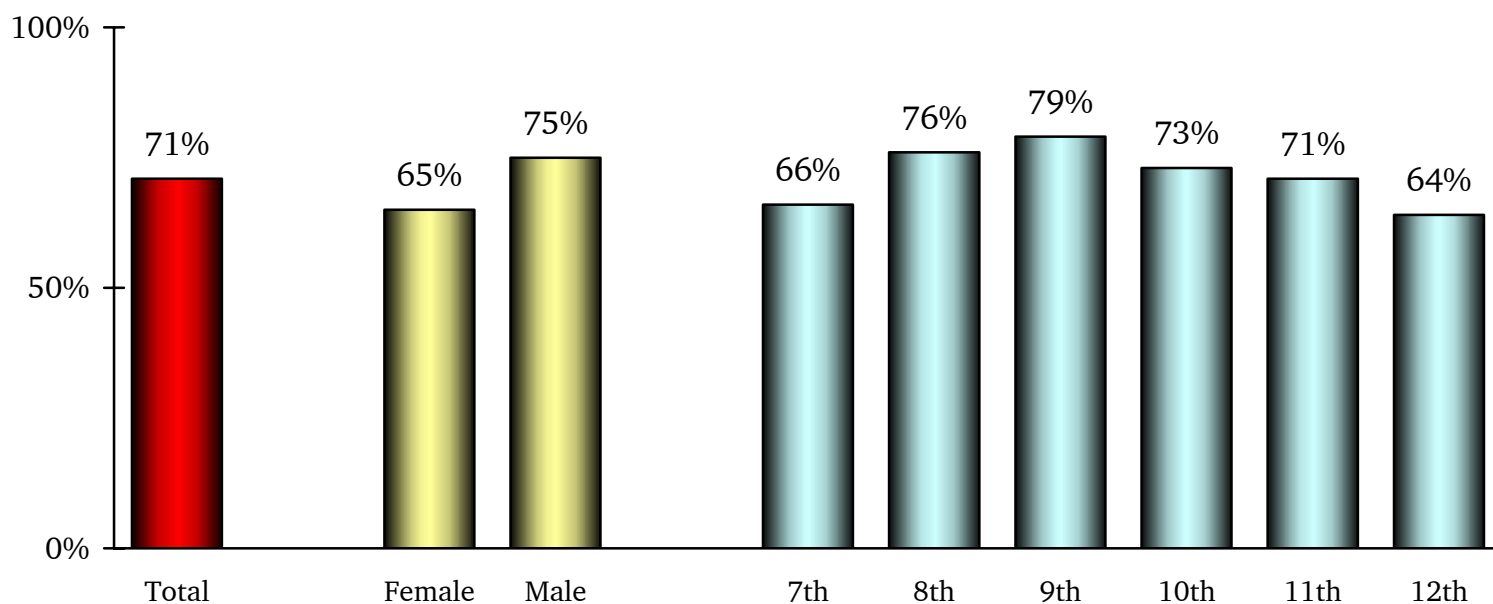
Of those who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse.



### ■ Contraception

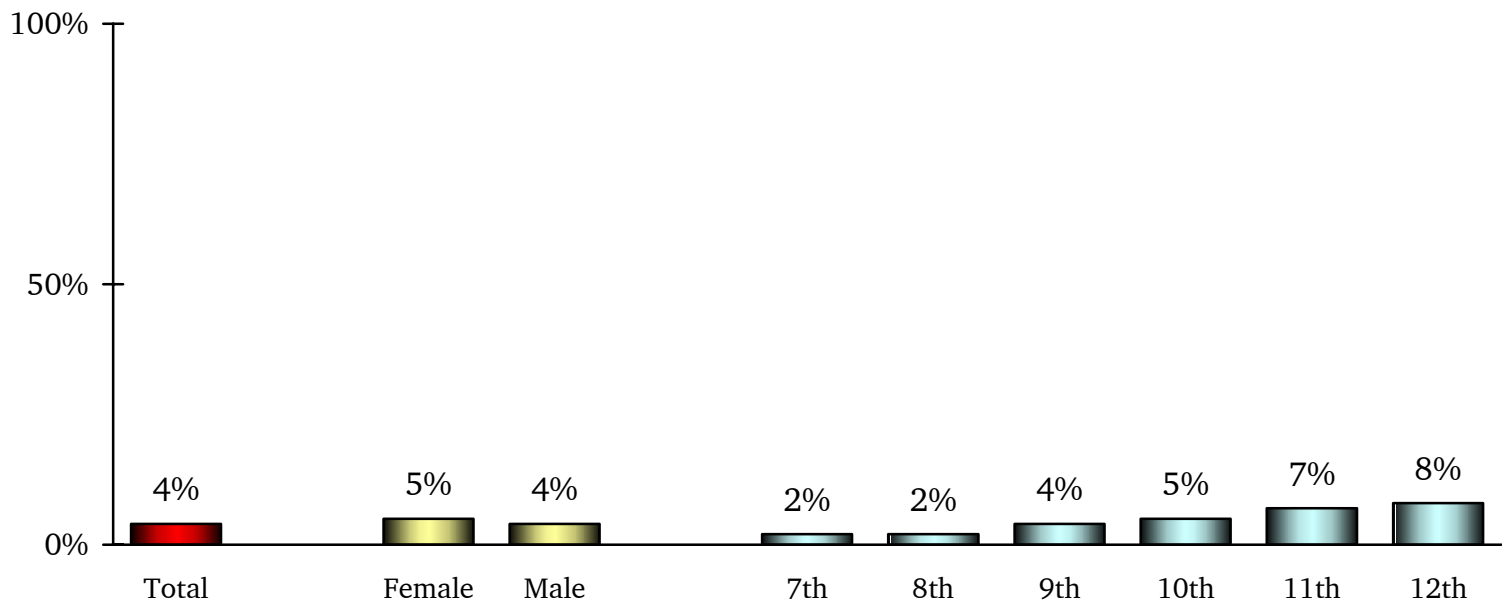
*These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.*

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



## 2003-2004 Union County Youth Health Survey

Percentage of students who had been or gotten someone pregnant one or more times.

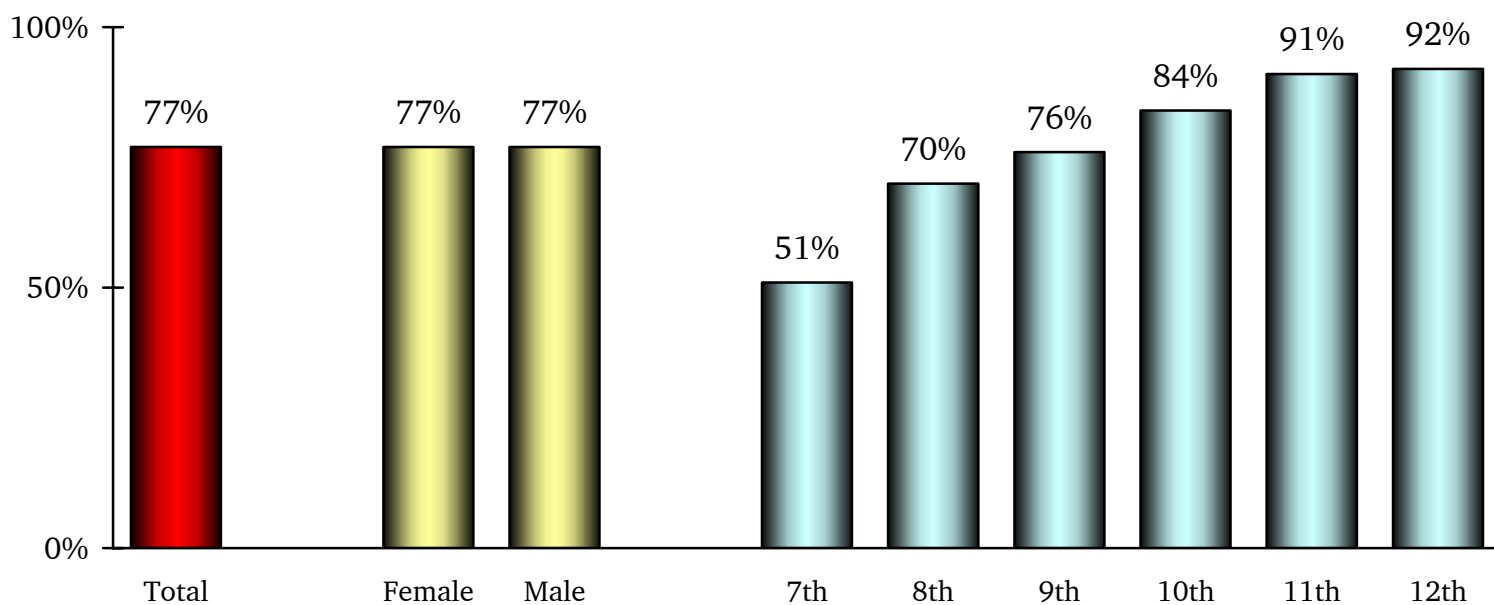


## 2003-2004 Union County Youth Health Survey

### ■ AIDS, HIV, & STDs

*This question measures whether students have received HIV information at school.*

Percentage of students who were ever taught about AIDS or HIV infection in school.

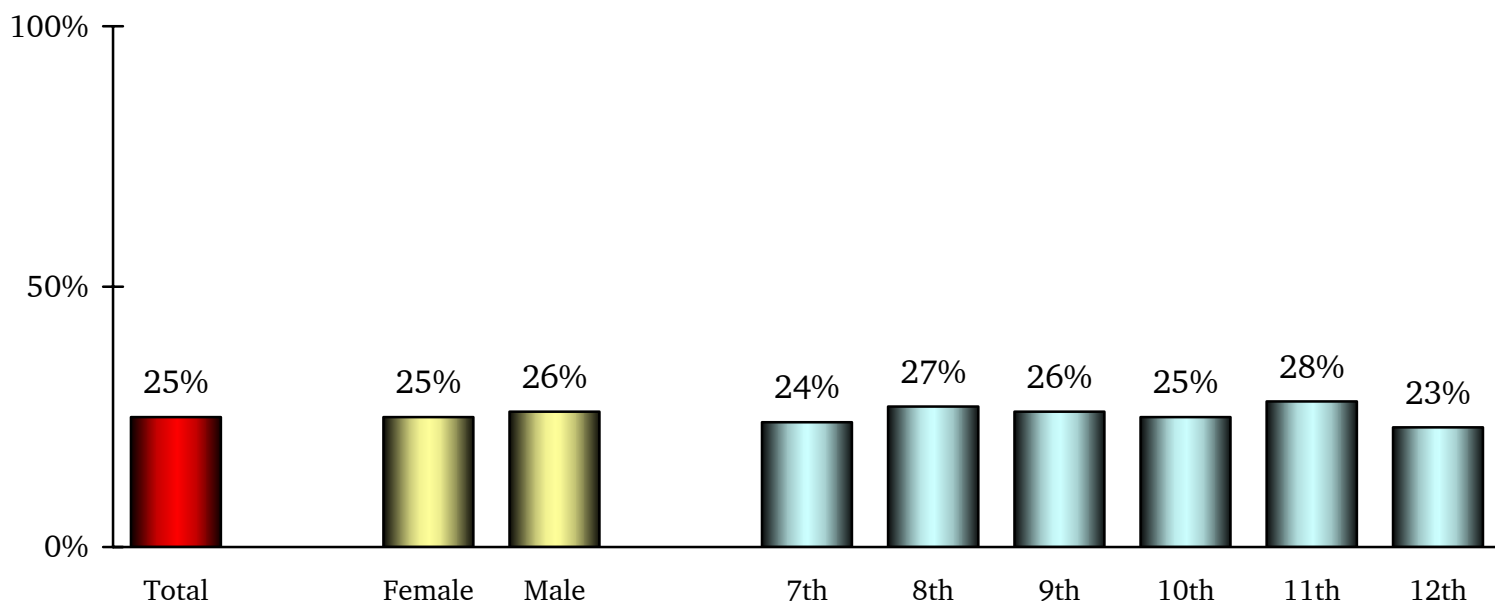


## 2003-2004 Union County Youth Health Survey

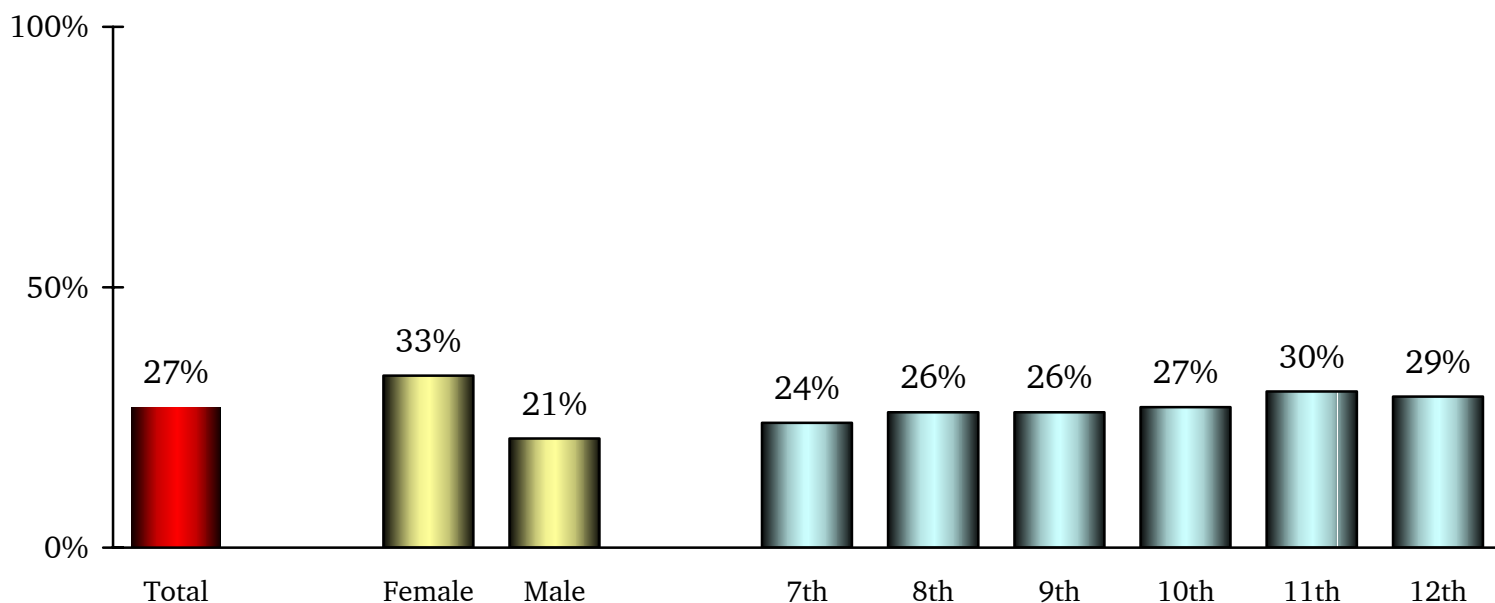
### ■ Obesity

*These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.*

Percentage of students who are overweight, as calculated by Body Mass Index.

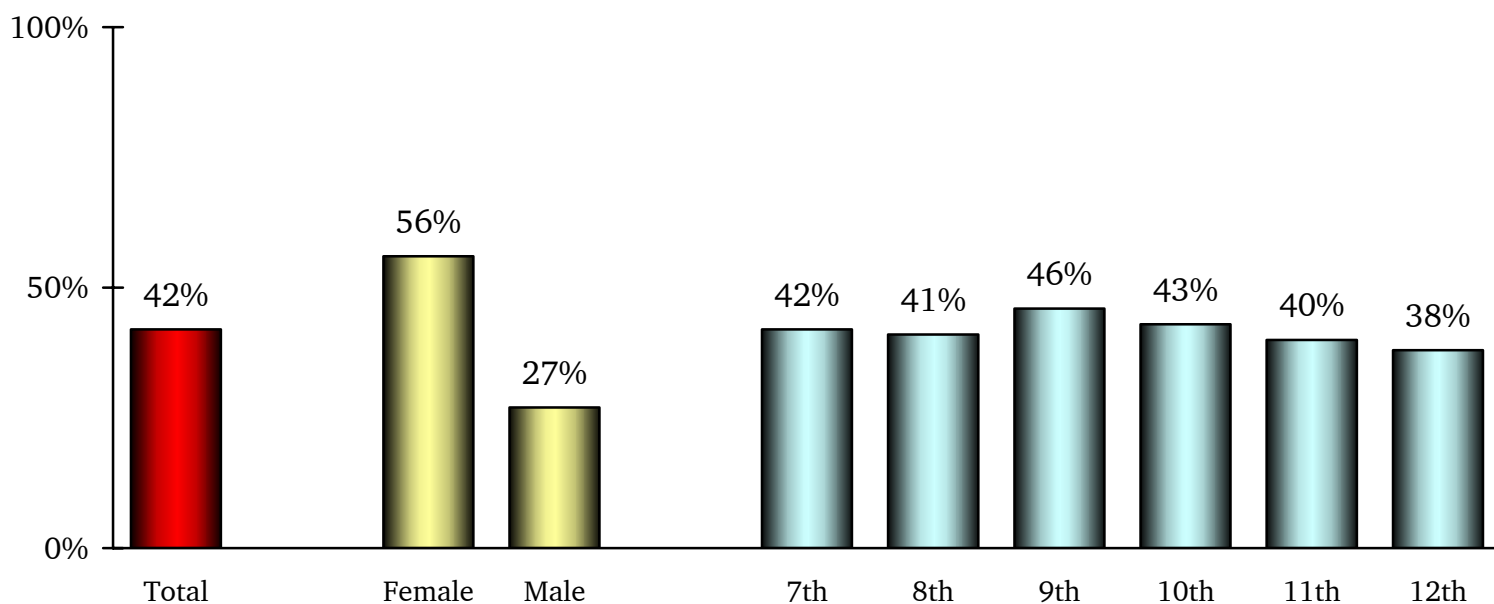


Percentage of students who describe themselves as slightly or very overweight.

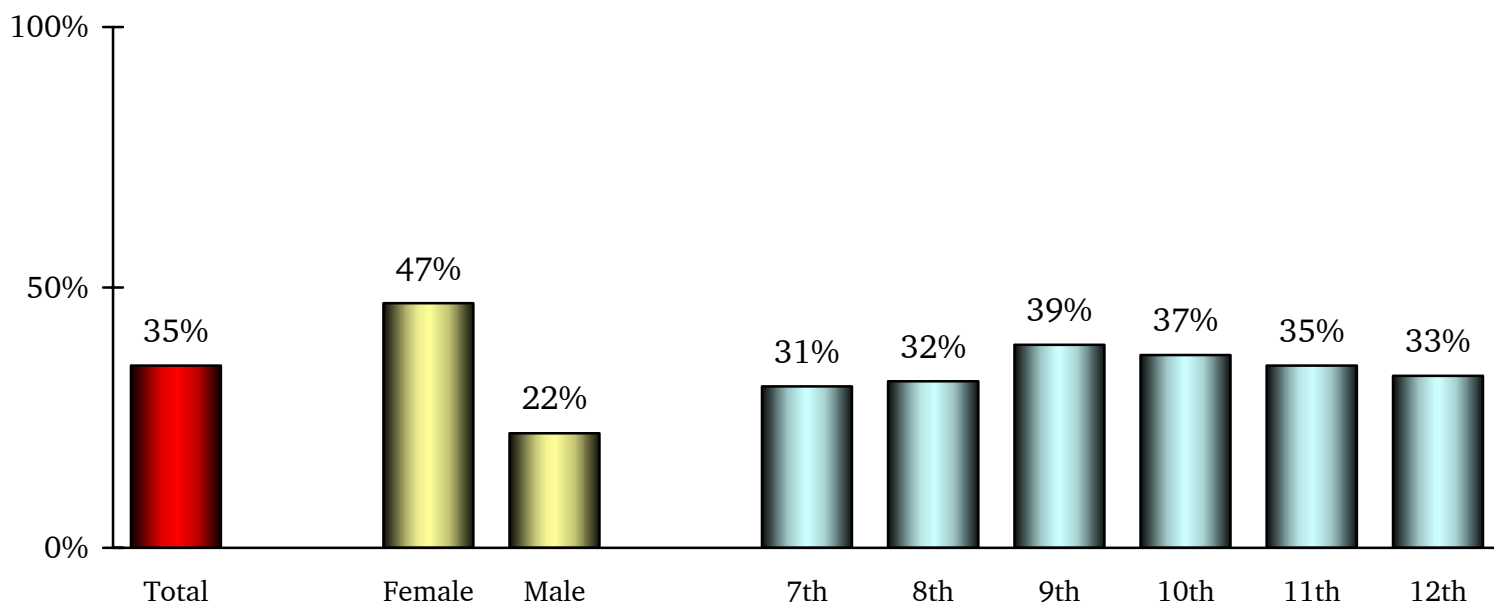


## 2003-2004 Union County Youth Health Survey

Percentage of students who were trying to lose weight.



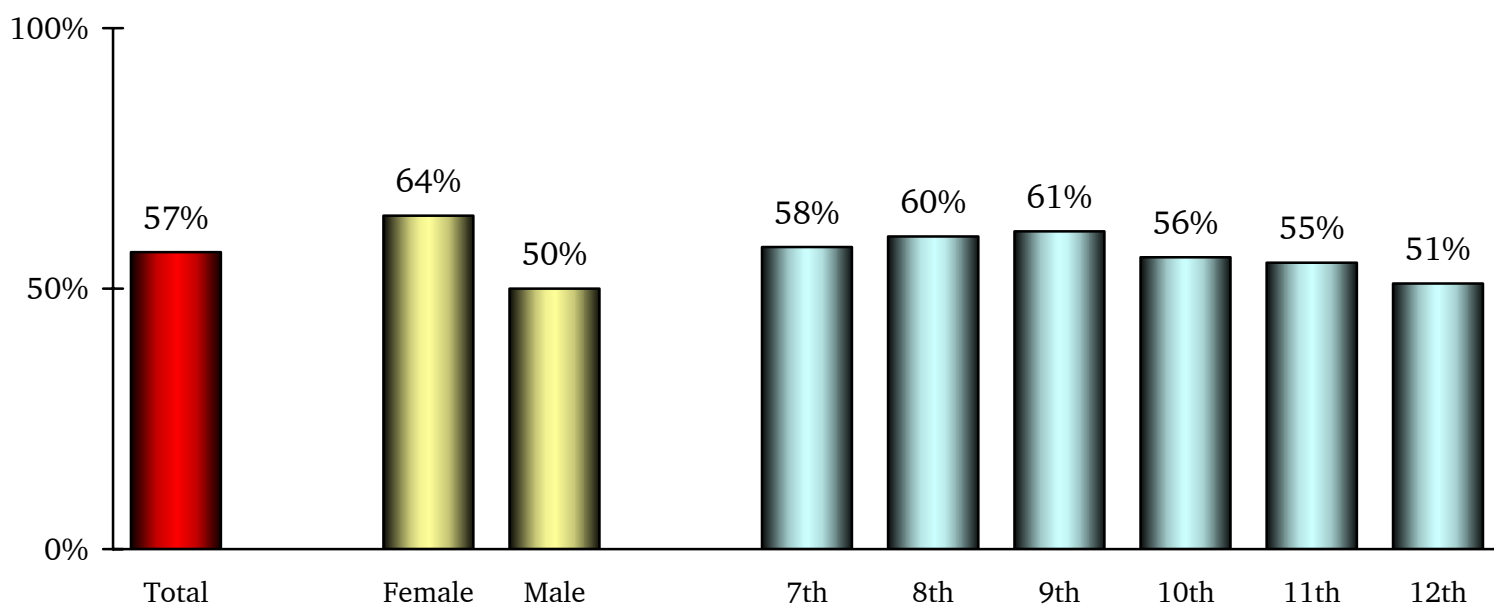
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.



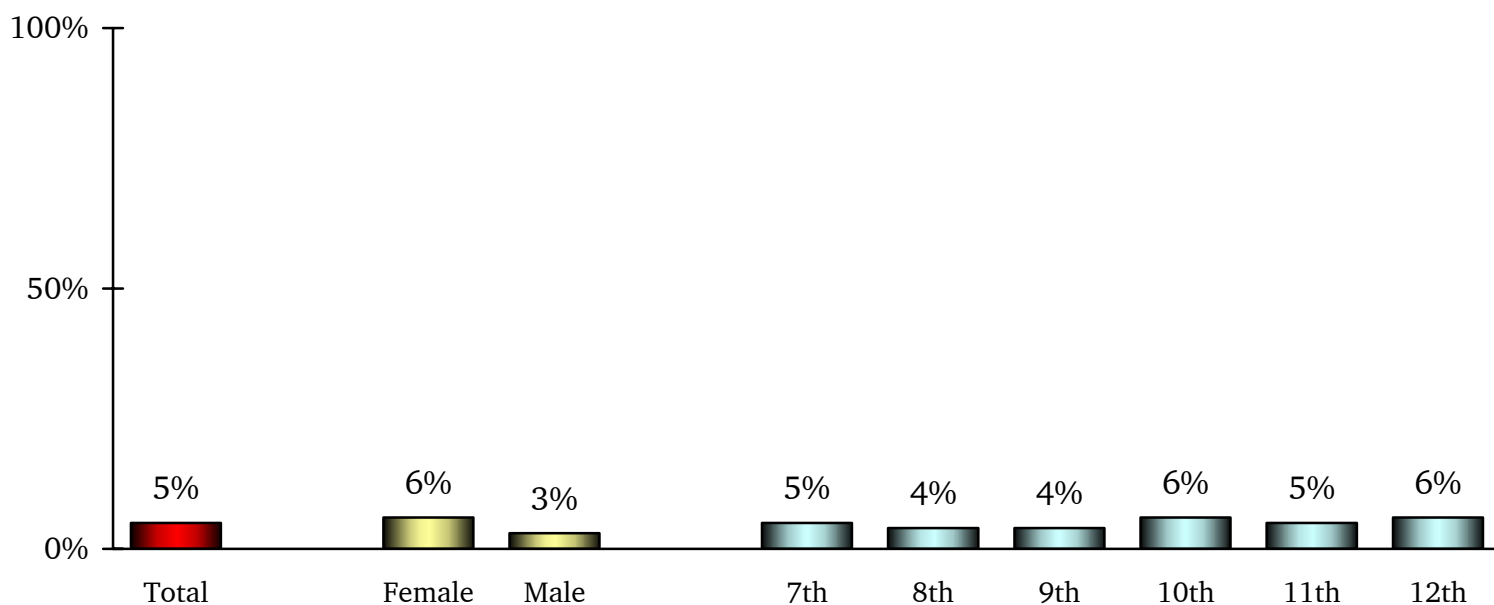


## 2003-2004 Union County Youth Health Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

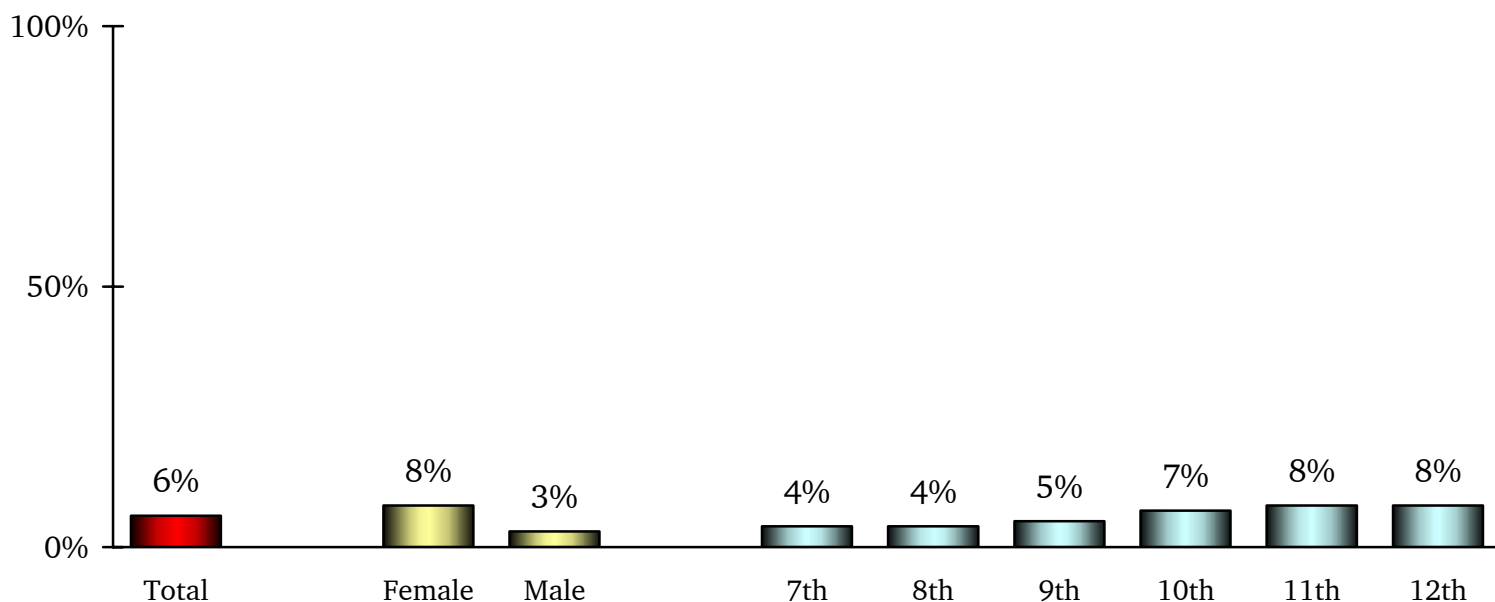


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

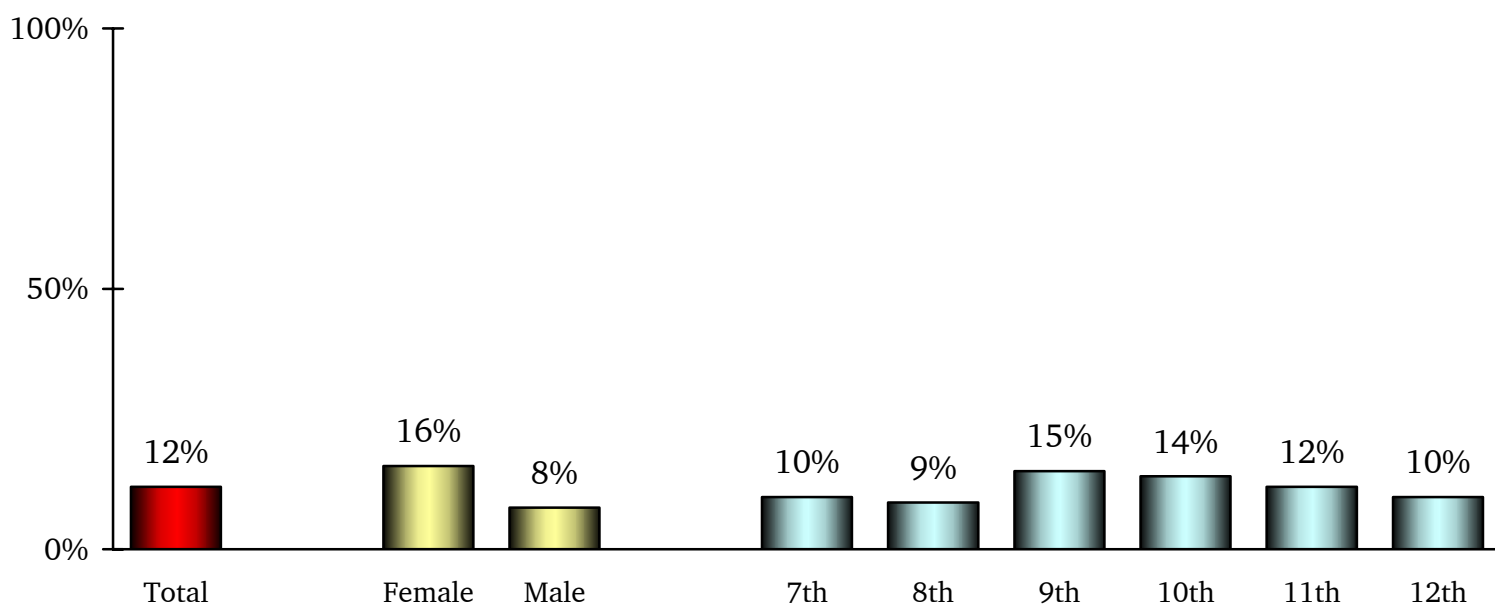


## 2003-2004 Union County Youth Health Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

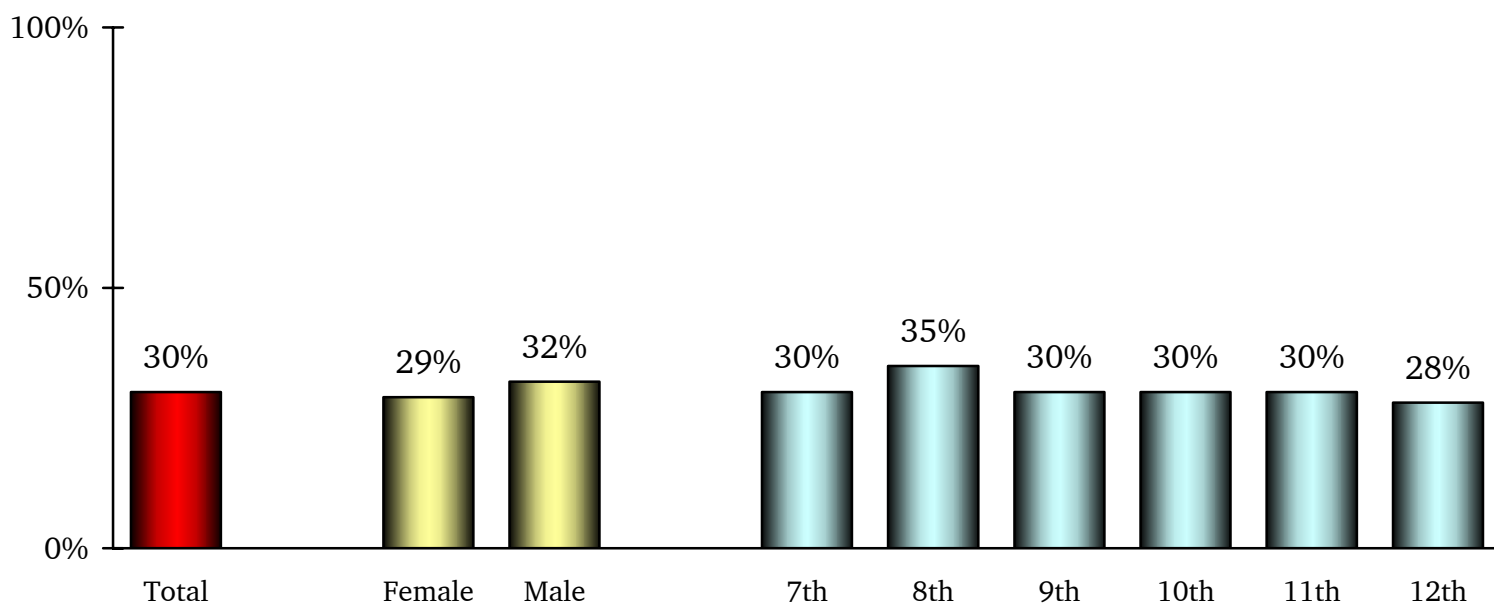


## 2003-2004 Union County Youth Health Survey

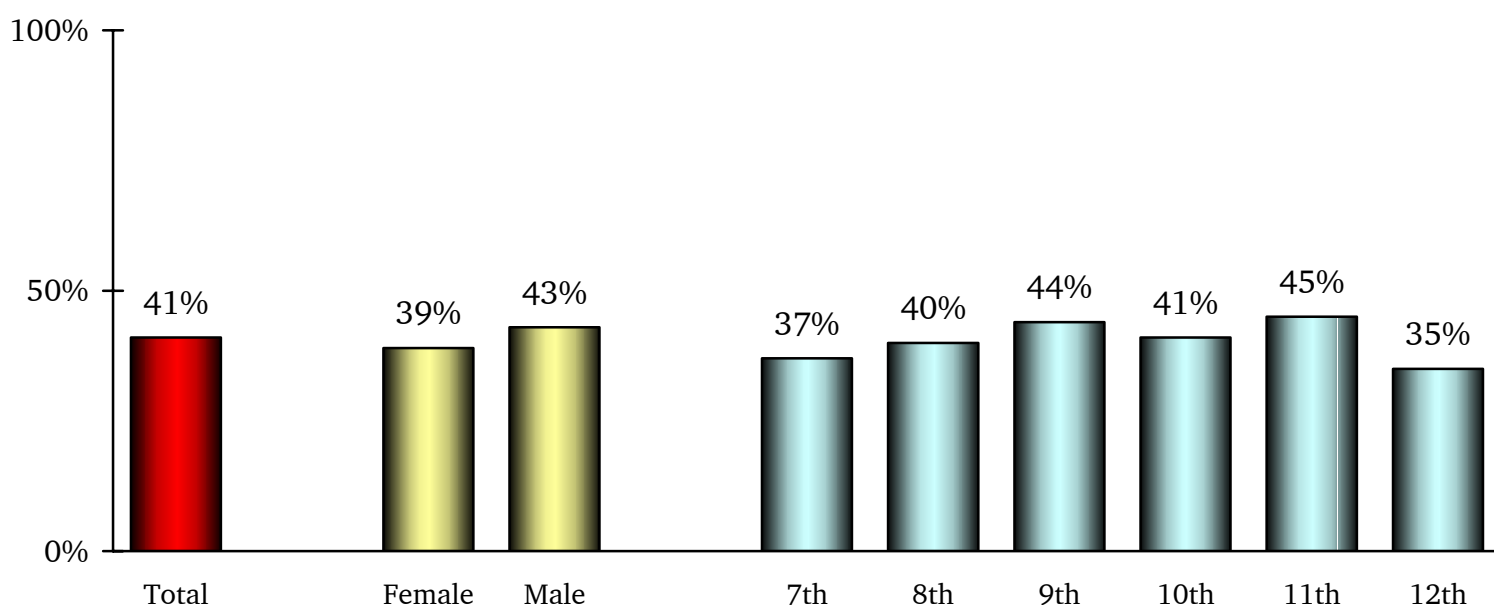
### ■ Nutrition

*These questions measure food choices.*

Percentage of students who ate fruit four or more times during the past 7 days.

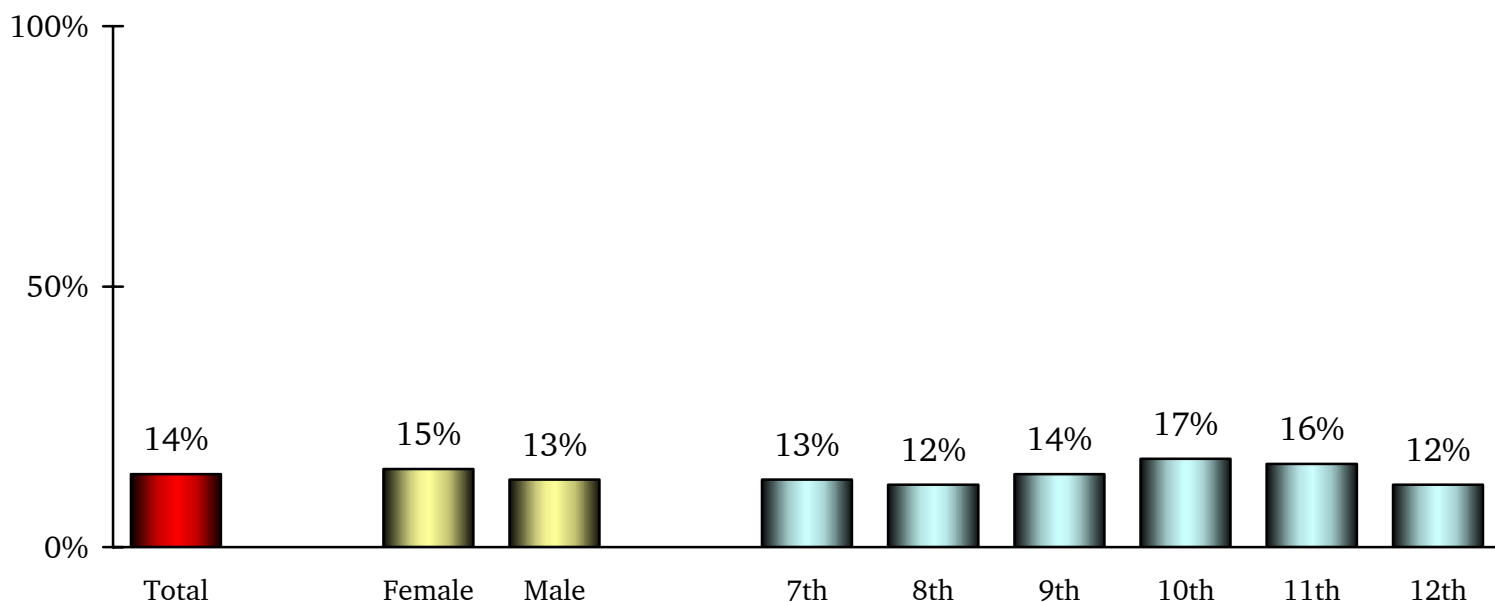


Percentage of students who drank fruit juices four or more times during the past 7 days.

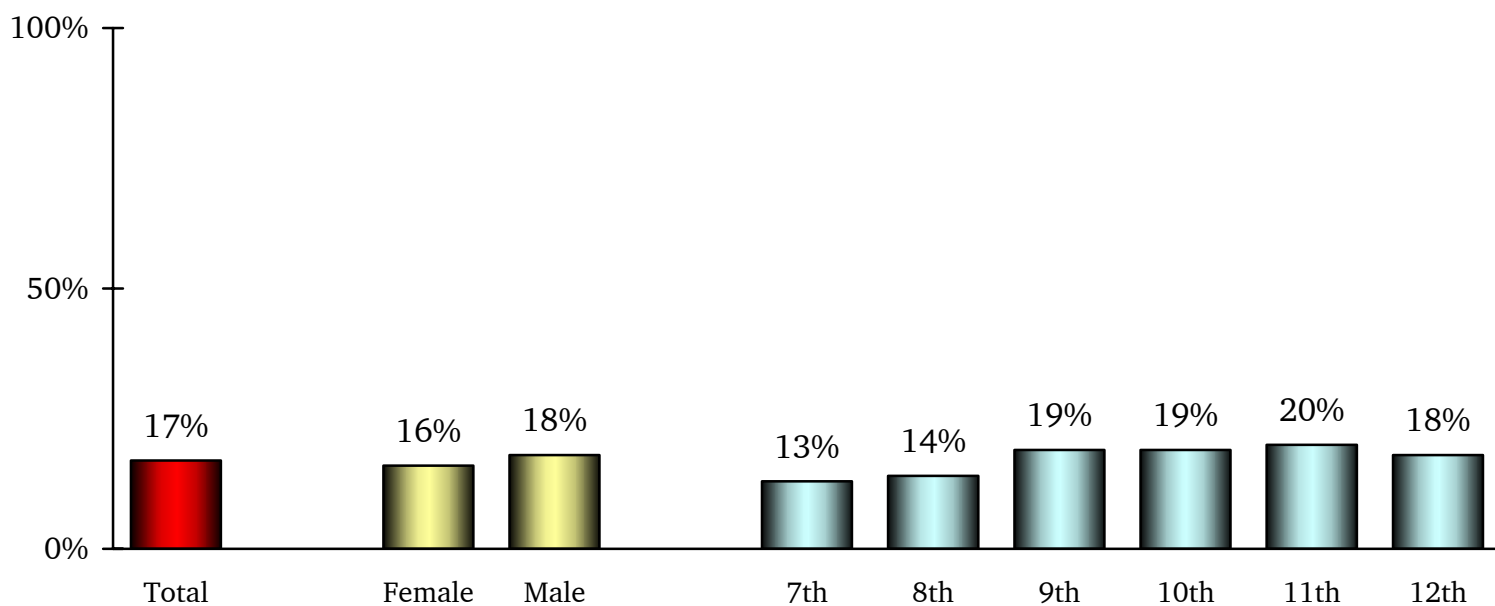


## 2003-2004 Union County Youth Health Survey

Percentage of students who ate green salad four or more times during the past 30 days.

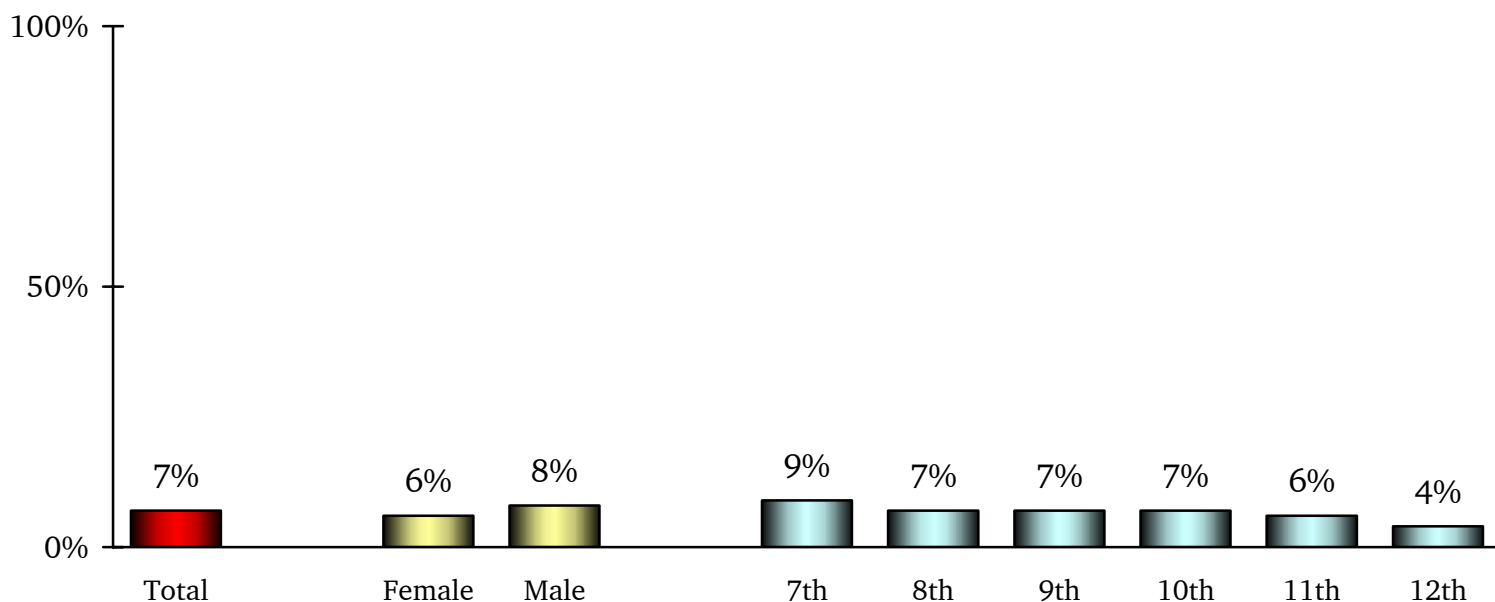


Percentage of students who ate potatoes four or more times during the past 30 days.

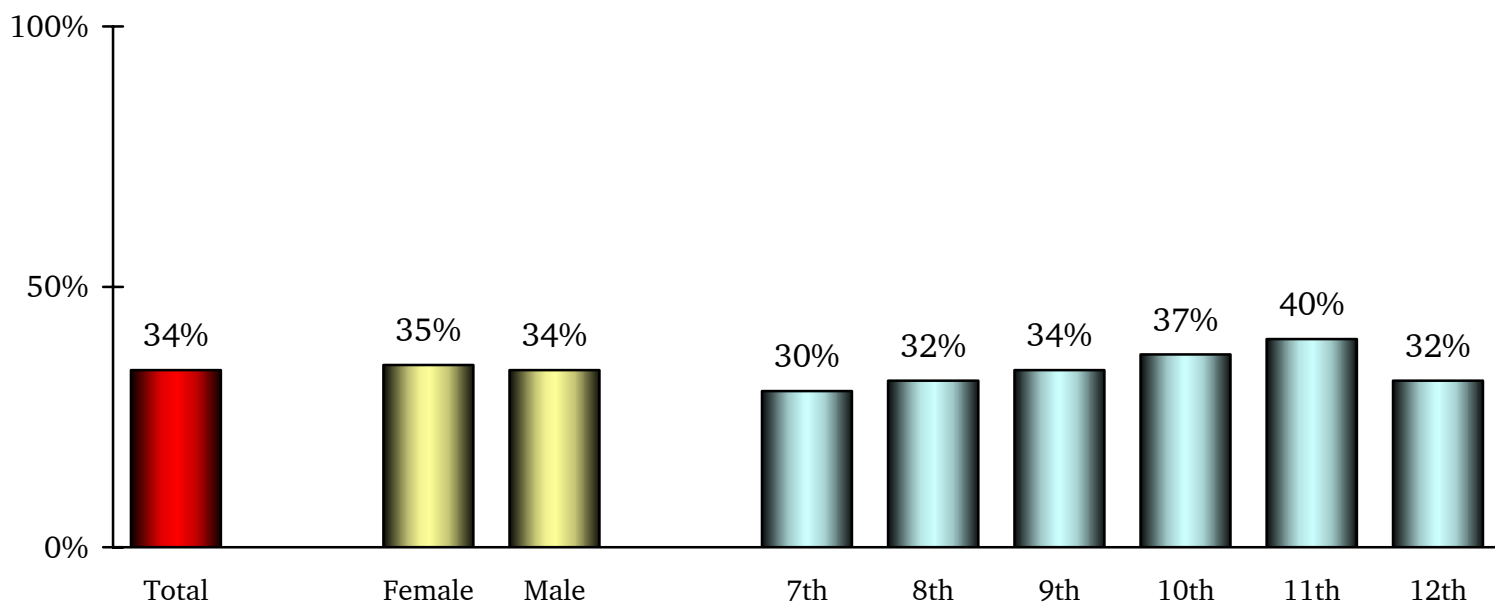


## 2003-2004 Union County Youth Health Survey

Percentage of students who ate carrots four or more times during the past 7 days.

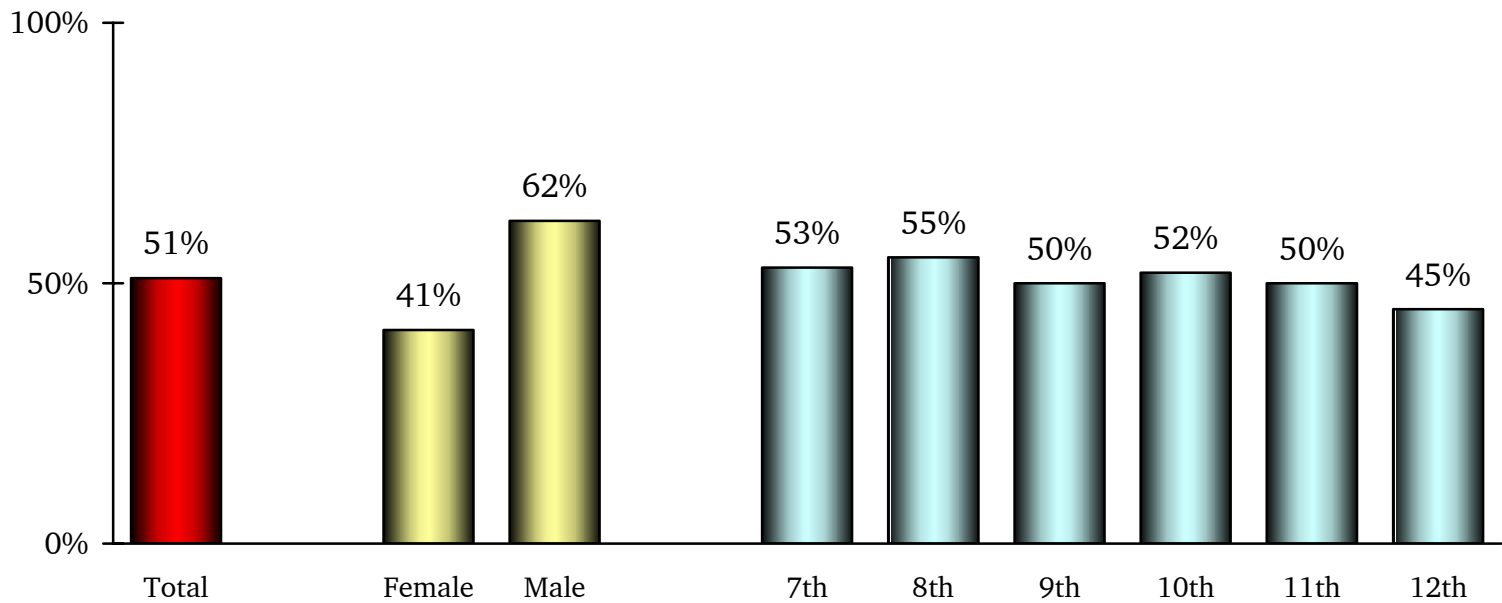


Percentage of students who ate other vegetables four or more times during the past 7 days.



## 2003-2004 Union County Youth Health Survey

Percentage of students who drank milk four or more times during the past 7 days.

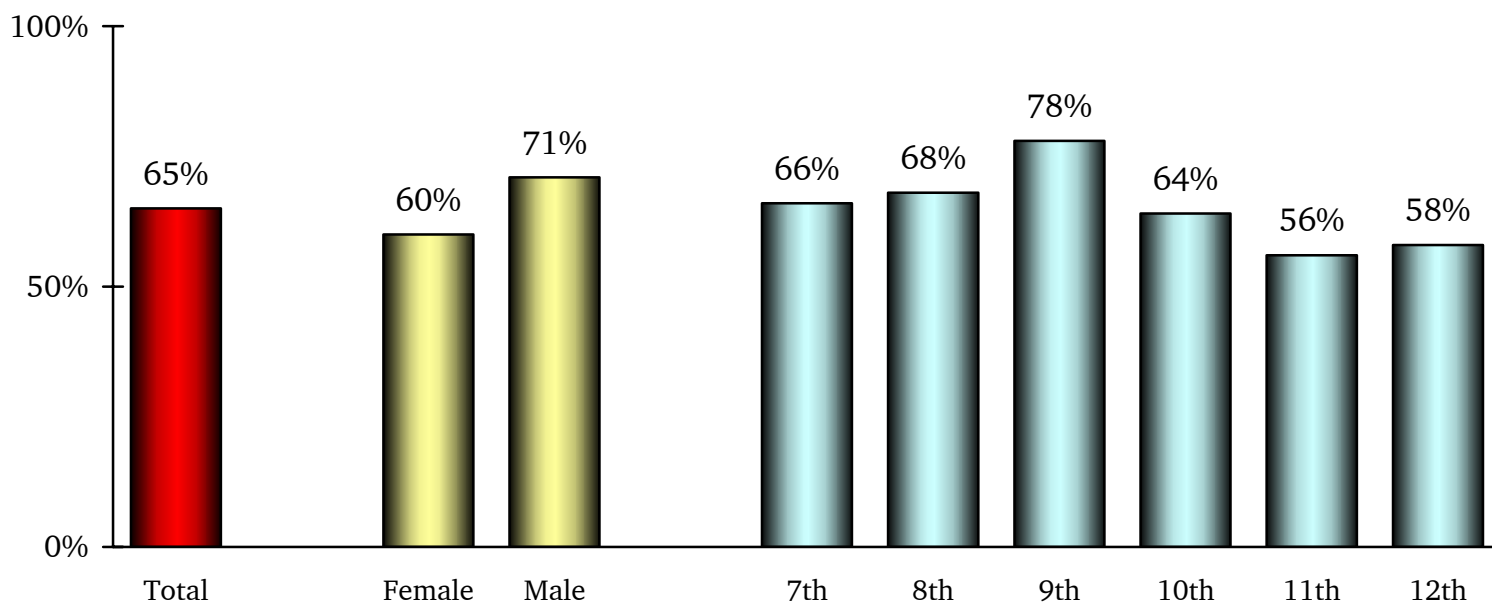


## 2003-2004 Union County Youth Health Survey

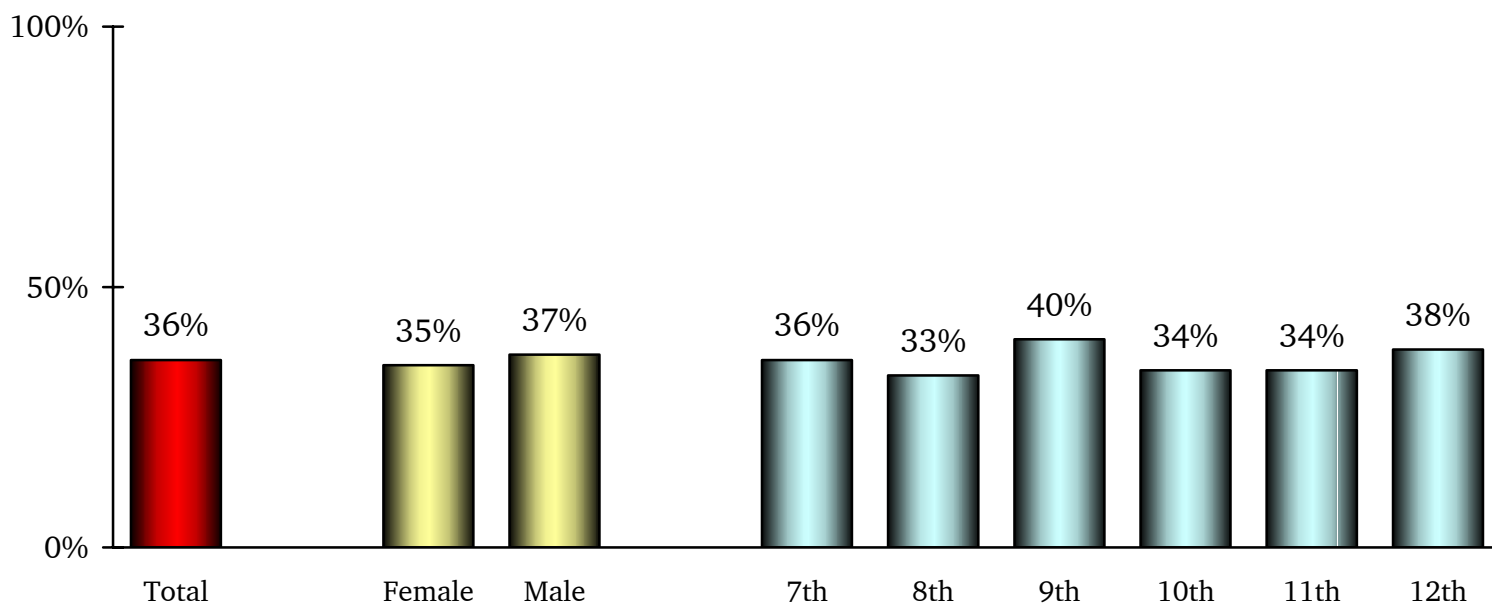
### ■ Physical Activity

*These questions measure students' physical activity, including team sports, physical education class, and sports injuries.*

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

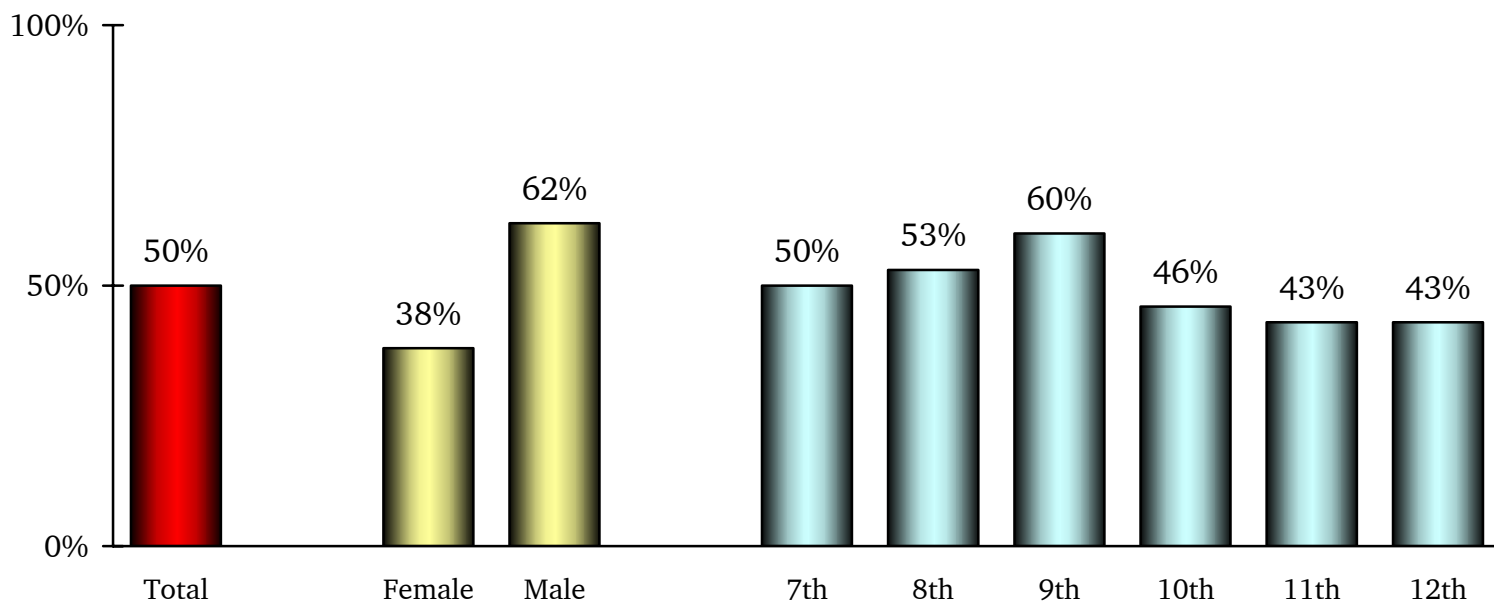


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

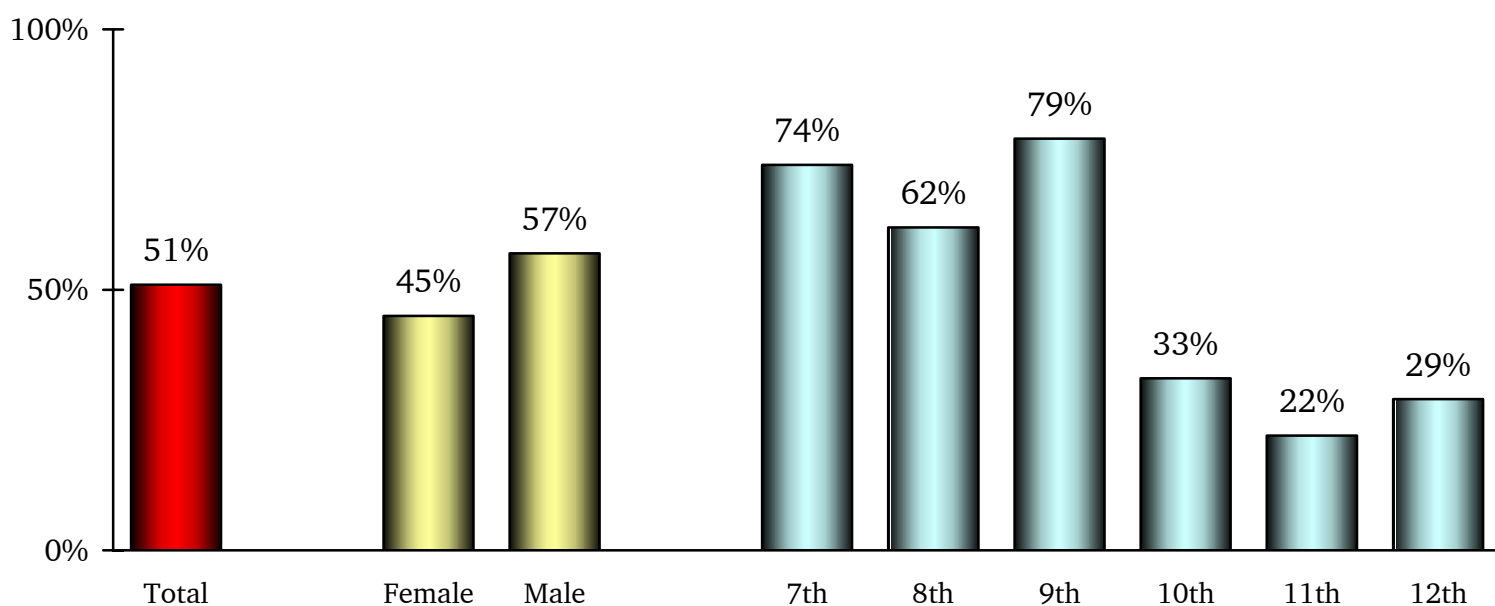


## 2003-2004 Union County Youth Health Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.



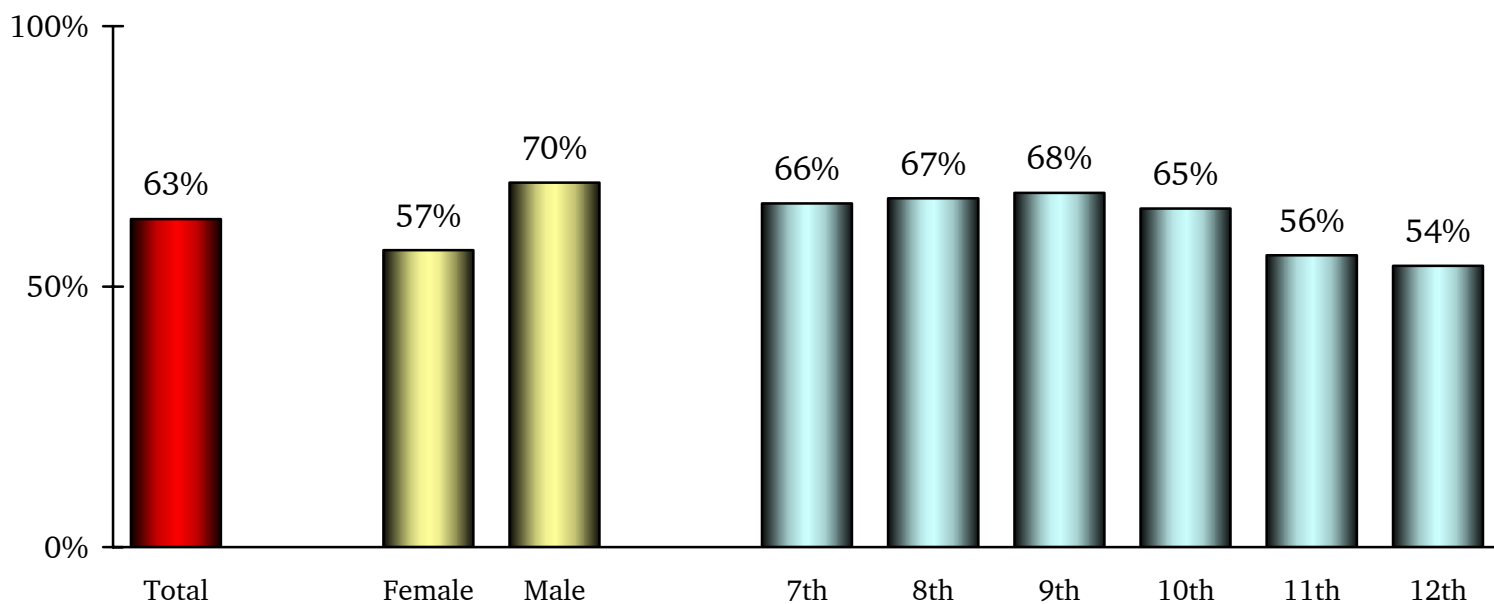
Percentage of students who attended physical education (PE) class one or more days during an average school week.





## 2003-2004 Union County Youth Health Survey

Percentage of students who played on one or more sports teams during the past 12 months.



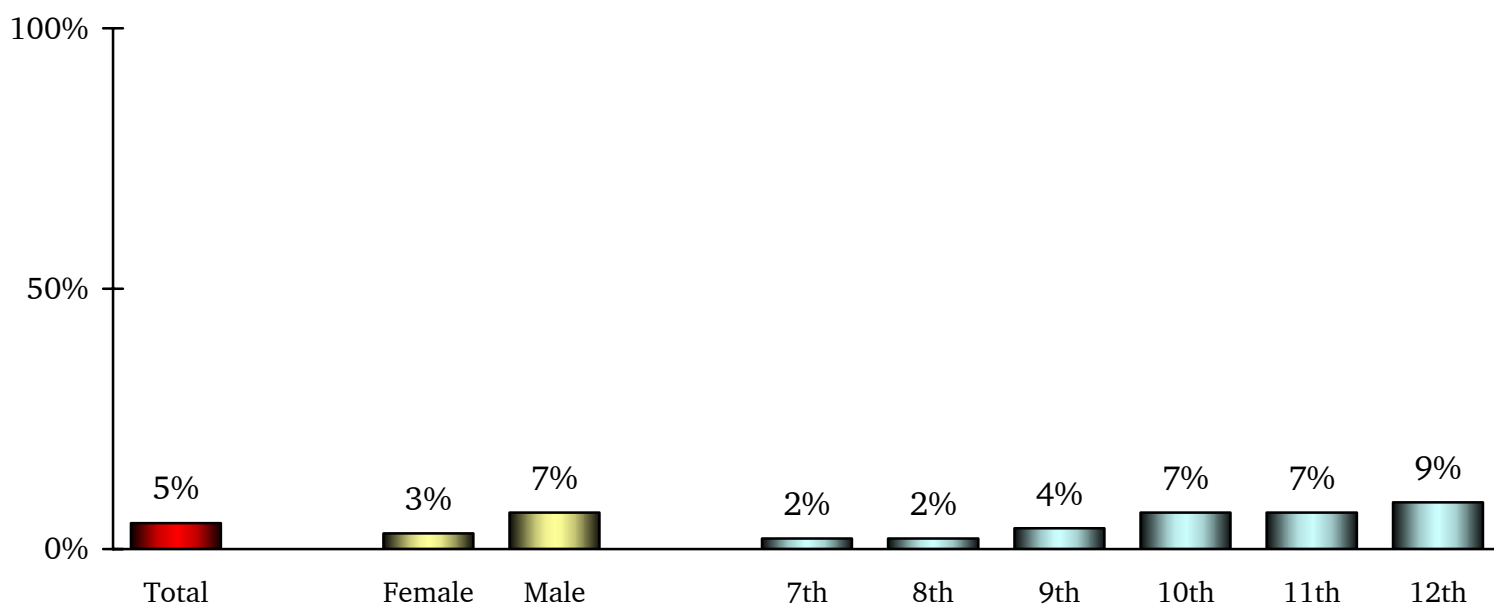
## 2003-2004 Union County Youth Health Survey

### ■ Violence-Related Behaviors at School

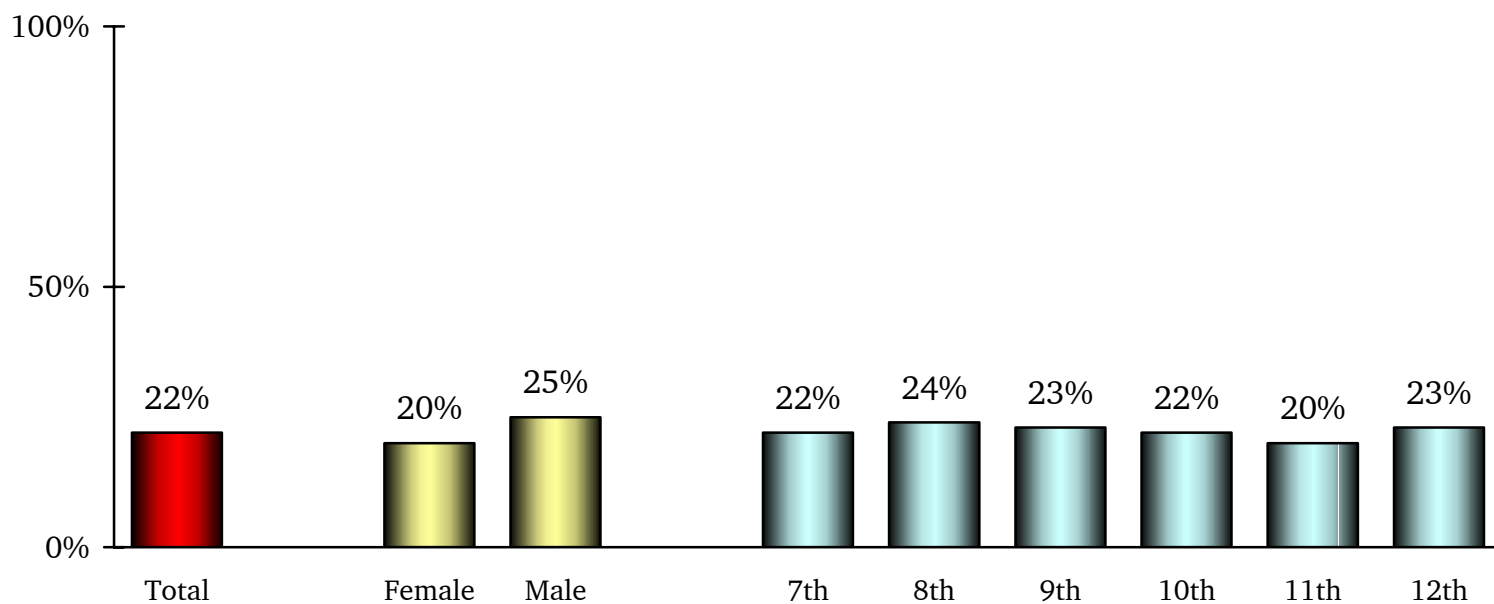
*These questions measure violence related behaviors at school.*

Percentage of students who carried a weapon\* on school property on one or more of the past 30 days.

\*such as a gun, knife, or club.

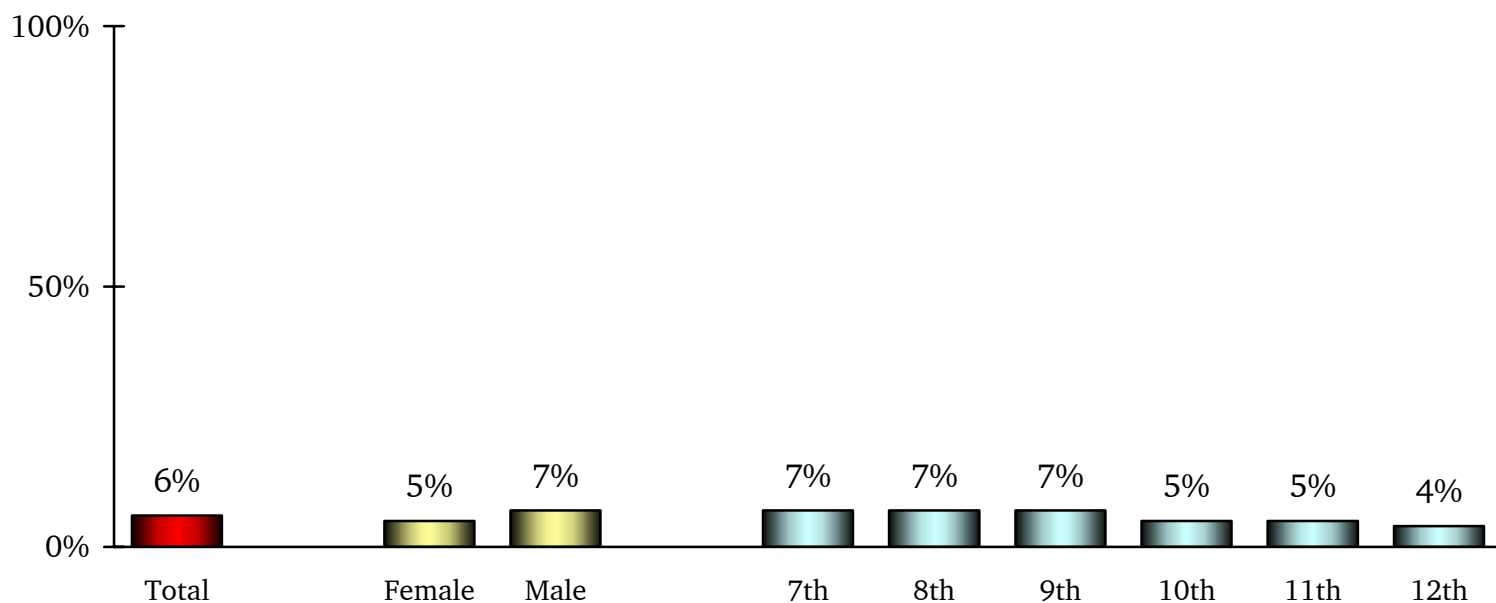


Percentage of students who have had their property stolen or deliberately damaged during the past 12 months?

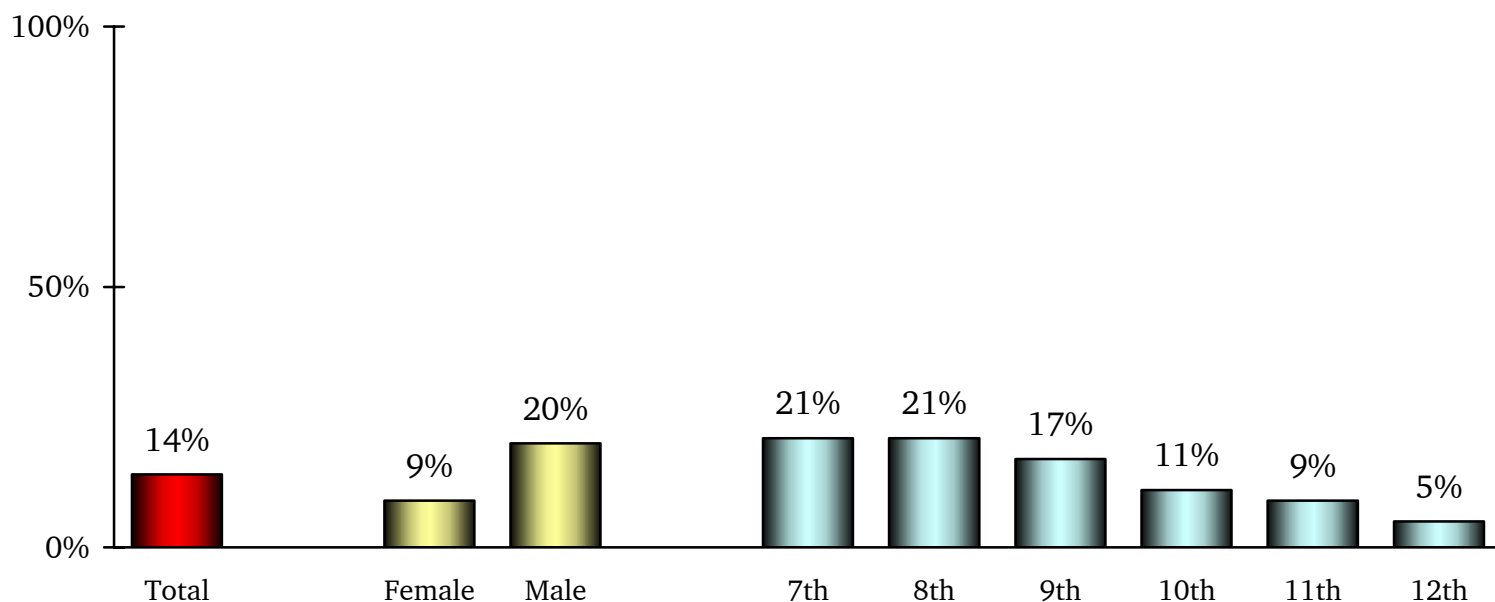


## 2003-2004 Union County Youth Health Survey

Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



Percentage of students who were in a physical fight on school property one or more times during the past 12 months.

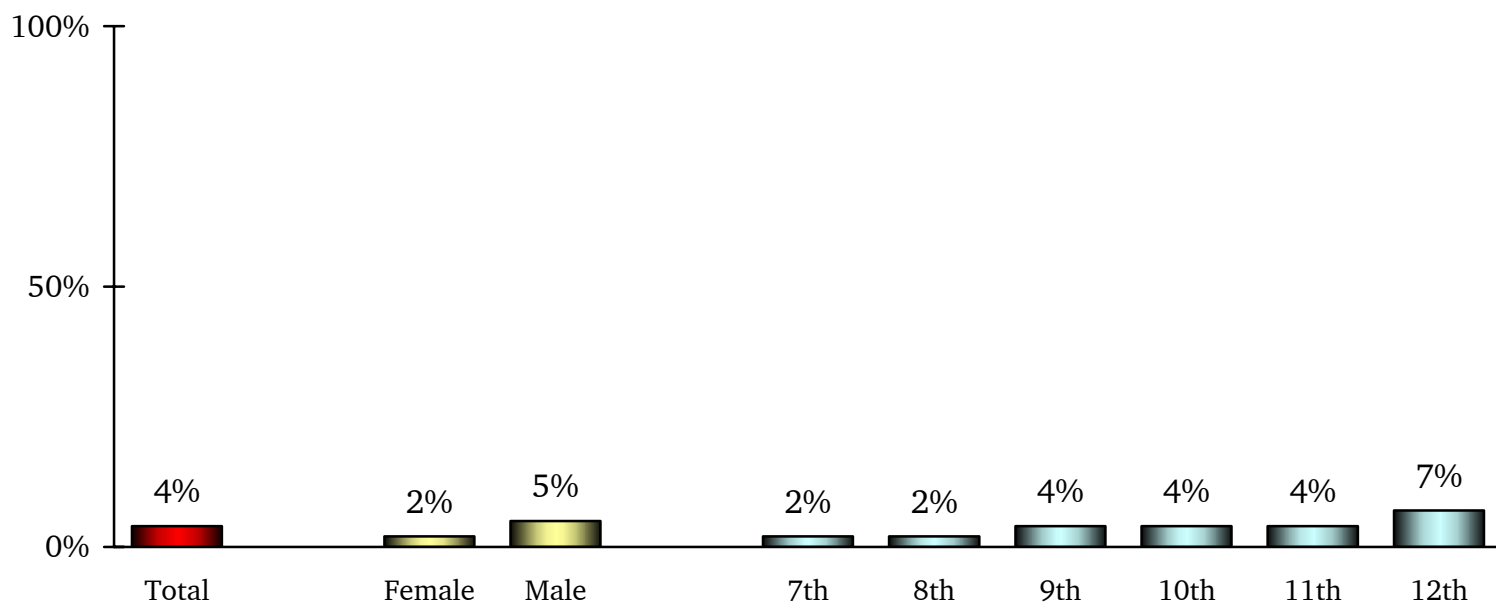


## 2003-2004 Union County Youth Health Survey

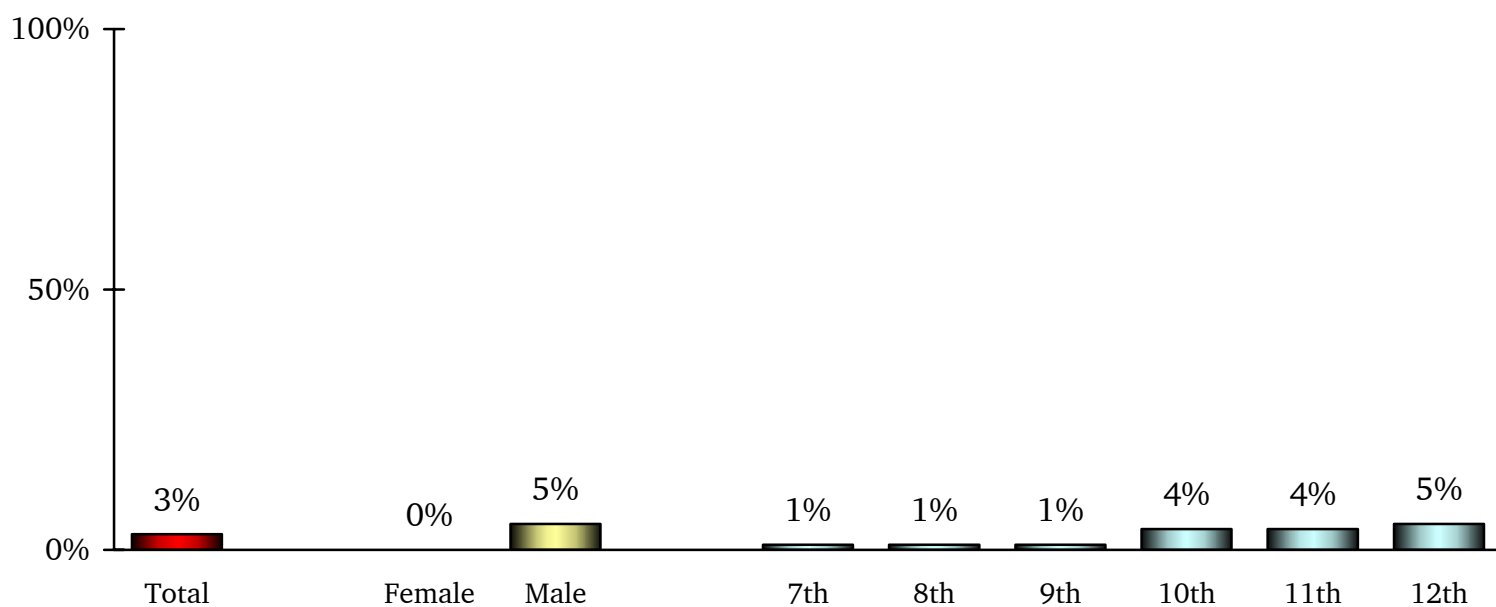
### ■ Tobacco Use at School

*These questions measure tobacco use on school property.*

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days

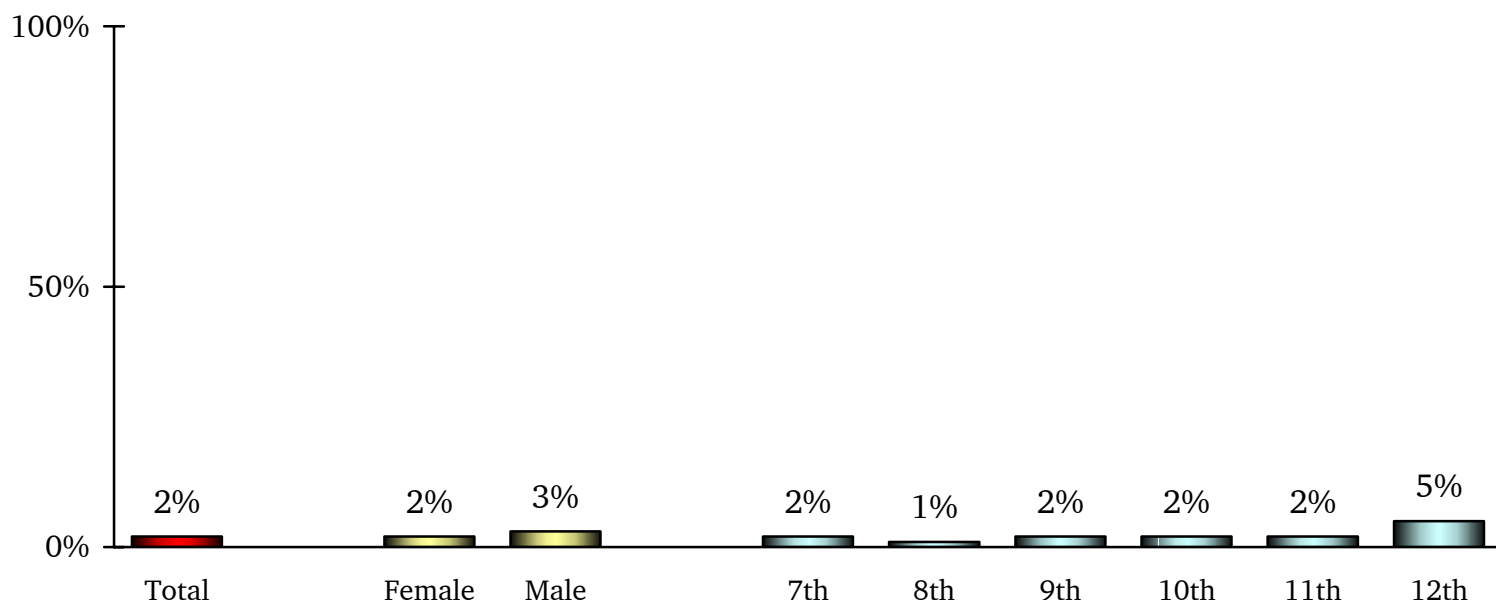


## 2003-2004 Union County Youth Health Survey

### ■ Alcohol Use at School

*This question measures alcohol use on school property.*

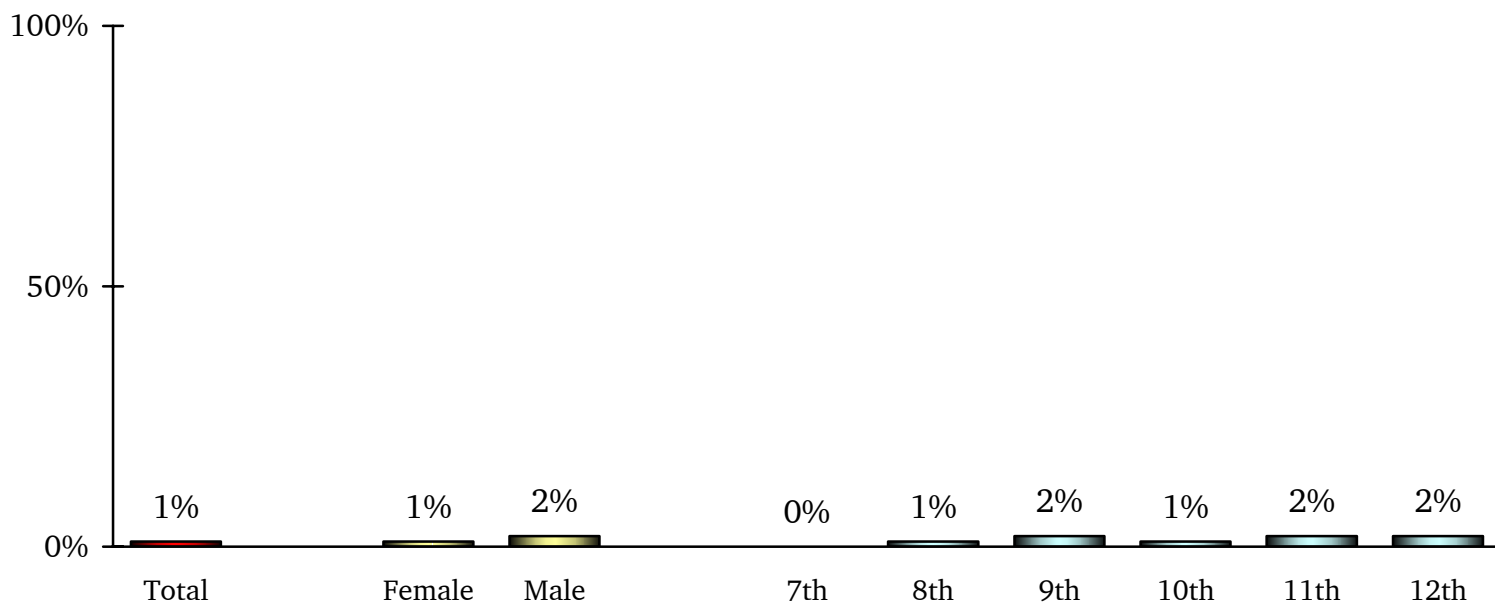
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.



### ■ Drug Use at School

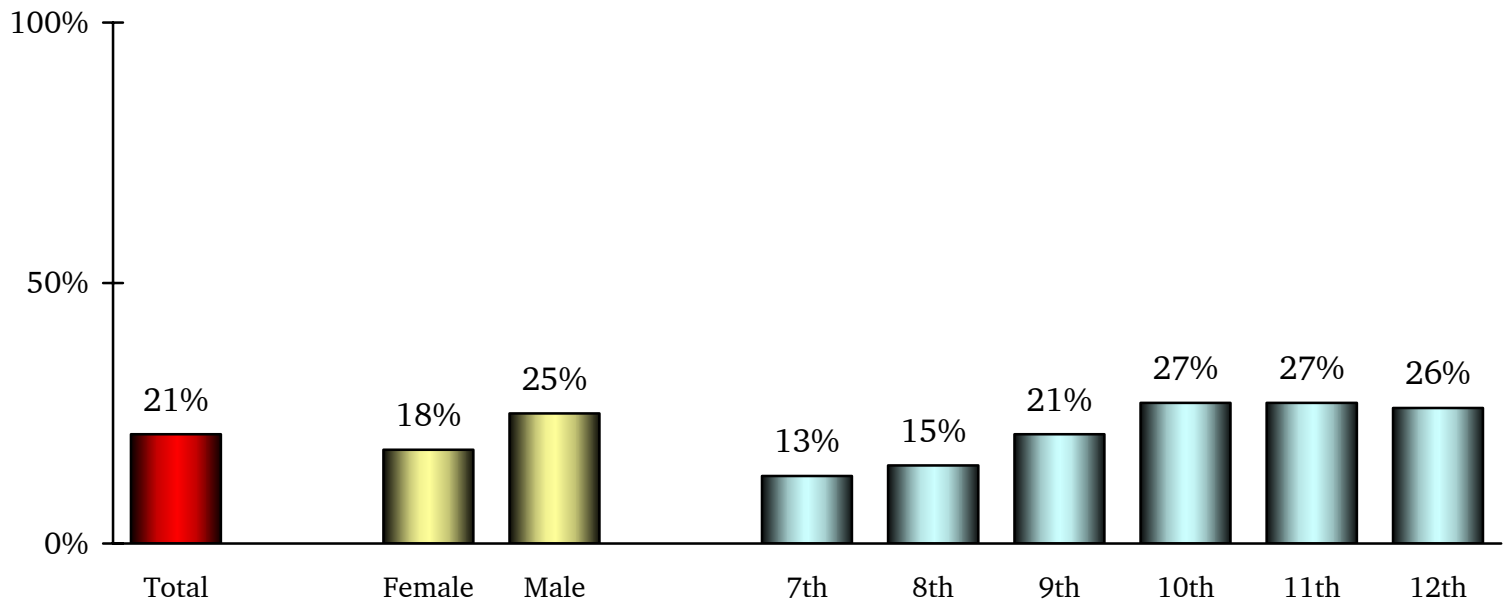
*These questions measure drug use and availability on school property.*

Percentage of students who used marijuana on school property on one or more of the past 30 days.



## 2003-2004 Union County Youth Health Survey

Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



## 2003-2004 Union County Youth Health Survey

### 2003-2004 Union County Youth Health Survey Questionnaire

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	357	12
13	496	17
14	510	18
15	534	18
16	487	17
17	428	15
18 OR OLDER	78	3

Frequency Missing = 4

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	1467	51
MALE	1418	49

Frequency Missing = 9

## 2003-2004 Union County Youth Health Survey

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	490	17
8TH	485	17
9TH	522	18
10TH	495	17
11TH	457	16
12TH	416	15

Frequency Missing = 29

7. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	749	26
MOSTLY B's	834	29
MOSTLY C's	650	23
MOSTLY D's	148	5
MOSTLY F's	67	2
NONE OF THE ABOVE	15	1
NOT SURE	411	14

Frequency Missing = 20



## 2003-2004 Union County Youth Health Survey

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	1028	36
NEVER WORE	1704	59
RARELY WORE	47	2
SOMETIMES WORE	47	2
WORE MOST OF THE TIME	30	1
ALWAYS WORE	26	1

Frequency Missing = 12

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	195	7
RARELY	377	13
SOMETIMES	727	25
MOST OF THE TIME	819	28
ALWAYS	765	27

Frequency Missing = 11

## 2003-2004 Union County Youth Health Survey

10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	1991	69
1 TIME	257	9
2-3 TIMES	341	12
4-5 TIMES	84	3
6+ TIMES	208	7

Frequency Missing = 13

11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	2573	91
1 TIME	120	4
2-3 TIMES	84	3
4-5 TIMES	19	1
6+ TIMES	34	1

Frequency Missing = 64

## 2003-2004 Union County Youth Health Survey

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
	Number of Students	Percent of Total
0 TIMES	2172	77
1 TIME	101	4
2-3 TIMES	153	5
4-5 TIMES	61	2
6+ TIMES	333	12

Frequency Missing = 74

13. During the past 30 days, on how many days did you carry a gun?		
	Number of Students	Percent of Total
0 TIMES	2613	92
1 TIME	79	3
2-3 TIMES	73	3
4-5 TIMES	28	1
6+ TIMES	55	2

Frequency Missing = 46

## 2003-2004 Union County Youth Health Survey

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
	Number of Students	Percent of Total
0 TIMES	2727	95
1 TIME	39	1
2-3 TIMES	39	1
4-5 TIMES	11	0
6+ TIMES	52	2

Frequency Missing = 26

15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
	Number of Students	Percent of Total
0 TIMES	2758	96
1 TIME	62	2
2-3 TIMES	27	1
4-5 TIMES	15	1
6+ TIMES	17	1

Frequency Missing = 15

## 2003-2004 Union County Youth Health Survey

16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?		
	Number of Students	Percent of Total
0 TIMES	2713	94
1 TIME	93	3
2-3 TIMES	44	2
4-5 TIMES	12	0
6-7 TIMES	7	0
8-9 TIMES	2	0
10-11 TIMES	1	0
12+ TIMES	19	1

Frequency Missing = 3

## 2003-2004 Union County Youth Health Survey

17. During the past 12 months, how many times has someone stolen or deliberately damaged your property?

	Number of Students	Percent of Total
0 TIMES	2242	78
1 TIME	334	12
2-3 TIMES	209	7
4-5 TIMES	56	2
6-7 TIMES	19	1
8-9 TIMES	3	0
10-11 TIMES	2	0
12+ TIMES	24	1

Frequency Missing = 5

18. During the past 12 months, how many times were you in a physical fight?

	Number of Students	Percent of Total
0 TIMES	1848	66
1 TIME	430	15
2-3 TIMES	296	11
4-5 TIMES	99	4
6-7 TIMES	43	2
8-9 TIMES	18	1
10-11 TIMES	11	0
12+ TIMES	65	2

Frequency Missing = 84

## 2003-2004 Union County Youth Health Survey

19. During the past 12 months,  
how many times were you in a  
physical fight in  
which you were injured  
and had to be treated by a doctor  
or nurse?

	Number of Students	Percent of Total
0 TIMES	2742	97
1 TIME	63	2
2-3 TIMES	13	0
4-5 TIMES	2	0
6+ TIMES	7	0

Frequency Missing = 67

20. During the past 12 months,  
how many times were you in a physical  
fight on school property?

	Number of Students	Percent of Total
0 TIMES	2473	86
1 TIME	272	9
2-3 TIMES	95	3
4-5 TIMES	25	1
6-7 TIMES	8	0
8-9 TIMES	4	0
10-11 TIMES	3	0
12+ TIMES	9	0

Frequency Missing = 5

## 2003-2004 Union County Youth Health Survey

21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

	Number of Students	Percent of Total
YES	258	9
NO	2610	91

Frequency Missing = 26

22. Have you ever been forced to have sexual intercourse when you did not want to?

	Number of Students	Percent of Total
YES	259	9
NO	2622	91

Frequency Missing = 13

23. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Number of Students	Percent of Total
YES	824	29
NO	2062	71

Frequency Missing = 8



## 2003-2004 Union County Youth Health Survey

24. During the past 12 months, did you ever seriously consider attempting suicide?		
	Number of Students	Percent of Total
YES	422	15
NO	2306	85

Frequency Missing = 166

25. During the past 12 months, did you make a plan about how you would attempt suicide?		
	Number of Students	Percent of Total
YES	330	11
NO	2553	89

Frequency Missing = 11

26. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	2196	94
1 TIME	80	3
2-3 TIMES	46	2
4-5 TIMES	12	1
6+ TIMES	9	0

Frequency Missing = 551

## 2003-2004 Union County Youth Health Survey

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	2192	92
YES	65	3
NO	133	6

Frequency Missing = 504

28. Have you ever tried cigarette smoking, even one or two puffs?

	Number of Students	Percent of Total
YES	1592	57
NO	1224	43

Frequency Missing = 78

## 2003-2004 Union County Youth Health Survey

29. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	1657	60
8 OR YOUNGER	133	5
AGE 9-10	200	7
AGE 11-12	309	11
AGE 13-14	319	12
AGE 15-16	133	5
17 OR OLDER	18	1

Frequency Missing = 125

30. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	2190	81
1-2 DAYS	125	5
3-5 DAYS	60	2
6-9 DAYS	40	1
10-19 DAYS	54	2
20-29 DAYS	57	2
ALL 30 DAYS	187	7

Frequency Missing = 181

## 2003-2004 Union County Youth Health Survey

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	2215	81
LT 1 PER DAY	88	3
1/DAY	90	3
2-5/DAY	209	8
6-10/DAY	76	3
11-20/DAY	50	2
21+ /DAY	18	1

Frequency Missing = 148

32. During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IN THE PAST MONTH	2212	81
STORE BOUGHT	71	3
MACHINE BOUGHT	3	0
SOMEONE ELSE BOUGHT	161	6
BORROWED THEM	118	4
PERSON 18 OR OLDER GAVE THEM	52	2
TOOK FROM A STORE OR FAMILY MEMBER	55	2
SOME OTHER WAY	69	3

Frequency Missing = 153

## 2003-2004 Union County Youth Health Survey

33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
	Number of Students	Percent of Total
0 DAYS	2730	96
1-2 DAYS	50	2
3-5 DAYS	21	1
6-9 DAYS	15	1
10-19 DAYS	8	0
20-29 DAYS	8	0
ALL 30 DAYS	6	0

Frequency Missing = 56

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?		
	Number of Students	Percent of Total
YES	368	13
NO	2452	87

Frequency Missing = 74

## 2003-2004 Union County Youth Health Survey

35. Have you ever tried to quit smoking cigarettes?		
	Number of Students	Percent of Total
N/A	2004	74
YES	436	16
NO	280	10

Frequency Missing = 174

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	2624	93
1-2 DAYS	63	2
3-5 DAYS	35	1
6-9 DAYS	25	1
10-19 DAYS	19	1
20-29 DAYS	12	0
ALL 30 DAYS	44	2

Frequency Missing = 72

## 2003-2004 Union County Youth Health Survey

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Number of Students	Percent of Total
0 DAYS	2793	97
1-2 DAYS	26	1
3-5 DAYS	12	0
6-9 DAYS	8	0
10-19 DAYS	6	0
20-29 DAYS	5	0
ALL 30 DAYS	15	1

Frequency Missing = 29

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	2528	88
1-2 DAYS	161	6
3-5 DAYS	55	2
6-9 DAYS	36	1
10-19 DAYS	45	2
20-29 DAYS	18	1
ALL 30 DAYS	36	1

Frequency Missing = 15

## 2003-2004 Union County Youth Health Survey

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	941	38
1-2 DAYS	423	17
3-9 DAYS	354	14
10-19 DAYS	194	8
20-39 DAYS	206	8
40-99 DAYS	166	7
100+ DAYS	221	9

Frequency Missing = 389

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	931	37
8 OR YOUNGER	269	11
AGE 9-10	190	8
AGE 11-12	342	14
AGE 13-14	485	19
AGE 15-16	286	11
17 OR OLDER	23	1

Frequency Missing = 368



## 2003-2004 Union County Youth Health Survey

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	1837	68
1-2 DAYS	422	16
3-5 DAYS	184	7
6-9 DAYS	136	5
10-19 DAYS	95	4
20-29 DAYS	19	1
ALL 30 DAYS	9	0

Frequency Missing = 192

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
	Number of Students	Percent of Total
0 DAYS	2278	81
1 DAY	184	7
2 DAYS	122	4
3-5 DAYS	114	4
6-9 DAYS	64	2
10-19 DAYS	33	1
20+ DAYS	10	0

Frequency Missing = 89

## 2003-2004 Union County Youth Health Survey

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
	Number of Students	Percent of Total
0 DAYS	2785	98
1-2 DAYS	43	2
3-5 DAYS	13	0
6-9 DAYS	4	0
10-19 DAYS	5	0

Frequency Missing = 44

44. During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	2000	71
1-2 TIMES	236	8
3-9 TIMES	163	6
10-19 TIMES	80	3
20-39 TIMES	84	3
40-99 TIMES	91	3
100+ TIMES	160	6

Frequency Missing = 80

## 2003-2004 Union County Youth Health Survey

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	1998	71
8 OR YOUNGER	35	1
AGE 9-10	67	2
AGE 11-12	188	7
AGE 13-14	318	11
AGE 15-16	187	7
17 OR OLDER	28	1

Frequency Missing = 73

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	2460	86
1-2 TIMES	156	5
3-9 TIMES	82	3
10-19 TIMES	57	2
20-39 TIMES	32	1
40+ TIMES	62	2

Frequency Missing = 45

## 2003-2004 Union County Youth Health Survey

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	2832	99
1-2 TIMES	19	1
3-9 TIMES	6	0
10-19 TIMES	6	0
20-39 TIMES	3	0
40+ TIMES	1	0

Frequency Missing = 27

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
	Number of Students	Percent of Total
0 TIMES	2738	97
1-2 TIMES	43	2
3-9 TIMES	27	1
10-19 TIMES	7	0
20-39 TIMES	10	0
40+ TIMES	12	0

Frequency Missing = 57

## 2003-2004 Union County Youth Health Survey

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?		
	Number of Students	Percent of Total
0 TIMES	2829	99
1-2 TIMES	24	1
3-9 TIMES	6	0
10-19 TIMES	8	0
20-39 TIMES	3	0
40+ TIMES	1	0

Frequency Missing = 23

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?		
	Number of Students	Percent of Total
0 TIMES	2462	87
1-2 TIMES	211	7
3-9 TIMES	83	3
10-19 TIMES	43	2
20-39 TIMES	21	1
40+ TIMES	25	1

Frequency Missing = 49

## 2003-2004 Union County Youth Health Survey

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	2726	96
1-2 TIMES	74	3
3-9 TIMES	28	1
10-19 TIMES	12	0
20-39 TIMES	3	0
40+ TIMES	10	0

Frequency Missing = 41

52. During your life, how many times have you used heroin (also called smack, junk or china white)?

	Number of Students	Percent of Total
0 TIMES	2822	99
1-2 TIMES	21	1
3-9 TIMES	8	0
10-19 TIMES	6	0
20-39 TIMES	3	0

Frequency Missing = 34

## 2003-2004 Union County Youth Health Survey

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Number of Students	Percent of Total
0 TIMES	2711	95
1-2 TIMES	72	3
3-9 TIMES	23	1
10-19 TIMES	24	1
20-39 TIMES	8	0
40+ TIMES	20	1

Frequency Missing = 36

54. During your life, how many times have you used ecstasy?

	Number of Students	Percent of Total
0 TIMES	2735	96
1-2 TIMES	70	2
3-9 TIMES	27	1
10-19 TIMES	13	0
20-39 TIMES	4	0
40+ TIMES	4	0

Frequency Missing = 41

## 2003-2004 Union County Youth Health Survey

55. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	2762	96
1-2 TIMES	52	2
3-9 TIMES	26	1
10-19 TIMES	15	1
20-39 TIMES	10	0
40+ TIMES	13	0

Frequency Missing = 16

56. During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	2839	99
1 TIME	17	1
2+ TIMES	19	1

Frequency Missing = 19



## 2003-2004 Union County Youth Health Survey

57. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?		
	Number of Students	Percent of Total
YES	611	21
NO	2244	79

Frequency Missing = 39

58. Have you ever had sexual intercourse?		
	Number of Students	Percent of Total
YES	1125	43
NO	1477	57

Frequency Missing = 292

59. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	1477	57
AGE 11 OR YOUNGER	191	7
AGE 12	157	6
AGE 13	214	8
AGE 14	217	8
AGE 15	203	8
AGE 16	116	4
AGE 17+	36	1

Frequency Missing = 283

## 2003-2004 Union County Youth Health Survey

60. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	1477	57
1 PERSON	354	14
2 PEOPLE	195	8
3 PEOPLE	162	6
4 PEOPLE	117	5
5 PEOPLE	63	2
6 OR MORE PEOPLE	225	9

Frequency Missing = 301

61. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	1478	57
NONE IN PAST 3 MONTHS	345	13
1 PERSON	494	19
2 PEOPLE	140	5
3 PEOPLE	66	3
4 PEOPLE	36	1
5 PEOPLE	11	0
6 OR MORE PEOPLE	40	2

Frequency Missing = 284

## 2003-2004 Union County Youth Health Survey

62. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	1478	57
YES	204	8
NO	926	36

Frequency Missing = 286

63. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	1478	57
YES	778	30
NO	316	12

Frequency Missing = 322

## 2003-2004 Union County Youth Health Survey

64. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	1479	58
NO BIRTH CONTROL USED	134	5
BIRTH CONTROL PILLS	99	4
CONDOMS	677	26
DEPO-PROVERA	46	2
WITHDRAWAL	68	3
OTHER	24	1
NOT SURE	45	2

Frequency Missing = 322

65. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	2704	96
1 TIME	79	3
2+ TIMES	19	1
NOT SURE	22	1

Frequency Missing = 70

## 2003-2004 Union County Youth Health Survey

66. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	106	4
SLIGHTLY UNDERWEIGHT	359	13
ABOUT THE RIGHT WEIGHT	1610	57
SLIGHTLY OVERWEIGHT	648	23
VERY OVERWEIGHT	119	4

Frequency Missing = 52

67. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	1197	42
GAIN WEIGHT	568	20
STAY THE SAME WEIGHT	583	20
NOT TRYING TO DO ANYTHING	503	18

Frequency Missing = 43

68. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	1618	57
NO	1219	43

Frequency Missing = 57

## 2003-2004 Union County Youth Health Survey

69. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	984	35
NO	1850	65

Frequency Missing = 60

70. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	335	12
NO	2507	88

Frequency Missing = 52

## 2003-2004 Union County Youth Health Survey

71. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	161	6
NO	2667	94

Frequency Missing = 66

72. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	138	5
NO	2647	95

Frequency Missing = 109

## 2003-2004 Union County Youth Health Survey

73. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	Number of Students	Percent of Total
NONE	792	28
1-3 TIMES	887	31
4-6 TIMES	463	16
ONCE PER DAY	171	6
TWICE PER DAY	214	8
3 TIMES PER DAY	105	4
4+ TIMES PER DAY	197	7

Frequency Missing = 65

74. During the past 7 days, how many times did you eat fruit?

	Number of Students	Percent of Total
NONE	766	27
1-3 TIMES	1198	42
4-6 TIMES	374	13
ONCE PER DAY	187	7
TWICE PER DAY	131	5
3 TIMES PER DAY	70	2
4+ TIMES PER DAY	94	3

Frequency Missing = 74



## 2003-2004 Union County Youth Health Survey

75. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	1437	52
1-3 TIMES	960	34
4-6 TIMES	212	8
ONCE PER DAY	105	4
TWICE PER DAY	43	2
3 TIMES PER DAY	8	0
4+ TIMES PER DAY	19	1

Frequency Missing = 110

76. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	1060	38
1-3 TIMES	1275	45
4-6 TIMES	289	10
ONCE PER DAY	106	4
TWICE PER DAY	42	1
3 TIMES PER DAY	16	1
4+ TIMES PER DAY	26	1

Frequency Missing = 80

## 2003-2004 Union County Youth Health Survey

77. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	2021	72
1-3 TIMES	595	21
4-6 TIMES	93	3
ONCE PER DAY	55	2
TWICE PER DAY	17	1
3 TIMES PER DAY	7	0
4+ TIMES PER DAY	20	1

Frequency Missing = 86

78. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	765	27
1-3 TIMES	1079	38
4-6 TIMES	572	20
ONCE PER DAY	211	8
TWICE PER DAY	98	3
3 TIMES PER DAY	39	1
4+ TIMES PER DAY	42	1

Frequency Missing = 88

## 2003-2004 Union County Youth Health Survey

79. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	647	23
1-3 TIMES	728	26
4-6 TIMES	488	17
ONCE PER DAY	314	11
TWICE PER DAY	296	11
3 TIMES PER DAY	143	5
4+ TIMES PER DAY	182	7

Frequency Missing = 96

80. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing or other similiar aerobic activities?		
	Number of Students	Percent of Total
0 DAYS	450	16
1 DAY	231	8
2 DAYS	277	10
3 DAYS	230	8
4 DAYS	156	6
5 DAYS	430	15
6 DAYS	149	5
7 DAYS	853	31

Frequency Missing = 118

## 2003-2004 Union County Youth Health Survey

81. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors?

	Number of Students	Percent of Total
0 DAYS	1065	38
1 DAY	339	12
2 DAYS	371	13
3 DAYS	258	9
4 DAYS	133	5
5 DAYS	174	6
6 DAYS	40	1
7 DAYS	390	14

Frequency Missing = 124

## 2003-2004 Union County Youth Health Survey

82. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	790	28
1 DAY	274	10
2 DAYS	342	12
3 DAYS	324	12
4 DAYS	206	7
5 DAYS	306	11
6 DAYS	97	3
7 DAYS	448	16

Frequency Missing = 107

## 2003-2004 Union County Youth Health Survey

83. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	193	7
LT ONE HOUR	398	14
1 HOUR	327	12
2 HOURS	570	21
3 HOURS	430	16
4 HOURS	290	11
5+ HOURS	548	20

Frequency Missing = 138

84. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	1259	49
1 DAY	64	3
2 DAYS	53	2
3 DAYS	39	2
4 DAYS	19	1
5 DAYS	1112	44

Frequency Missing = 348

## 2003-2004 Union County Youth Health Survey

85. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	1278	49
LT 10 MINUTES	50	2
10-20 MINUTES	123	5
21-30 MINUTES	112	4
31-40 MINUTES	197	8
41-50 MINUTES	363	14
51-60 MINUTES	144	6
OVER 60 MINUTES	327	13

Frequency Missing = 300

86. During the past 12 months, on how many sports teams did you play?

	Number of Students	Percent of Total
0 TEAMS	1010	37
1 TEAM	758	28
2 TEAMS	463	17
3+ TEAMS	500	18

Frequency Missing = 163

## 2003-2004 Union County Youth Health Survey

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	2014	77
NO	317	12
NOT SURE	285	11

Frequency Missing = 278



### Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

#### *The Youth Risk Behavior Study*

*This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.*

<http://www.cdc.gov/nccdphp/dash/CYHS/ov.htm>

#### *Violence*

**These sites include information about warning signs and prevention of violence among adolescents.**

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

#### *Tobacco, Alcohol, and Other Drug Use*

**These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.**

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

## 2003-2004 Union County Youth Health Survey

### *Teen Pregnancy and Sexual Behavior*

**These sites provide information about teen sexuality, pregnancy, and STD's.**

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.  
<http://www.teenpregnancy.org/>

### *Nutrition and Physical Activity*

**The following sites are dedicated to providing information about healthy eating and exercise.**

The American Dietetic Association promotes optimal nutrition and well being for all people.  
<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.  
<http://www.acefitness.org/>

### *Mental Health Issues*

**This sites provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.**

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.  
<http://www.nmha.org>

## 2003-2004 Union County Youth Health Survey

### *Parenting Teens*

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

### *Links for Teens*

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

### *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>